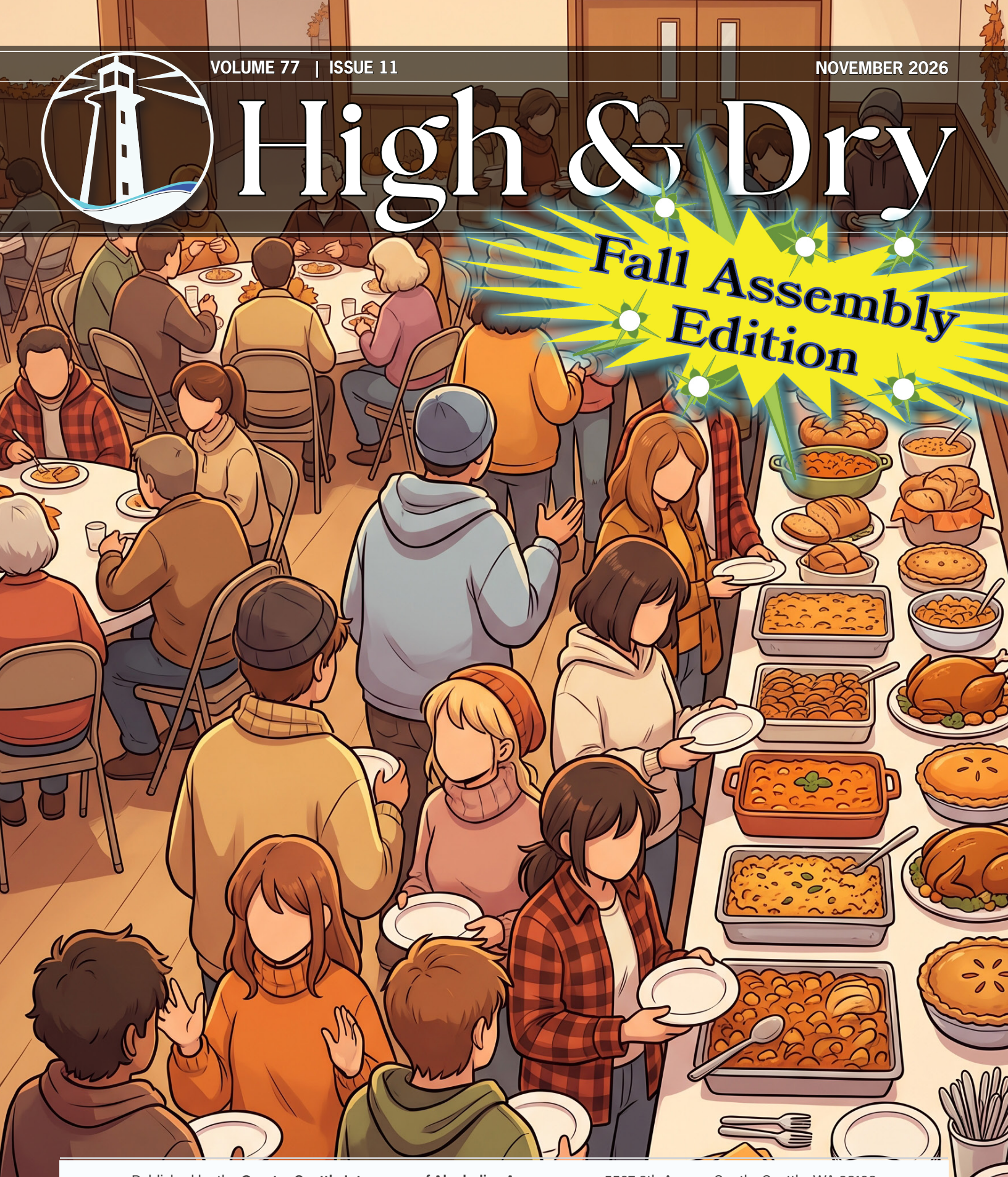
VOLUME 77 | ISSUE 11 NOVEMBER 2026

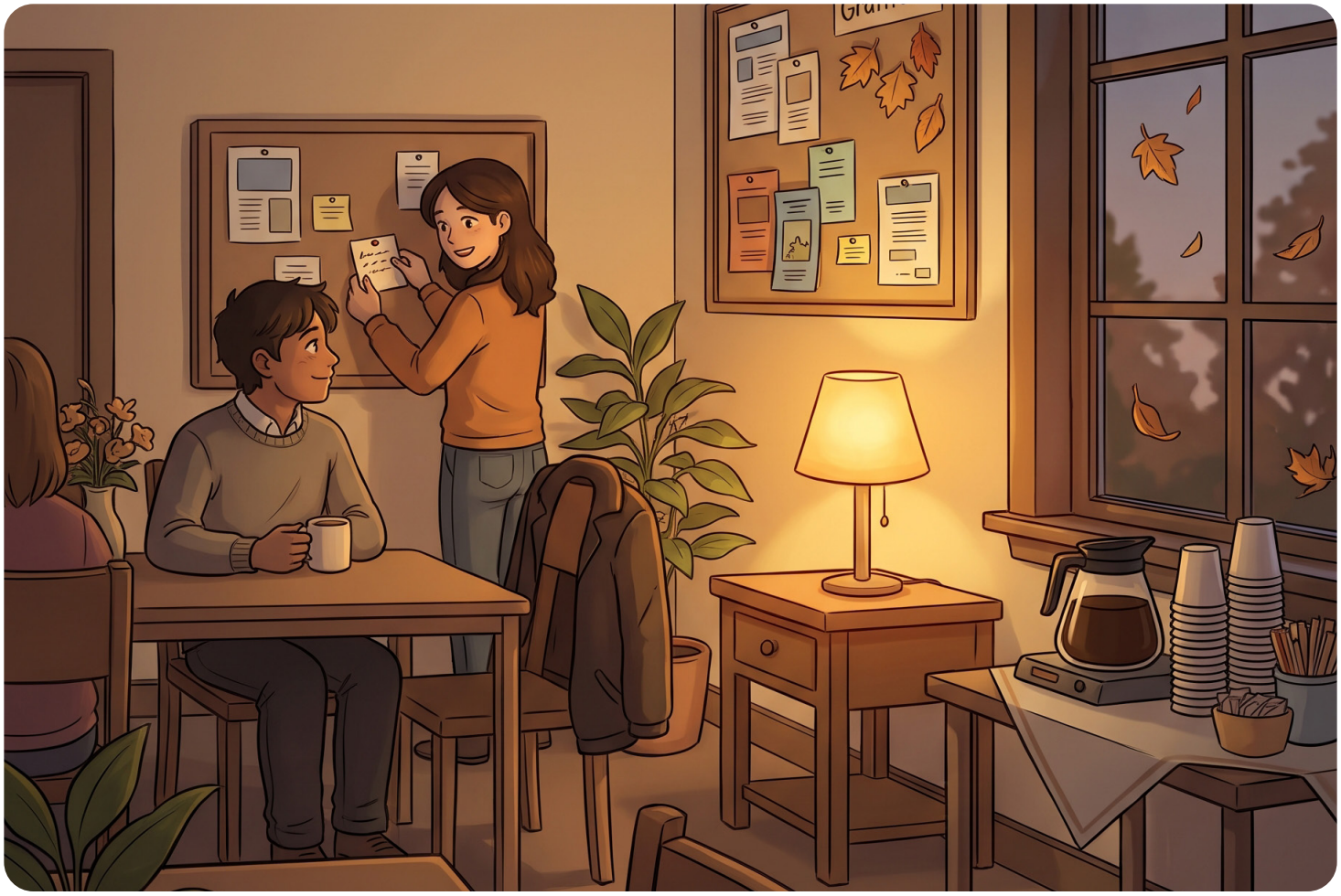
High & Dry

Fall Assembly Edition



Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
Office Hours — Mon: 10:00 a.m. – 2:00 p.m., Tues-Fri: 10:00 a.m. – 6:00 p.m., Sat: 10:00 a.m. – 2:00 p.m.
(206) 587-2838 — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

IN THIS ISSUE: GRATITUDE



In This Issue: the feeling, quality, or strong sense of being thankful and appreciative toward someone or something for help, actions, gifts, or benefits received.

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FUTURE TRIPPING: NOVEMBER 2026 EVENTS

1 — Service Manual Study
- 1 @ 11:00 am - 1:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

4 — Mid-Day Mindfulness Fellowship Potluck Lunch
- 4 @ 11:30 am - 1:00 pm
- Fauntleroy Church, 9140 California Ave SW, Seattle, WA, 98136, United States

4 — Accessibility Committee
- 4 @ 6:00 pm - 7:00 pm
- Virtual Meeting — Virtual Meeting

5 — 12th Step Committee
- 5 @ 6:00 pm - 7:00 pm
- Virtual Meeting — Virtual Meeting

5 — New Purpose Group Gratitude Dinner
- 5 @ 6:00 pm - 9:00 pm
- St Matthew's Lutheran Church, 1700 Edmonds Ave NE, Renton, WA, 98056, United States

7 — Hospital and treatment Committee
- 7 @ 10:00 am - 11:30 am
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

9 — Corrections Committee
- 9 @ 6:30 pm - 8:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

14 — District 17 Gratitude Banquet
- 14 @ 5:00 pm - 8:30 pm
- St Alphonsus Family Center and Gym, 1415 NW 58th St, Seattle, WA, 98107, United States

15 — Burien Little Assembly Planning Group
- 15 @ 12:00 pm - 1:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

17 — Web and Tech Committee
- 17 @ 5:30 pm - 6:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

17 — GSIG Monthly Board Meeting
- 17 @ 7:00 pm - 8:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

21 — CPC/PI Committee
- 21 @ 10:00 am - 11:30 am
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

21 — Game Night with Purpose
- 21 @ 6:00 pm - 10:00 pm
- St Matthew's Lutheran Church, 1700 Edmonds Ave NE, Renton, WA, 98056, United States

24 — Newsletter Committee
- 24 @ 5:00 pm - 6:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

25 — Serenity Now Monthly Birthday and Potluck
- 25 @ 7:30 pm - 9:00 pm
- VFW Hall, 3601 SW Alaska St, Seattle, WA, 98126, United States

28 — Seattle Young People's Potluck
- 28 @ 5:30 pm - 7:00 pm
- St. Joseph Catholic Church, 732 18th Ave E, Seattle, WA, 98112, United States

For event details:

seattleaa.org/events



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REFLECTING ON OUR PAST: NOV. IN OUR HISTORY

"Never could we recapture the great moments of the past." (Alcoholics Anonymous, **page 151***).* **But here we list some.**

Nov 1934	Ebby T. carries message to Bill.
Nov 1936	Fitz M leaves Towns Hospital to become 'AA #3 in NY', with Bill W and Hank P.
Nov 1937	Bill and Dr. Bob compare notes in Akron. Count forty cases staying sober. Meeting of the Akron Group to consider Bill's ideas for how to expand the movement … a book, AA hospitals, paid missionaries. Passed by a majority of 2.
Nov/Dec 1939	Akron group withdrawals from association with Oxford Group. Meetings moved from T Henry & Clarence Williams to Dr Bob and other members? homes.
Nov 1941	"First Mass AA Meeting" in Oklahoma City, 8 present, 1 was drunk.
Nov 1945	Bill's article called 'Those Goof Balls' published in Grapevine.
Nov 1986	Big Book published in paperback.
Nov 1, 1947	1st AA Group in Anchorage, Alaska.
Nov 1, 1963	Reverend Sam Shoemaker dies.
Nov 3, 2001	J P Miller who wrote screenplay for "The Days of Wine and Roses" died.
Nov 9, 1966	President Johnson appoints Marty M to the 1st National Advisory Committee on Alcoholism.
Nov 10, 1940	1st AA group formed in Minneapolis.
Nov 10, 2001	1st of 400,000 4th Edition Big Books arrives in the mail.
Nov 11, 1934	Armistice Day; Bill started drinking after dry spell, beginning of Bill's last drunk.
Nov 12, 1940	1st AA meeting is held in Boston.
Nov 13, 1939	Bill wants to go to work at Towns Hospital, NY drunks want him to stay on as head of the movement.
Nov 14, 1940	Alcoholic Foundation publishes 1st AA Bulletin.
Nov 15, 1949	Bill W suggests that groups devote Thanksgiving week to dicussions of the 12 Traditions.
Nov 16, 1950	Dr. Bob died.
Nov 18, 1946	1st Dublin Ireland group met.
Nov 21, 1939	AA's in San Francisco hold 1st California AA meeting in the Clift Hotel.
Nov 21, 1952	Willard Richardson, past Treasurer/Chairman of Alcoholic Foundation, dies.
Nov 26, 1895	Bill W born in East Dorsett, VT.
Nov 26, 1939	Dilworth Lupton gave sermon "Mr. X and Alcoholics Anonymous". Became one of first pamphlets on AA.
Nov 28, 1939	Hank P writes Bill advocating autonomy for all AA groups.
Nov 28, 1943	Bill guest speaker San Quentin Penitentiary (sometimes dated Dec 2, 1943).

Source: AASJ - https://aasj.org/november-history/

IN MEMORIAM

Marlene H. from the Renton Group passed away on Tuesday October 20, 2026

She will always be remembered for her FROG collection which always means Fully Rely On God. Mount Tahoma was significant to her idea of a higher power. Even though you can't see it sometimes, it is always there.

Services were held on October 28th from 4-7pm at United Methodist Church 2201 NE 4th St. Renton, WA 98056 △

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PUZZLES:

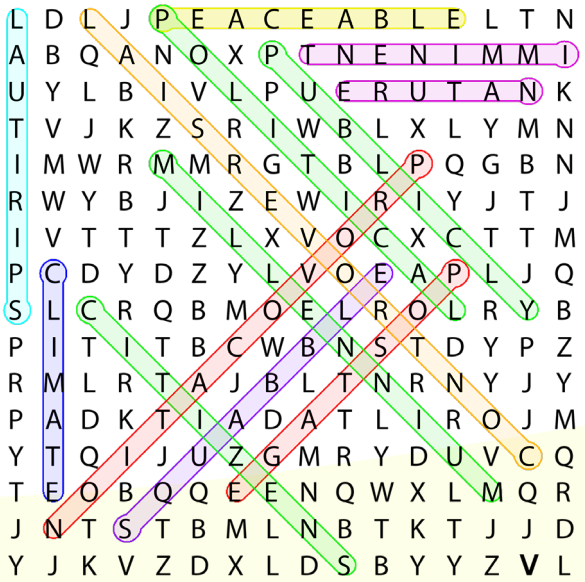
November Key will be in Volume 77 Issue 12

C O R P O R A T I O N S X G D T
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journals
inquiries

corporations
responsibility
public
virtues
charity
press
radio
distinguished
hazardous
leadership
frightening

Oct Puzzle Key





Ways You Can Help Seattle Intergroup

High and Dry Subscriptions

$12/yr. for a physical copy, $10/yr. for a digital copy

» To sign up to receive our newsletter, visit: seattleaa.org/intergroup/newsletter/

Join the '*How Dry I Am Club*' or aka the 'Birthday Club.'

There is a suggested $1.00 for every year of sobriety you are celebrating.

» To contribute to the Birthday Club, visit: seattleaa.org/online-contributions/

Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Bill S., Gary H., and Susan D.
TUESDAY	Mikey C. and Morgan S.
WEDNESDAY	Stephan M., Cindy H., Pam H., Amy F. & Honey
THURSDAY	Teresa & Jake
FRIDAY	Thomas H. and Barbara R.
SATURDAY	Dan G., Clay S., & Pete

Southend Bookstore Volunteers

Manager: Jim H.
Rick L., Richard C., John G., Jesse J., Anna B., Bill S., and Matt W.

Southend Bookstore hours are Monday through Friday from 10 a.m. to 6 p.m. and Saturdays from 10 a.m. to 2 p.m.

Greater Seattle Intergroup Office Hours

The Greater Seattle Intergroup office is open
Monday, 10 a.m. – 2 p.m., Tuesday – Friday, 10 a.m. to 6 p.m.
and Saturday, 10 a.m. – 2 p.m.

We're located at 5507 6th Ave. S in the Georgetown neighborhood of Seattle

Gratitude

Recognizing and valuing positive things, big or small, in your life.

a warm, positive feeling of appreciation

Thankfulness, appreciation, gratefulness, and recognition.

Haiku by Jeff U.

Step 11

Pray and Meditate
For His Will **and His Power**
Gain **concious** contact

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HOW DRY I AM: BIRTHDAY CLUB

Happy Birthday to November Celebrants in the...

How Dry I Am Club!

Teresa S	Back to Basics	10-12-1983	43 years
Tom K	Back to Basics	10-10-1966	60 years
Honey	ANPG	11-1-1975	51 years
Mikey C	MLTW	11-9-2016	10 years
Julie P	Shivering Denizens	10-29-1992	34 years

Join the Club!

seattleaa.org/online-contributions/

*The **How Dry I Am** Birthday Club*
has been a cherished tradition in our newsletter for decades, but...
we don't have any submissions for December yet!
Help us keep this beautiful tradition alive!

Birthday Amends

Every month, High & Dry celebrates the members of our fellowship who add another year to their sobriety. Last month, because of a change in office personnel, two of those celebrations slipped through the cracks. That was our mistake, and we would like to make it right.

On October 10th, Tom K of the Back to Basics group celebrated 60 years of sobriety. Sixty years. That is more than most of us can imagine, and every one of those days is a living example of what this program can do. Two days later, on October 12th, Teresa S, also of Back to Basics, celebrated 43 years. That is more than four decades of showing up, one day at a time.

Tom and Teresa, we are sorry we missed you in October. Thank you for your years of sobriety, and for every newcomer you have carried the message to along the way. Happy belated birthday from all of us at the Intergroup office.

Lara △

Letter From the Editor

This month's High & Dry brings us to Eleven: Step, Tradition, and Concept. Step Eleven asks us to seek, through prayer and meditation, to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out. Tradition Eleven says our public relations policy is based on attraction rather than promotion. Concept Eleven asks that our trustees always have the best possible help behind them. Each one is about quiet: quiet time, quiet example, quiet competence.

With Thanksgiving coming, gratitude is the thread running through this issue. Thank you to the daily volunteers who keep the Intergroup office open, to the groups whose Pink Can gifts helped put literature in the hands of those at the Federal Detention Center, and to everyone who sent stories and a Step Eleven haiku. And to Tom and Teresa: thank you for your years of sobriety. We're sorry we missed them last month.

In service, Peter J. △

Fall Assembly

Fall Assembly: Tuesday, December 15

The GSIG Fall Assembly will be held on Tuesday, December 15, in a hybrid format, so you can join us in person or on Zoom. The potluck starts at 6 pm and the meeting starts at 7 pm. This year's theme is the holidays, and there will be a dessert exchange.

The Assembly is one of just two times each year when every group in our service area has a direct voice in how Intergroup is run. Any group may send a voting representative, and we hope yours will. We serve more than 500 groups, but usually only 20 to 30 send someone to vote, and we would love to see 50 or more.

This year we will elect new officers for the next two-year cycle, approve the 2027 budget, and talk through three discussion topics (and other items): the future move of the Intergroup office, whether we should sell literature that is not Conference-approved (and/or other items), and what to do with the bequests we have received. This will be an important two-year cycle, because we will likely be facing a move of our physical location, which will take a lot of help from a lot of people. Please take these topics back to your groups and districts so your representative arrives with your group's voice.

Officer Elections

Calling All Candidates!

Elections will be held at the Assembly for Chair, Vice Chair, Secretary, and Treasurer. We are still looking for candidates for these positions.

Chair: Prepares the agenda for our monthly Board meetings, serves on every Intergroup committee except the Nominating Committee, and appoints members to special and ad hoc committees with the Board's approval. The Chair is also our link to Western Washington Area 72, attending Area meetings and reporting back. It is recommended that the Chair have at least three years of continuous sobriety and prior AA service experience.

Vice Chair: Attends every Board meeting and steps in whenever the Chair can't serve. The Vice Chair is our liaison to the local Area 72 districts and visits each district meeting in our area at least once during the term. It is recommended that the Vice Chair have at least two years of continuous sobriety and prior AA service experience.

Secretary: Keeps accurate minutes of every Board meeting, including the reports from districts, officers, and committees and every motion exactly as submitted, and sends them to High & Dry each month. The Secretary also tallies group votes and keeps the list of District Representatives up to date. It is recommended that the Secretary have at least two years of continuous sobriety.

Treasurer: Presents a monthly financial statement to the Board, which is then published in High & Dry, and proposes the yearly operating budget. The Treasurer also serves on the Office Committee and offers financial advice to the Board, the committees, and the Office Manager. It is recommended that the Treasurer have at least two years of continuous sobriety and prior AA service experience.

If you are interested, or would like to know more about what each position involves, please contact the Office Committee at officecommittee@seattleaa.org.

2027 Budget (Pages 12 and 13)

Pete K, our Treasurer, will present the draft 2027 budget after the officer reports. The draft is balanced, as the Board required by motion, and it assumes an increase in contributions from groups. That only happens if many of us step up, and this year group contributions are running about $30,000 behind expectations.

Motion for change to GSIG Policies & Procedures

(requires simple majority to pass)

By Walk the Talk Men's Group:

Any year GSIG's Prudent Reserve falls below the amount required by the GSIG bylaws, the following year's annual GSIG budget shall be written to include a budget surplus which shall be dedicated to paying down the Prudent Reserve shortfall. The GSIG Office Committee shall recommend a surplus budget level and establish an amount to be paid back to the prudent reserve each month. Aside from a budget surplus intended for this use, the GSIG budget shall otherwise continue to be required to balance.

Please send any additional proposed motions to chair@seattleaa.org before the Assembly. Motions can also be made from the floor, but sending them ahead helps us prepare. The full draft budget follows.



Topic 1: Intergroup is Moving

Seattle Intergroup has been in its Georgetown building for 25 years. The building has been purchased by a non-profit, Watershed Community Development, which will demolish it in 2028 to make way for a new city park as part of a larger redevelopment for the Seattle arts community. We expect to move in about two years, and moving costs are not in the 2027 budget.

We have appointed a 2028 Committee, headed by Ed H, a real estate professional who helped us find our current space. Several committee members are already looking at alternatives.

What we want from the fellowship is input on what you and your groups want from an Intergroup space. Some questions to bring to your group:

Where should we be? Intergroup serves meetings from Auburn to Lynnwood, so a central location that is equally accessible to everyone matters, and a location near light rail would help. We also want a place that is easy to find and has good parking.

Should we spend less or spend more? Is a smaller, cheaper space the right choice, or is a better location or better property worth the added cost? The committee is starting with about 2,500 square feet, plus or minus, and rent and operating costs that we can sustain.

What should the office be for? Beyond the phones and the bookstore, what should the space offer? Should it have a kitchen or a lobby? Should it be large enough to host meetings and functions of our own?

Everyone's questions, suggestions, and ideas are welcome. Please email them to 2028@seattleaa.org.

Topic 2: Should Intergroup Sell Non-Conference-Approved Literature and/or other items?

A growing number of books about recovery, such as Drop the Rock, are not Conference-approved literature. Some members would like Intergroup to sell them. Others feel we should sell only what is Conference-approved. We are also asking whether we should sell more items that are not literature at all, such as hats and book covers.

Topic 3: Bequests

Two deceased members have left a combined $180,000 in their wills to GSIG. Should GSIG accept all or part of these funds, and would accepting these bequeathments in their entirety be consistent with the spiritual principles behind A.A.'s Seventh Tradition?

The following are several excerpts from AA literature relevant to this topic, a letter of guidance from GSO, several points of view from AA members with service backgrounds at GSIG, and a brief summary of some of the points for and against by Board Chair Jeff U.

Tradition Seven, Long Form:

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

The following is an excerpt from a letter of guidance from AA General Servcice Office (GSO):

Thank you for your message and for letting us know that you are considering including Alcoholics Anonymous in your will. We are deeply grateful for your thoughtfulness and for considering the Fellowship in such a meaningful way.

As you may know, Alcoholics Anonymous is a self-supporting Fellowship. Our Seventh Tradition suggests that A.A. remain fully self-supporting through the voluntary contributions of A.A. members while declining contributions from outside sources. Consistent with this principle, the General Service Board is able to accept bequests only from members of Alcoholics Anonymous.

From Twelve Steps & Twelve Traditions, Tradition Seven:

There is another story about money. One night in 1948, the trustees of the Foundation were having their quarterly meeting. The agenda discussion included a very important question. A certain lady had died. When her will was read, it was discovered she had left Alcoholics Anonymous in trust with the Alcoholic Foundation a sum of ten thousand dollars. The question was: Should A.A. take the gift?

What a debate we had on that one! The Foundation was really hard up just then; the groups weren't sending in enough for the support of the office; we had been tossing in all the book income and even that hadn't been enough. The reserve was melting like snow in springtime. We needed that ten thousand dollars. "Maybe," some said, "the groups will never fully support the office. We can't let it shut down; it's far too vital. Yes, let's take the money. Let's take all such donations in the future. We're going to need them."

Then came the opposition. They pointed out that the Foundation board already knew of a total of half a million dollars set aside for A.A. in the wills of people still alive. Heaven only knew how much there was we hadn't heard about. If outside donations weren't declined, absolutely cut off, then the Foundation would one day become rich. Moreover, at the slightest intimation to the general public from our trustees that we needed money, we could become immensely rich. Compared to this prospect, the ten thousand dollars under consideration wasn't much, but like the alcoholic's first drink it would, if taken, inevitably set up a disastrous chain reaction. Where would that land us? Whoever pays the piper is apt to call the tune, and if the A.A. Foundation obtained money from outside sources, its trustees might be tempted to run things without reference to the wishes of A.A. as a whole. Relieved of responsibility, every alcoholic would shrug and say, "Oh, the Foundation is wealthy—why should I bother?" The pressure of that fat treasury would surely tempt the board to invent all kinds of schemes to do good with such funds, and so divert A.A. from its primary purpose. The moment that happened, our Fellowship's confidence would be shaken. The board would be isolated and would fall under heavy attack of criticism from both A.A. and the public. These were the possibilities, pro and con.

Then our trustees wrote a bright page of A.A. history. They declared for the principle that A.A. must always stay poor. Bare running expenses plus a prudent reserve would henceforth be the Foundation's financial policy. Difficult as it was, they officially declined that ten thousand dollars, and adopted a formal, airtight resolution that all such future gifts would be similarly declined. At that moment, we believe, the principle of corporate poverty was firmly and finally embedded in A.A. tradition.

From GSIG Office Committee Member Shannon R:

The Seventh Tradition says that every AA group "ought to be fully self-supporting, declining outside contributions." Intergroup is not a group. It is a 501(c)(3) nonprofit that does work on behalf of Seattle-area groups, which in turn are expected to support it with money and volunteer service. Even so, Intergroup strives to abide by the Traditions. When it considers diverging from them, it slows down and engages the groups in thoughtful dialogue, like what is happening now. My own view is that these gifts do not violate the spirit of the Tradition any more than the Sustainers program does. The donors were AA members, not outsiders, and they chose to leave their money to the work that carries the message in this area. Declining it would not honor the Tradition. It would override a deliberate act of generosity from members who cared about Intergroup.

Each time I think about this issue, I remember the old-timers' advice to keep our heads in the clouds and our feet on the ground. The ideal is that groups fully fund the service that exists on their behalf. The ground truth is that they haven't. Intergroup has two employees, an office manager and an assistant office manager, and it has run short of group contributions repeatedly this year. Counting the long-standing gap in the prudent reserve (three months of expenses, set each year in the budget proposal), Intergroup's current deficit is more than $30,000.

In my service at GSIG I see the many groups and members who actively support Intergroup. My concerns are not with

them. And yet, Seattle-area groups should fully support Intergroup. My view on Sustainers is similarly mixed. I feel strongly that relying on individual members, month after month, to cover what groups haven't is the wrong approach. But until groups demonstrate their commitment to funding Intergroup sufficiently, I choose the lesser of evils and contribute to Sustainers every month. It matters more to me that Intergroup be there for the alcoholic who needs us than that I win the argument.

That same reasoning is why I think Intergroup should accept these bequests. The strongest objection is that a windfall could make groups feel even less urgency to give, which would undercut the very point I'm making. So I'd suggest the Board consider a few things as it decides. Use the money for one-time purposes, such as replenishing the prudent reserve, closing the current gap, and perhaps making a contribution to GSO, rather than for ongoing expenses. Adopt a written bequest policy, since Intergroup doesn't have one. And tell the groups plainly how the money was used and that it doesn't change what Intergroup needs from them. I'll leave the specifics to the Board and the Office Committee, and I don't want the details to sidetrack the larger question of whether to accept.

If you and your group actively support Intergroup, thank you! My ask of everyone else is simple: look at what your group contributes, and bring this topic to your next business meeting so your voice reaches the Fall Assembly.

From Past GSIG Board Chair Mike M:

As spiritual and service entity created by and serving the AA community, GSIG has historically been expected to adhere to the AA Traditions and part of what ensures this are the operating Bylaws of GSIG which are approved by the Groups it serves.

Per the GSIG Bylaws, "Intergroup shall maintain, if possible, a Prudent Reserve, that is set aside to cover any emergency contingencies and should be equal to the average of three (3) months Intergroup operating expenses." The current GSIG Policies & Procedures manual states, "The estates of deceased AA Members, in amounts not to exceed the legacy limits recommended in the current General Service Office Advisory Actions."

The philosophy driving this limit is deeply rooted in Tradition 7, which states that "Every A.A. group ought to be fully self-supporting, declining outside contributions."

A.A. operates as a decentralized fellowship with no central governing authority. If a wealthy member leaves a large sum of money to an AA organization, it could give that individual's estate influence over the fellowship. By capping donations, AA ensures that money cannot buy power, authority, or changes to the program.

In A.A., the wealthy and the poor sit next to each other as equals regardless of economic position. If one member could fund GSIG for a long period of time via their will, it diminishes the spiritual value of the small, sacrificial contributions made by everyday members.

I believe Greater Seattle Intergroup (GSIG) should honor its existing policies regarding bequests from deceased A.A. members and decline any portion of the two recent bequests that exceed the established limits. While the financial circumstances may make accepting the full amount seem appealing, I believe our long-term responsibility is to preserve the principles that have guided A.A. and GSIG for more than 80 years.

Ultimately, I believe this decision is about more than money. It is about the kind of service organization we want GSIG to be. Our responsibility is not simply to maximize the funds available to GSIG today. It is to protect the spiritual principles, independence, and shared responsibility that will sustain GSIG for generations to come. The Groups and members who support GSIG are not merely sources of revenue; they are the very community GSIG exists to serve. I have faith that, when presented with a clear understanding of our financial needs, the Groups, meetings, and members of our fellowship will respond as they have throughout GSIG's history. We should give them that opportunity rather than allow fear of future financial uncertainty to drive us away from our established principles.

From Past GSIG Secretary & GSIG Office Committee Member Aaron C:

I believe the majority of A.A. groups and A.A. members in the greater Seattle area are largely blind to the usefulness and critical importance of Intergroup. Should we allow Intergroup to wither and die because of the absence of the societal structures that were prevalent during the earlier decades of A.A.'s existence? In the realities of modern A.A., do large bequests still represent undue influence and erode the responsibilities of individual A.A. members and groups to maintain an Intergroup through the Tradition of self-support? These are the considerations that have led me to support accepting the donations in question.

During my years of service at GSIG I have seen the decline in contributions, the increase in expenses, and, most importantly, the critical work that Intergroup performs. Close to two-thirds of A.A. groups do not contribute to Greater Seattle Intergroup. Does this mean that close to two-thirds of our groups and their members do not find the availability of literature, the 24-hour phone line, and the maintenance of a meeting directory critical to their sobriety? I would argue, of course they don't.

Modern society has become both more connected and more isolated through the advent of the internet, social media, and other influences that reinforce a sense of rugged independence as something required to appear successful. Alcoholics Anonymous is in many ways a microcosm of society. We may want to hold on to aspects of the past that required one-on-one communication, support from others, and the type of community that was necessary to function before the information age. But a large portion of A.A.'s community has existed in a time when services appear to be free, supported by advertising, and much of our community interaction revolves around the representation of ourselves through social media rather than communities that support face-to-face interaction.

For many people, Alcoholics Anonymous may represent the first time they have ever walked into a room and found a community already built and accustomed to operating in a way that I would argue communities operate best: face-to-face, through struggle, through comedy, and, most importantly, through the primary purpose of maintaining the sobriety of all involved.

Given this, I believe the existence of Intergroup and the services it provides are more necessary than ever. The availability of meeting locations and times, an avenue through which a struggling alcoholic can ask questions about Alcoholics Anonymous and receive support, and a guaranteed place to find literature, along with the experience of people who understand what that literature has to say and what might be helpful to them, are all critically important.

Contributions from groups and individuals have become less able to support this work. A fair extrapolation of our current approach to self-support would eventually require Intergroup to close altogether. This may be inevitable, or maybe we can continue to get the word out and inform newcomers of the critical importance of these services. These large donations would allow for years of breathing room while Alcoholics Anonymous grows and changes.

Am I saying that Intergroup should pursue large bequests? Absolutely not. The Traditions do point out that reliance on large donations can lead to problems: perilous wealth, undue influence, and the erosion of self-support. I believe Intergroup should continue to reinforce the Traditions

through carrying the message of Alcoholics Anonymous, through literature and action, at board meetings, and through word-of-mouth communication between members. But pragmatically, these large donations have been thrust upon us. We did not solicit them. If asked, I believe most folks at Intergroup would remind the person asking of the Traditions and that large donations can be problematic. But in this case, there is no one left to have that conversation with. Rightly or wrongly, these alcoholics wanted this money to go to Intergroup. And Intergroup is, after all, made up of members of Alcoholics Anonymous. In my time serving Intergroup, I have never heard anyone advocate for pursuing this kind of funding.

A word about God. I am never one who thinks they know God's will. Hell, sometimes I don't even know if I believe in God. I do find it a little spooky that, for the first time in my memory, we have dipped into our prudent reserve right around the same time that these people have, rightly or wrongly, stepped in to help ensure Intergroup's existence for years to come.

From Past Delegate & Past GSIG Board Chair Dave T:

Tradition Seven says every A.A. group ought to be fully self-supporting and decline outside contributions. The long form is more pointed: it warns that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Our Fellowship learned this early. In the first years many members believed A.A. could not survive without a large infusion of money, and experience taught otherwise. A very large bequest to Seattle Intergroup would not be a minor exception to this principle. It is the situation the Tradition was written to prevent.

The General Service Conference has turned the principle into specific limits and reviews them regularly. The 75th Conference raised the Conference-approved level for a one-time bequest from an A.A. member to the General Service Board from $10,000 to $12,500, and it reaffirmed the $7,500 annual limit for an individual contribution as "appropriate." Bequests are acceptable only from A.A. members, once, and never in perpetuity. These limits bind GSO and are not mandatory for intergroups, but they are the shared experience of the whole Fellowship. We should not set that experience aside because a gift is large and tempting.

The deeper concern is what a large gift does to us. The Conference's own financial reporting makes the point: the core of self-support is "the many members of the Fellowship who make smaller contributions and not the few who make large contributions." An intergroup carried by its member groups stays accountable to them, and every group that passes the basket is a stakeholder in our work. A very large estate gift weakens that tie. It invites disputes over how to spend a windfall, and it can leave groups feeling that their contributions matter less. It can also tempt an intergroup to cultivate large donors instead of serving the groups.

Past boards of Seattle Intergroup have adopted the limits established by the General Service Conference, and this position is captured in our Policies and Procedures Manual. I ask that Intergroup continue to honor its existing policy by accepting an amount up to the Conference-approved limit if the donor was an A.A. member and gratefully decline the rest. We should explain the reason to the executor and the family, so they know the decision comes from our Tradition and not from ingratitude. A gift offered in love is best honored by keeping A.A. what the donor valued it for: self-supporting and free of obligation.

From GSIG Board Chair Emeritus Karla L:

In the Seventh Tradition, when talking about how AA acted when it found out about the bequests that were coming its way, Bill wrote, "The pressure of that fat treasury would surely tempt the board to invent all kinds of schemes to do good with such funds, and so divert AA from its primary purpose… They (the trustees) declared for the principle that AA must always stay poor. Bare running expenses plus a prudent reserve would henceforth be the Foundation's financial policy." He went on to say, "At that moment, we believe, the principle of corporate poverty was firmly and finally embedded in AA tradition."

AA is a group of alienated individuals who have built a community around recovery from alcoholism. Self-support binds this community: contributions benefit both the giver and recipient (Seattle Intergroup), it strengthens our local unity and helps carry the message throughout the area. Intergroup is the local hub of 12 Step work in our area and serves at the pleasure of local groups. Groups and members may withhold support if Intergroup strays from its primary purpose or spends imprudently. This support is Seattle Intergroup's lifeblood and keeps it accountable to the Fellowship. This is both spiritual and practical and Bill W. called this balance fiscal common sense.

When bequeathed a large amount of money it is tempting to think, "We can do an awful lot of good with those excess funds! That extra money could expand 12 Step message-carrying, refill empty coffers, and help with our impending move." But then we have this principle of corporate poverty. If doing "good works" justified accepting large donations creating excess funds, contribution limits would be meaningless because every service committee could certainly justify it.

Excess money, like alcoholism, is cunning, baffling, and powerful; it can tempt us to abandon principles. It can alienate the community. Suppose the board and members present at our assembly voted to accept a large bequeathment, or two. We have more than 1500 meetings in the Seattle area and over 500 groups. Our average attendance at a voting assembly is 50. Imagine that 35 of those members determined that it was okay to accept large donations - with nothing but good motives. That would be a 2/3 majority. GSIG would accept that money on behalf of the 500 plus groups. Then, the 15 who voted "no" would go back to their groups and word would spread (it's almost always after the fact). "Intergroup is rich! We do not need to send money, they don't even want our money, let's send our contribution elsewhere." The groups would begin to break away from intergroup; the community would be fractured. We would no longer be the center of 12 Step work for the Seattle Area. Groups may even start their own more localized intergroups. Eventually, the well would run dry at intergroup and there would no longer be a large community supporting it. Then what?

Before we accept large amounts of money from the members who've passed, let's consider the price we would truly be paying within our community. And as a community, let's ask ourselves whether we are truly supporting Seattle Intergroup and its 12th Step efforts. Seattle Intergroup is running on a $15,000 budget deficit. The prudent reserve is $15,000 short. They need help financially. Seattle Intergroup serves at the pleasure of the groups but it's up to the groups to support that.

Partial summary of some points by GSIG Chair Jeff U:

Some points for:

A.A. World Services' $12,500 bequest ceiling does not automatically govern Seattle Intergroup. GSO specifically directs questions about bequests to local intergroups themselves.

The money could materially advance the primary purpose. GSIG operates the 24-hour phone line, meeting information, website, literature services, volunteer coordination and other services individual groups cannot efficiently provide themselves.

$100,000 doesn't necessarily constitute "perilous wealth." What matters is the size of the gift relative to GSIG's operating expenses, prudent reserve and

clearly identified A.A. purposes. If GSIG has substantial annual operating costs and immediately deploys the money toward legitimate services rather than accumulating it indefinitely, the spiritual concern is substantially different.

Some points against:

The Seventh Tradition's long-form principle specifically warns against large gifts and against A.A. treasuries accumulating funds beyond prudent reserves without a stated A.A. purpose. A.A.'s concern historically hasn't merely been whether money comes from outsiders. It has also been about what concentrated wealth can do to the Fellowship.

Precedent. Accept $100,000 today and the next estate offers $300,000. Then someone leaves $1 million. Where is the line? Without a predetermined limit, every bequest becomes a subjective decision. And once an organization begins making exceptions because it needs the money, financial necessity can slowly become the justification for abandoning the principle intended to constrain it.

Independence. Even though a dead donor obviously cannot personally exercise control, a large bequest could influence priorities for years by allowing the organization to become accustomed to a level of spending that ordinary Seventh Tradition contributions cannot sustain and seek to cater to other future donors out of perceived necessity. △

GSIG DRAFT 2027 BUDGET

Greater Seattle Intergroup — proposed 2027 budget with prior-year forecasts, budgets and actuals

CATEGORY	2027 BUDGET	2026 FORECAST	2026 BUDGET	2025 FORECAST	2025 BUDGET	2024 ACTUAL	2023 ACTUAL
CPI (%)	**4.00**		2.70		1.04		
INCOME							
Contribution Income							
Special Events	**12,526**	12,045	6,500	7,000	6,500	6,992	9,700
Group Contributions	**180,456**	125,330	167,460	152,000	133,101	95,986	124,700
Individual Contributions	**19,227**	18,488	21,000	19,000	30,103	21,709	29,200
Meeting Room	**8,000**	7,922	6,200	7,500	4,800	5,092	4,700
Birthday Contributions	**2,700**	2,680	3,000	3,300	2,200	1,957	2,700
Sustainers	**20,500**	18,794	20,000	18,532	20,000	13,488	18,700
Group Insurance	**750**	713	700	700	1,000	470	750
Total Contribution Income	**244,159**	**185,972**	**224,860**	**208,032**	**197,704**	**145,694**	**190,450**
Retail Sales							
Literature Sales	**58,063**	55,830	70,000	69,500	58,000	44,090	47,300
Meeting Directory Sales	**8,904**	8,562	9,000	8,635	11,000	8,088	10,500
Coin Sales	**13,846**	13,314	18,000	17,500	15,000	10,725	12,700
High & Dry Sales	**520**	500	300	375	320	150	500
Shipping	**1,202**	1,156	1,100	1,050	1,200	943	1,100
Total Retail Sales	**82,535**	**79,362**	**98,400**	**97,060**	**85,520**	**63,996**	**72,100**
Cost of Goods Sold							
Literature Costs	**42,552**	40,916	56,000	56,470	38,680	36,712	33,850
Meeting Directory Costs	**6,084**	5,850	5,850	5,700	5,000	5,584	8,100
Coin Costs	**7,540**	7,250	9,000	8,850	7,950	5,730	2,900
High & Dry Costs	**2,342**	2,252	2,300	2,385	1,850	1,981	1,900
Inventory Adjustments	**1,000**	750	(1,000)	(1,000)	(300)	(228)	(634)
Total Cost of Goods Sold	**59,518**	**57,018**	**72,150**	**72,405**	**53,180**	**49,779**	**46,116**
Retail Sales Gross Profit	**23,017**	**22,344**	**26,250**	**24,655**	**32,340**	**14,217**	**25,984**
Interest Income	**0**	1,200	1,200	1,200	1,200		19
Total Income	**244,159**		**252,310**	**233,887**	**231,244**	**159,911**	**216,453**

GSIG DRAFT 2027 BUDGET

Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
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(206) 587-2838 — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

GSIG DRAFT 2027 BUDGET

Greater Seattle Intergroup — proposed 2027 budget with prior-year forecasts, budgets and actuals

CATEGORY	2027 BUDGET	2026 FORECAST	2026 BUDGET	2025 FORECAST	2025 BUDGET	2024 ACTUAL	2023 ACTUAL
EXPENSES							
Standing Committees							
Archives	**225**	196	200	200	200	(12)	0
Corrections	**360**	0	360	360	360	41	106
GSIG Board	**1,000**	202	1,000	1,000	1,000	427	109
Hosp & Treatment	**1,000**	781	1,800	1,800	1,800	1,255	584
PI/CPC	**1,000**	268	1,800	1,800	1,800	2,201	1,200
Special Events	**5,000**	4,821	6,500	6,500	6,200	3,463	9,350
Third Legacy	**50**	0	250	250	50	0	0
Web and Tech	**1,500**	0	1,500	1,500	1,500	100	0
Accessibility	**2,250**	849	2,250	2,250	5,500	1,730	3,100
Total Standing Committees	**12,385**	**7,117**	**15,660**	**15,660**	**18,410**	**9,205**	**14,449**
Paid Staff							
Wages	**85,540**	85,670	91,400	91,505	89,543	64,574	76,700
Payroll Taxes	**6,673**	6,673	7,200	6,900	6,406	4,620	6,000
Medical Dental & Vision Insurance	**1,680**	1,581	14,400	2,400	1,700	1,274	1,700
Total Paid Staff	**93,893**	**93,924**	**113,000**	**100,805**	**97,649**	**70,468**	**84,400**
Rent and Office							
Rent	**57,397**	55,190	53,500	53,500	51,815	38,276	50,500
Triple Net	**28,059**	26,980	21,000	21,000	20,000	16,202	19,000
Maintenance & Repair	**1,759**	1,692	2,000	1,000	3,500	2,986	1,000
Computer Upgrades	**500**	211	1,000	1,000	1,000	866	200
Office Supplies	**5,000**	4,873	5,000	5,000	2,900	5,137	3,300
Software & Subscriptions	**6,969**	6,701	4,800	5,800			
Electricity	**3,890**	3,741	4,000	4,000	3,335	2,350	2,700
Internet Service	**3,215**	3,092	4,000	4,000	3,940	1,779	5,000
Other Utilities	**7,596**	7,304	6,750	6,750	5,376	3,793	4,700
Call Forwarding	**1,185**	1,140	1,560	1,560	1,140	811	1,000
Shipping	**3,088**	2,970	2,135	1,500	3,500	2,135	3,500
Office Upgrades	**500**	500	500	500	2,000	3,438	0
Total Rent and Office	**119,158**	**114,394**	**106,245**	**105,610**	**98,506**	**77,773**	**90,900**
Other Expenses							
Conference, Convention, Meetings	**2,000**	2,000	2,000	2,000	2,000	1,460	1,500
Web Credit Card Fees	**2,000**	2,000	1,500	2,000	1,352	912	3,800
Merchant Credit Card Fees	**2,500**	2,500	2,000	2,000	1,976	1,547	0
Insurance	**7,488**	7,200	7,200	7,200	5,466	1,697	5,300
Tax & Licenses	**60**	60	30	30	30	25	344
Professional Fees	**4,500**	4,500	4,500	4,500	3,600	8,219	14,520
Burien Little Assembly	**150**	150	150	150	150		150
B&O Tax	**25**	25	25	25	25	20	300
Total Other Expenses	**18,723**	**18,435**	**17,405**	**17,905**	**14,599**	**13,880**	**25,914**
Total Expenses	**244,159**		**252,310**	**239,980**	**229,164**	**171,326**	**215,663**
Net Operating Income	**(0)**		**(0)**	**(6,093)**	**(2,080)**	**(11,415)**	**(790)**
Prudent Reserve			**63,078**		**57,291**	**42,832**	**53,916**

Draft budget for review at the Fall Assembly, Tuesday, December 15, 2026. Amounts in USD. Negative amounts shown in parentheses.

Step 11

Several years ago, my dear friend Lara shared with me a how-to for using the Daily Reflections in my morning ritual. My understanding from her words was that this is the original intention of this great book. Even if not, I've found it to be a great tool.

Read

Listen (meditate)

Journal the message I received

Pray

"It works—it really does."

But only when I do it.

On the mornings I show up for this, something shifts. I'm not waiting for a booming voice. I'm just making room. Step 11 asks me to seek, through prayer and meditation, to improve my conscious contact with my Higher Power, and this little routine helps me greatly. It's my way of saying, "I'm here. I'm listening. Please show me what's next."

The gratitude follows almost on its own. Recently, I noticed my heart beating. I didn't ask it to. I didn't earn it. It just keeps going, quietly, all for me.

When I do this morning routine, I become more aware of all the strong connections with so many wonderful people I have in my life. I can more easily see and be grateful for how much each person shines in their own way. Especially my wonderful, beautiful sons, daughters-in-law, and step-grandson. I'm able to trust that I'm loved, even on the days I feel unlovable.

Those are the moments I feel most held. That, to me, is conscious contact: noticing I've been cared for all along.

Thank you, Lara, for passing it on. Thanks be to God, to Alcoholics Anonymous... and to all of you for showing me how to live this beautiful way of life, one day at a time.

In gratitude,

Carina W. △



Tradition Eleven

Tradition Eleven informs our members the precise level at which we ought to remain anonymous. The long form states that, ***Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.***

When I was newly sober, an afternoon talk show on a local TV station had a program coming up where a bunch of folks from other recovery programs were going to be features, likely focused on how AA hadn't worked for them and how dreadful our program is. Quite a few of our members showed up on the show to speak out in defense of AA, showing their faces on camera. This is a clear violation of Tradition eleven, and for what? AA hardly needs defending! On the other hand, I was part of a district that ran little ads in the local newspapers from Thanksgiving through New Years, informing the public that if alcohol is a problem for the reader of a loved one, help is available in Alcoholics Anonymous, along with our Seattle Intergroup phone number. Every year when we discussed running the ad, someone would object that Tradition Eleven says we shouldn't advertise. Thankfully, the long form of the Tradition clarifies that we ***"avoid sensational advertising."*** We are not a secret society. We want people to be able to find us!

And the press has played a huge part in AA's growth! A series of articles in 1939 by Elrick B. Davis in The Cleveland Plain Dealer detailed how our ***"amazing society of ex-drunks who have cured each other of an incurable disease."*** This resulted in the Cleveland group's growth from twenty members to nearly 500 in just a few months! That same year, Morris Markey wrote an article in Liberty Magazine called "Alcoholics and God." This article generated over 800 urgent pleas for help. These articles educated the public, changing the perception that alcoholism is a moral weakness to the idea that alcoholics have a disease. They spread the news that a spiritual remedy had been found for the formerly hopeless alcoholic.

So at the public level, we remain anonymous, never using our full names or showing our faces. But what about anonymity at other levels? Our Big Book says that we do talk about one another, as caring family would. But we are cautioned throughout AA literature to stick to our own stories, not sharing details about other members. If individuals choose to share that they are sober members of AA with family or co-workers, that is their choice. But we are careful not to mention that someone else is a member.

Dr. Bob had a clear opinion on staying anonymous amongst ourselves. He was quoted in the February 1969 Grapevine, ***"Since our Tradition on anonymity designates the exact level where the line should be held, it must be obvious to everyone who can read and understand the English language that to maintain anonymity at any other level is definitely a violation of this Tradition.***

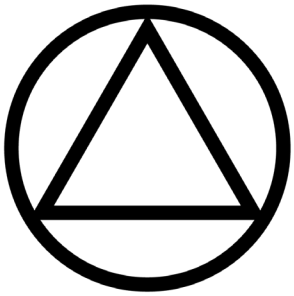
The AA who hides his identity from his fellow AA by using only a given name violates the Tradition just as much as the AA who permits his name to appear in the press in connection with matters pertaining to AA.

The former is maintaining his anonymity above the level of press, radio, and films, and the latter is maintaining his anonymity below the level of press, radio, and films--whereas the Tradition states that we should maintain our anonymity at the level of press, radio, and films."

Our Traditions guide our actions. Sometimes it is not easy to determine the right thing to do, but understanding our Traditions at least gives us a point of reference. Here is an example where not everyone felt the same about the right thing to do in light of our Eleventh Tradition. When my son was just weeks old, someone told me that my husband had shared in a meeting that the baby's crying made him so upset, he was worried he might hurt the baby. Many felt that this was a terrible violation of his anonymity. Others said they would do the same thing, share what they heard in a meeting, if they knew a child could be in danger. Although each of us prays only for knowledge of God's will for us and the power to carry that out, knowing our Traditions can inform our decisions. And always remember, we share in a general way. There is no privilege in AA like when we talk with an attorney or therapist. Many of our members are mandated reporters, so before you believe that ***"what we hear here, stays here,"*** keep in mind, our Big Book tells us that ***"God gave us brains to use."***

"It is an extraordinary thing in life to be anonymous – not to be famous or great, not to be very learned, not to be a tremendous reformer or revolutionary, just to be nobody."

Krishnamurti, Think on These Things △



Corrections Corner

Pink Can Thank Yous

We are grateful to the following home groups which donated $728 to the Pink Can Fund during August and September: Sober Sisters of Seattle, Thursday Night Womens, MOB (Mens Open Book), Mountlake Terrace Wednesday Night and anonymous individuals. The committee used $73.75 to purchase AA approved literature (pamphlets, Plain Language Big Books, and wallet cards) for the Federal Detention Center.

Call for Nominations: Corrections Committee Service Positions

The Seattle Intergroup Corrections Committee invites members of Alcoholics Anonymous to stand for election to one of our open service positions at the December monthly meeting: Monday December 21st 6:30pm. This is an opportunity to practice the 12th Step by helping carry the message of recovery to people in correctional facilities who have limited access to AA meetings, literature, and fellowship.

You do not need to be an expert to serve. A willingness to learn, work with others, and support the committee's mission is what matters most. We are guided by the 12 Traditions, our group conscience, and any qualifications established in its bylaws or service guidelines.

The following positions are available:

Chair: Facilitates committee meetings, prepares agendas, supports committee projects, and helps keep the committee focused on its primary purpose.

Vice Chair: Assists the Chair, fills in when the Chair is unavailable, and helps coordinate committee activities and volunteers.

Treasurer: Maintains clear financial records, provides regular reports, manages approved expenses, and helps ensure that committee funds are handled responsibly.

Secretary: Records meeting minutes, maintains committee records, distributes notices, and helps keep members informed about decisions and upcoming activities.

Literature Representative: Coordinates the purchase, organization, and distribution of AA-approved literature for correctional facilities and committee activities.

Zoom Coordinator: Sets up and manages the committee's virtual meetings, assists members with access, and supports a safe and orderly online meeting environment.

District Corrections Rep and Home Group Rep: These positions are elected at the district and home group levels. If you enjoy sharing info and bringing opportunities for service at the district or group level, this is a great opportunity. Tell your district or home group you'd like to do this. Questions? Email corrections@seattleaa.org or attend the November meeting on 11/9 at 6:30.

Serving on the Corrections Committee is a meaningful way to strengthen your own recovery while helping extend the hand of AA to people who cannot easily reach the fellowship. Committee officers work as a team, and outgoing trusted servants and experienced members can provide guidance during the transition.

If you have benefited from service—or are ready to become involved for the first time—please consider standing for one of these positions. Members may nominate themselves or another willing AA member. Before accepting a nomination, ask for the Corrections Handbook to look at the service descriptions. Just email corrections@seattleaa.org.

If you're interested, attend the 11/9 meeting or email corrections@seattleaa.org.

All you need is to bring your willingness, experience, and ideas. Together, we can help ensure that the AA message of hope remains available to anyone seeking recovery, including those behind the walls.

Want to learn more about Corrections Service?

- Invite the corrections committee to your district meeting! Just email volunteercorrections@seattleaa.org
- The committee meets the second Monday of each month at 6:30 as a hybrid meeting, at intergroup (5507 6th Ave S in Georgetown) and on Zoom (ID: 87227719137 Passcode: 833575
- Check out our webpage: https://www.seattleaa.org/corrections △

WHAT IS THE BLUE CAN?

Many folks know about the Pink Can-Corrections. There's also a Blue Can-ASL. Both are critical for providing access to the solution.

Presently, there is a meeting in Seattle on Zoom that provides an interpreter three times a week and is well attended by Deaf alcoholics from United States and Canada.

This is a great fact: most Deaf alcoholics have no meetings available that not only makes the meeting accessible, but is more than once a week, and discuss Steps, read the Big Book. But Abigail's Ghost AA meeting, which meets on Zoom, (both hearing and Deaf) is that special meeting.

It costs around $1,000.00 a month to make this happen. And Abigail's can't afford it alone.

Greater Seattle Intergroup has a Blue Can, which covers interpretation expenses for Deaf who choose a meeting.

Examples of Purpose

These include ASL interpretive services for members to access meetings that groups cannot afford. Also, for the cost or at specific events, such as home group business meetings, District meetings or attendance to Speaker meetings. A Deaf member can say, "Yes" when asked to speak at a meeting and the Blue Can will provide the cost of the interpreter. If a newcomer reaches out to go to a local meeting near their home, the Blue Can can cover the cost of the ASL interpreter.

If you have questions about the Blue Can, please feel free to contact the GSIG Accessibility email: accessibility@seattleaa.org

AA resource A.A. Guidelines on Sharing the A.A. Message with the Alcoholic Who Is Deaf | Alcoholics Anonymous △

OPENING

Jeff U, GSIG Chair, called the meeting to order with the Serenity Prayer, and recording of the meeting was approved. West C read Tradition Ten and Dan read Concept Ten.

October AA birthdays: Kim, 16 years; Blake, 11 years; Erin, 25 years.

ROLL CALL

Present: 15 of 17 voting members.

Officers (5 of 5): Jeff U, Chair; Carina W, Vice Chair; Karla L, Chair Emeritus; Pete K, Treasurer; Sui D, Secretary.

District Representatives (10 of 12): Ruth P (D14), Blake P (D15), Ricky T (D16), Jon B (D17), Lara / William (D18), Bobby T (D24), Thomas H (D31), Samantha M (D32), Morgan (D40), Laura C (D41). The quorum requirement of seven district representatives was met.

Minutes: The September minutes were approved — moved by Pete K, seconded by Jon B, unanimously approved.

OFFICER REPORTS

Chair, Jeff U: A GSIG inventory is set for Saturday, December 5, 10 am to 2:30 pm at Intergroup, facilitated by past chair and past delegate Astri T. The Hospitals & Treatment Committee will meet an hour early that day so members can attend both; both will also be on Zoom. Bequests: two members who passed away left GSIG $125,000 and $55,000. The funds have not been accepted, and no money has moved. Every option is open: accept, decline, accept a portion, or direct some elsewhere, with serious Tradition Seven questions to weigh. The estates are holding the funds while we finish our process, and there is no year-end deadline. Take this to your districts and groups. A write-up with GSO guidance and background will appear in High & Dry next month, along with written points of view; send input to chair@seattleaa.org by October 25. GSO does not treat Intergroup as an AA group (it is a state-registered nonprofit), but the board has historically asked that Intergroup follow the Twelve Traditions; the groups will decide in December. Office move: the building will be torn down for a park and condos, and the move is likely about two years out. A 2028 Committee led by Ed is gathering options; tell us what you want in an Intergroup space (location, facilities, smaller and cheaper or larger). Literature and merchandise: a discussion topic only, with no motions. Should Intergroup sell non-Conference-approved literature or more non-literature items? A poll is on seattleaa.org; it gathers information and is not a vote. Budget: the draft 2027 budget will run in High & Dry starting next month. Proposed changes can be sent as motions now and will be published, discussed, and voted on in December. Assembly: Tuesday, December 15. Any group in our service area may send a voting representative. Of more than 500 groups, usually 20 to 40 send one; we'd love 50 or more.

Vice Chair, Carina W: Looking for gaps to fill. Let her know of any, and she is happy to speak about Intergroup at your district or home group.

Chair Emeritus, Karla L: No report.

Treasurer, Pete K: September income was $17,513.80 and expenses were $22,742.23, for a September net income of negative $5,028.43. Year-to-date net income is negative $16,212.30. Operating funds are $9,665.25. The Prudent Reserve holds $47,843.63 against a target of $63,078; we owe $15,493.37 into it, and it is needed urgently. Group contributions have hit target in only 1 of 9 months: we should be at $125,500 and are at $95,500. Pete will visit districts and home groups on request. Refer to the financial summary in this issue for details. The Treasurer report was approved unanimously.

Recording Secretary, Sui D: No report.

INTERGROUP STAFF REPORTS

Office Manager, Anita S: The 5th Edition will be released with a jacket; other editions are to be determined. New Service Manuals are in. On the bequests: one estate's administrator is seeking court permission to donate $12,500 per year for 10 years, and the other donor's family has offered to split the gift into checks of $12,500 or less. A former office manager reports that the Board once accepted only a small portion of a large bequest, and that GSO once took a large bequest in yearly installments through a trust, which current GSO policy would not allow. Please bring all opinions to the Board now, before a decision is made. The office was broken into again; nothing substantial was taken, and footage went to Seattle Police. Two 2028 Committee members toured space in the old Rainier Brewery building. Call log: calls 107, chats 67, 12 Step calls 1. Thanked Lara for being a life-saver.

Assistant Office Manager, Lara R: The General Service Conference Report will not be printed and distributed free this year. Order a copy at aa.org (about $5.25). If too few are ordered, it will go digital-only next year.

OLD BUSINESS

Bequests, GSIG Inventory, and Officer Elections: See Chair report.

NEW BUSINESS

2027 Budget, Pete K: As required by motion, the draft budget is balanced. It assumes 4% CPI (the final figure is due in November) and needs $180,956 in group contributions. Hospitals & Treatment was corrected from $1,000 to $1,500. Rents have not changed yet. The 2025 column labeled "forecast" should read "actual." Group contributions are about $30,000 behind expectations and are projected at about $122,530 for 2026. The budget covers income and expenses only and does not repay the Prudent Reserve, which is about a third short of target. Shannon R noted the bylaws call for maintaining a Prudent Reserve. Anyone may propose an amendment, such as a monthly expense line to rebuild the reserve, or a smaller budget paired with specific cuts; please send motions to the Chair before December. Some bequest money, if accepted, could also help restore the reserve. Moving costs are not in the 2027 budget; a move is unlikely before 2028, and the current lease will likely be extended one or two years. If contributions fall short, the gap goes to the groups or comes out of the Prudent Reserve.

SERVICE COMMITTEE REPORTS

Relocation, Ed H: No report.

Office, Stephen M: Elections in December for Chair, Vice Chair, Treasurer, and Secretary. Send service resumes or interest to officecommittee@seattleaa.org. A call for candidates will run in High & Dry.

Accessibility, Jinah W: No meeting this month. Attended the Area 72 Accessibilities Assembly on October 17 and shared about the Blue Can and access for Deaf alcoholics. PRAASA 2027 in Seattle has ASL interpreters, thanks to Laurel W. The committee meets the first Wednesday of each month at 6 pm on Zoom.

Archives, Teresa S: Has resumed scanning old High & Drys. Reminded the board to save the final approved minutes each month, and asked how they are being saved.

Corrections, Karen K: Groups gave $728 to the Pink Can in August and September; $73.75 bought literature for the Federal Detention Center, and the balance is $4,588. The updated Corrections Handbook will be printed by year end. Committee elections in December, and a trusted servant orientation likely in January. The Helen B Ratcliff Reentry Center will go to weekly meetings. Corrections is hosting the Area 72 Corrections Quarterly in December. Needed: someone to restart meetings at the Regional Justice Center in Kent, and men for the Juvenile Detention Center,

SCORE, and the Federal Detention Center. Email corrections@seattleaa.org. The committee meets the second Monday at 6:30 pm, hybrid.

Hospitals & Treatment, Mikey C: A hard month with flu and missed meetings. 11 Bridging the Gap contacts. Still supporting meetings at many shelters, treatment centers, and hospitals. Mikey's term ends this year; please consider standing. The committee meets the first Saturday of each month.

Newsletter, Peter J: November themes are Step 11, Tradition 11, Concept 11, Gratitude, and Awareness. December themes are Step 12, Tradition 12, Concept 12, and Service.

Nightwatch, Rob S: Volunteers answer phones 10 pm to 10 am. Open shifts are 2 to 6 am on the 2nd Tuesday, 2nd Thursday, 3rd Sunday, and 4th Saturday. Contact Nightwatch@seattleaa.org.

PI/CPC, David D: No report.

Special Events, West C: Steps In Time is Saturday, October 24, 1 to 7 pm, at Grace Lutheran Church in Des Moines — 50s costumes, talent show, skits, dinner, and a dance. Tickets are $20, including a meal, and are also sold at the door. Seahawks watch party Sunday, November 29, with tailgating at noon. The Fall Assembly has a holiday theme and dessert exchange.

Third Legacy, Lee R: No report.

Twelfth Step, Karrie C: No report.

Web & Tech, Peter J / Dash M: The web host will auto-patch a new PHP exploit. A page on the office move is in the works. The printer needs fixing.

DISTRICT REPORTS

Business meeting details for all districts are at seattleaa.org/district-map.

D14, West Seattle / White Center / Vashon: Dave T updated the district on GSIG's move plans. Reviewed the draft 2027 budget. There will be no more pie auction, and no holiday party this year, just the usual potluck. Elections next month.

D15, Downtown Seattle / West Capitol Hill: Went over group inventory questions with Lupita. Help is needed for the Gratitude Banquet.

D16, Lake City to the Ship Canal: Seven GSRs attended the Area 72 Assembly. Childcare at On Awakening, Sundays at 8 am.

D17, Ballard / NW Seattle: No report.

D18, Renton / Kent / Tukwila: 26 attended elections, and every position was filled. Old Kent's Gratitude Dinner is Thursday, November 19, at 6 pm.

D24, SW Snohomish County: 29 in person and 4 online. Past Delegate Allen and Delegate Lupita spoke on district service. The Pre-Assembly in March needs volunteers. The Monday Veterans meeting at St. Alban's in Edmonds has closed, and its prudent reserve will go to the church and to Intergroup.

D31, Burien / Des Moines / Normandy Park / SeaTac / Tukwila: Elections in November. Formed an ad hoc committee on the GSIG move. Holiday party planning is under way. Volunteers are needed for Steps In Time and for GSIG committees.

D32, Algona / Auburn / Federal Way / Pacific: Elections took up the whole meeting, and some positions are still open.

D33: No report.

D40, East-Central Seattle: Thanksgiving potluck Friday, November 20, at St. Joseph's Parish, 5:30 pm. It is free; bring a side dish.

D41, Queen Anne / Magnolia / S. Lake Union: Held a district inventory and will work on getting out to groups about service opportunities.

D42, Lake Forest Park / Shoreline: No report.

AA HALLS AND CLUBS

A New Beginning, Melaina: Completed an inventory October 10. Gratitude Potluck the second Saturday of November. 26 meetings a week, a playroom for kids, a speaker meeting the first Saturday, and birthdays the third Saturday. Costume meeting October 31 at 9 pm. Thanksgiving and Christmas potlucks and a New Year's Eve candlelight meeting are coming.

Fremont Fellowship Hall, Adam R: No report.

Greenwood Fellowship, Luis: A curator from Dr. Bob's House in Akron speaks at the national speaker meeting Saturday, November 28, at 8 pm. Halloween costume meeting and send-off for a longtime member, followed by a dance at 11:30 pm. Thanksgiving Day dinner.

Pass It On, Jeffery F: No report.

Serenity Hall, Trent H: Smooth sailing.

The Southend Fellowship, Lynn U: No report.

WRAP-UP — MAIN TAKEAWAYS

1. Fall Assembly, Tuesday, December 15, 2026. Potluck at 6 pm; the meeting starts at 7 pm. Agenda: the 2027 GSIG budget



draft; elections for Chair, Vice Chair, Secretary, and Treasurer (candidates are needed); the bequest money ($120K gift from a deceased member's will); and the office move.

2. GSIG is currently $15K behind on the budget for this year.

3. GSIG inventory, Saturday, December 5, at 10 am.

4. Take the Intergroup letter back to your groups and read it out loud.

The motion to close was unanimously approved, and we adjourned with the Responsibility Statement.

These are condensed minutes prepared for the newsletter. The full minutes, financial reports, and prior months' minutes are available at seattleaa.org/intergroup/intergroup-board. △

Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
Office Hours — Mon: 10:00 a.m. – 2:00 p.m., Tues-Fri: 10:00 a.m. – 6:00 p.m., Sat: 10:00 a.m. – 2:00 p.m.
(206) 587-2838 — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

GSIG SEPTEMBER FINANCIAL SUMMARY

SEPTEMBER INCOME	SEPTEMBER EXPENSES	SEPTEMBER NET INCOME	YTD NET INCOME
$17,513.80	**$22,742.23**	**-$5,228.43**	**-$16,212.30**
Per September financial summary	Per September financial summary	Income minus expenses	Per financial summary

P&L: income

Group contributions	$6,170.79
Individual & other	$1,451.54
Sustainers	$1,283.52
Meeting room collections	$886.00
Birthday contributions	$87.00
Group insurance	$266.06
Special events	$2,627.95
Literature sales	$2,679.70
Coin sales	$1,439.78
Meeting directories	$502.50
High & Dry sales	$38.01
Shipping income	$79.00
Total income	**$17,511.85**
Interest / net other income	$1.95

Bank balances

Checking	$9,643.16
Savings	$22.09
Operating funds	**$9,665.25**
Money market / reserve	$47,584.63
Stripe	$441.60
Total bank accounts	**$57,691.48**

P&L: expenses & result

Cost of goods sold	**$3,469.60**
Paid staff	$7,653.31
Rent & office	$9,088.96
Standing committees	$236.50
Other (fees, insurance, software, B&O)	$2,275.06
Purchases	$18.80
Operating expenses	**$19,272.63**
Net operating income	-$5,230.38
Net other income	$1.95
September net income	**-$5,228.43**

Balance sheet

Assets	$82,960.90
Liabilities	$10,338.59
Equity	$72,622.31

Prudent reserve

On hand	$47,584.63
Target	$63,078.00
Shortfall	**$15,493.37**

On hand compared with target

EARMARKED FUNDS Corrections $4,664.42 Accessibility $1,090.68 Big Book / literature $697.37 **TOTAL $6,452.47**

Standing committee funds

September 2026 year to date

COMMITTEE	BUDGET	SPENT	REMAINING
Archives	$200.00	$147.23	$52.77
Corrections	$360.00	$0.00	$360.00
GSIG Board	$1,000.00	$102.64	$897.36
Hospital & Treatment	$1,800.00	$549.82	$1,250.18
PI/CPC	$1,800.00	$201.42	$1,598.58
Special Events	$6,500.00	$3,616.92	$2,883.08
Third Legacy	$250.00	$0.00	$250.00
Web and Technology	$1,500.00	$0.00	$1,500.00
Accessibility	$2,250.00	$637.50	$1,612.50

Figures as reported in the September financial summary, P&L and balance sheet. Amounts in USD.

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(206) 587-2838 — *Helpline is staffed 24 hours a day* Email: info@SeattleAA.org Website: www.SeattleAA.org

EVENT FLYERS

Third Legacy Committee
presents

SERVICE MANUAL STUDY

11AM TO 1PM

1ST SUNDAY OF EACH MONTH

We will be starting with the newest Service Manual beginning in November 2025



This event is at Seattle Intergroup and online

MEETING ID 863 6483 7688 PW 022841

5507 6TH AVE S., SEATTLE, WA 98108

AREA 72 ARCHIVES QUARTERLY

November 7, 2026
Presenter: Karla L, A72 ASC
Fellowship 9:30 AM | Business 10 AM to 2 PM
Area 72 Archives Repository
3905 Steilacoom Blvd. SW, Lakewood, WA 98499

WHAT WE USED TO BE LIKE

Karla L., Area 72 ASC

JOIN ZOOM MEETING
area72aa-org.zoom.us/j/89584513370
Meeting ID: 895 8451 3370
Passcode: Archives
Hybrid access available

REUNIÓN TRIMESTRAL DE ARCHIVOS ÁREA 72

7 de noviembre de 2026
Presentadora: Karla L, A72 ASC
Convivio 9:30 a.m. | Asuntos 10 a.m. a 2 p.m.
Repositorio de Archivos Área 72
3905 Steilacoom Blvd. SW, Lakewood, WA 98499

BURIEN LITTLE ASSEMBLY PLANNING GROUP

WHEN
3rd SUNDAYS 12:00-1:00pm
August 16, 2026
September 20, 2026
October 18, 2026
November 15, 2026
December 20, 2026
January 17, 2027
February 21, 2027

WHERE
ZOOM MEETING
Zoom ID: 810 1629 8713
Passcode: 817009

JOIN US!

WWW.BURIENLITTLEASSEMBLY.ORG

54TH ANNUAL BURIEN LITTLE ASSEMBLY
Honoring Our Past, Embracing Our Future
Saturday, March 13, 2027

BLA IS SUPPORTED BY OUR 7TH TRADITION
PLEASE CONTRIBUTE
TO: BURIEN LITTLE ASSEMBLY
(c/o Greater Seattle Intergroup)
5507 6th Ave S
Seattle, WA 98108

Pass It On 17801 1st Ave So (Normandy Park)

☺ Speaker Meeting (12th step work)

The *3rd Saturday* of the month this month . . .at 7pm

☺AA Birthdays

Anniversary meeting (12th step work)

The *Last Saturday* of the month at 7pm

Come and celebrate the message of Alcoholics Anonymous

- We acknowledge 1, 3, 6, & 9 months (with coins)
- We celebrate annual anniversaries with their shared Experience Strength & Hope

☺Intergroup Phones (12th step work)

The ☺ *First Sunday* of the month from 2pm – 6pm

A.A. was founded on the premise that it would be self-supported through member contributions.

For the past 60 years, contributing a single dollar has been almost a tradition



12PK OF BEER

1960 ... $1.70
1970 ... $1.98
1980 ... $3.40
1990 ... $4.96
2000 ... $6.30
2010 ... $8.07
2024 ... $12.25



CIGARETTES

1960 ... $.20
1970 ... $.65
1980 ... $1.65
1990 ... $2.00
2000 ... $3.00
2010 ... $5.50
2024 ... $7.93



GAS

1960...$.22
1970...$.35
1980...$.35
1990...$1.10
2000...$1.25
2010...$2.70
2024...$3.19

$1.00 in 1935 would be worth **$23.03 in 2025! Today's dollar has only 9 cents of the purchasing power of a 1960's dollar.**



Acknowledging these economic facts, why not responsibly compensate by dropping in 3 bucks for 2025?



For those that can't afford it, the important thing is to keep coming back!

This poster is unofficial. It was not printed by AAWS. Printed by Lancaster Area Intergroup.

PEQUEÑA ASAMBLEA DE BURIEN GRUPO DE PLANIFICACIÓN

CUÁNDO

3º DOMINGO 12:00-1:00pm

16 DE AGOSTO DE 2026
20 DE SEPTIEMBRE DE 2026
18 DE OCTUBRE DE 2026
15 DE NOVIEMBRE DE 2026
20 DE DICIEMBRE DE 2026
17 DE ENERO DE 2027
21 DE FEBRERO DE 2027

DÓNDE

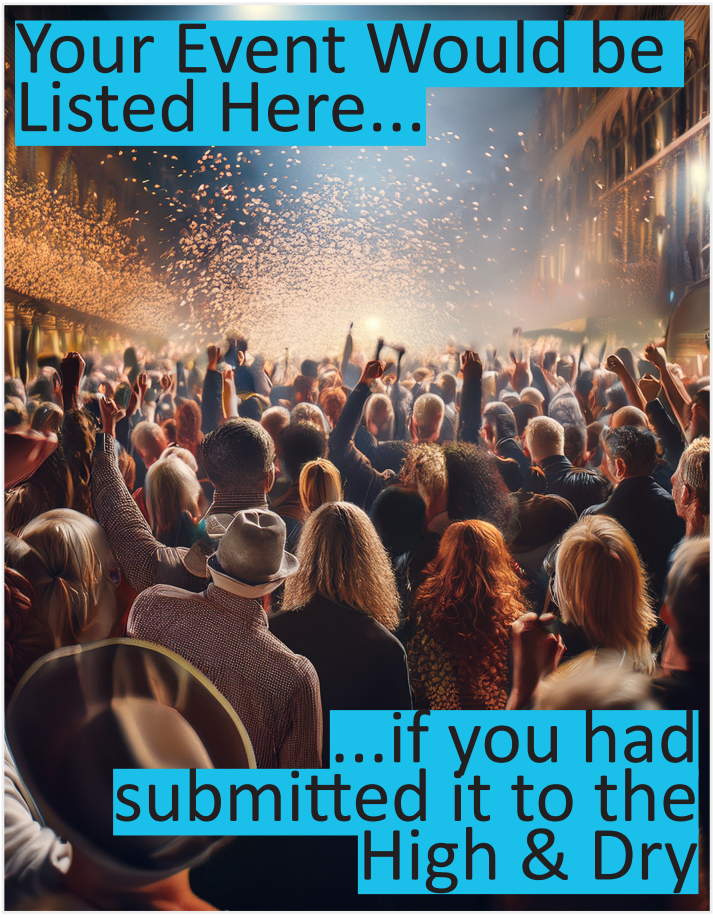
REUNIÓN DE ZOOM
ID DE ZOOM: 810 1629 8713
CÓDIGO DE CONTRASEÑA: 817009

¡UNETE A NOSOTROS!

WWW.BURIENLITTLEASSEMBLY.ORG

54º ASAMBLEA ANUAL DE BURIEN PEQUEÑO
Honrando Nuestro Pasado, Abrazando Nuestro Futuro
Sábado, 13 de Marzo de 2027

BLA ES APOYADOPOR NUESTRA ÉPTIMA TRADICIÓN
POR FAVOR CONTRIBUIR A: PEQUEÑA ASAMBLEA DE BURIEN
(c/o Intergrupo del Gran Seattle)
5507 6th Ave S
Seattle, WA 98108



CALL FOR RESUMES

AREA 72 ARCHIVES

PANEL 77 ARCHIVIST



DUTIES MAY INCLUDE:

REPOSITORY STEWARDSHIP • CATALOGING • PRESERVATION
DIGITAL RECORDS • DISPLAYS • RESEARCH • TRAINING

SUBMIT RESUMES TO

ASC@AREA72AA.ORG

SUBMIT BY NOVEMBER 12, 2026

SERENITY NOW

monthly birthday and POTLUCK CELEBRATION

7:30PM LAST WEDNESDAY OF EVERY MONTH
MEETING AT 8PM
3601 SW ALASKA ST, WEST SEATTLE

SEATTLE INTERGROUP TAKES INVENTORY

When: Dec 5, 2026 @10am
Where: 5507 6th Ave S.
Why: Because it is time.
facilitated by Astri T.
bring a snack to share

Seattle Intergroup Fall Assembly

Calling ALL Groups!

Come and make your voice heard and your vote counted!
We will be electing new Board members
Approving next years budget
and voting on what to do about VERY BIG topics!

When: December 15, 2026
Potluck at 6pm
Business starts at 7pm

Where: Seattle Intergroup
5507 6th Ave S.
Seattle, WA 98108

THE 68th ANNUAL LAST CHANCE GRATITUDE BANQUET



FRIDAY, NOV. 20, 2026
DINNER 6:30PM; SPEAKERS 7:30

WOODLAND PARK UNITED METHODIST CHURCH
302 N 78th St,
Seattle, WA 98103

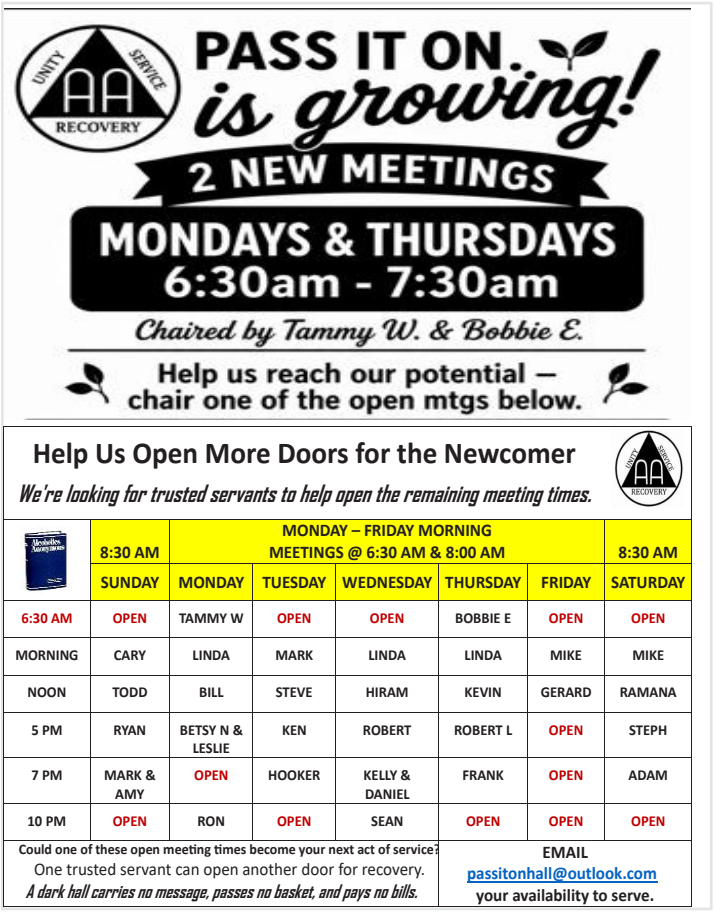
MEAT AND VEGETARIAN ENTREE PROVIDED

BRING A SIDE DISH OR DESSERT









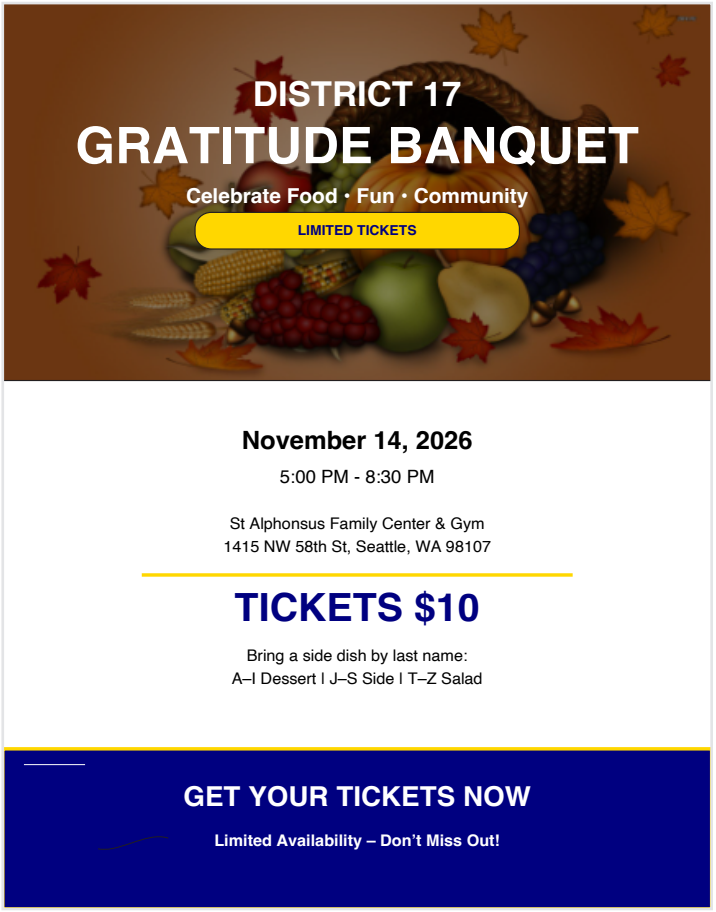
Help Us Open More Doors for the Newcomer

We're looking for trusted servants to help open the remaining meeting times.

	8:30 AM	MONDAY – FRIDAY MORNING MEETINGS @ 6:30 AM & 8:00 AM					8:30 AM
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30 AM	OPEN	TAMMY W	OPEN	OPEN	BOBBIE E	OPEN	OPEN
MORNING	CARY	LINDA	MARK	LINDA	LINDA	MIKE	MIKE
NOON	TODD	BILL	STEVE	HIRAM	KEVIN	GERARD	RAMANA
5 PM	RYAN	BETSY N & LESLIE	KEN	ROBERT	ROBERT L	OPEN	STEPH
7 PM	MARK & AMY	OPEN	HOOKER	KELLY & DANIEL	FRANK	OPEN	ADAM
10 PM	OPEN	RON	OPEN	SEAN	OPEN	OPEN	OPEN

Could one of these open meeting times become your next act of service?
One trusted servant can open another door for recovery.
A dark hall carries no message, passes no basket, and pays no bills.

EMAIL
passitonhall@outlook.com
your availability to serve.



High & Dry

Editor: Peter J. (newsletter@seattleaa.org)

Contributors: Zoya K., Jenza, Lara R., William B., Kelli S., Linda M., Dylan S., Karen K., Bob D., Jeff U., Lee R., Julia P., Carson M., Samantha M., Janet V., Stephan M., Mikey C.

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) www.seattleaa.org

Do you have something you would like to submit to The High & Dry newsletter?
We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.

Subscriptions — Please consider subscribing to the High & Dry newsletter!
Your contribution helps fund the services we provide. Suggested annual donation for hard copy is $12/year and digital copy $10/year. To subscribe visit: *SeattleAA.org/intergroup/newsletter/*

Greater Seattle Intergroup
of Alcoholics Anonymous

Get Involved

If you are interested in getting involved with the Greater Seattle Intergroup, please fill out this form and mail it to us, email it to us at *info@seattleaa.org*, or give Anita a call at (206) 587-2838.

Name:	
Address:	
City/Zip:	
AA Anniversary/ # of years	
Contribution enclosed or I am Interested in:	
Home Group:	

If mailing, send this form to:
Greater Seattle Intergroup, 5507 6th Ave S. Seattle, WA 98108

Link to GSIG Online Contributions

https://www.seattleaa.org/online-contributions/