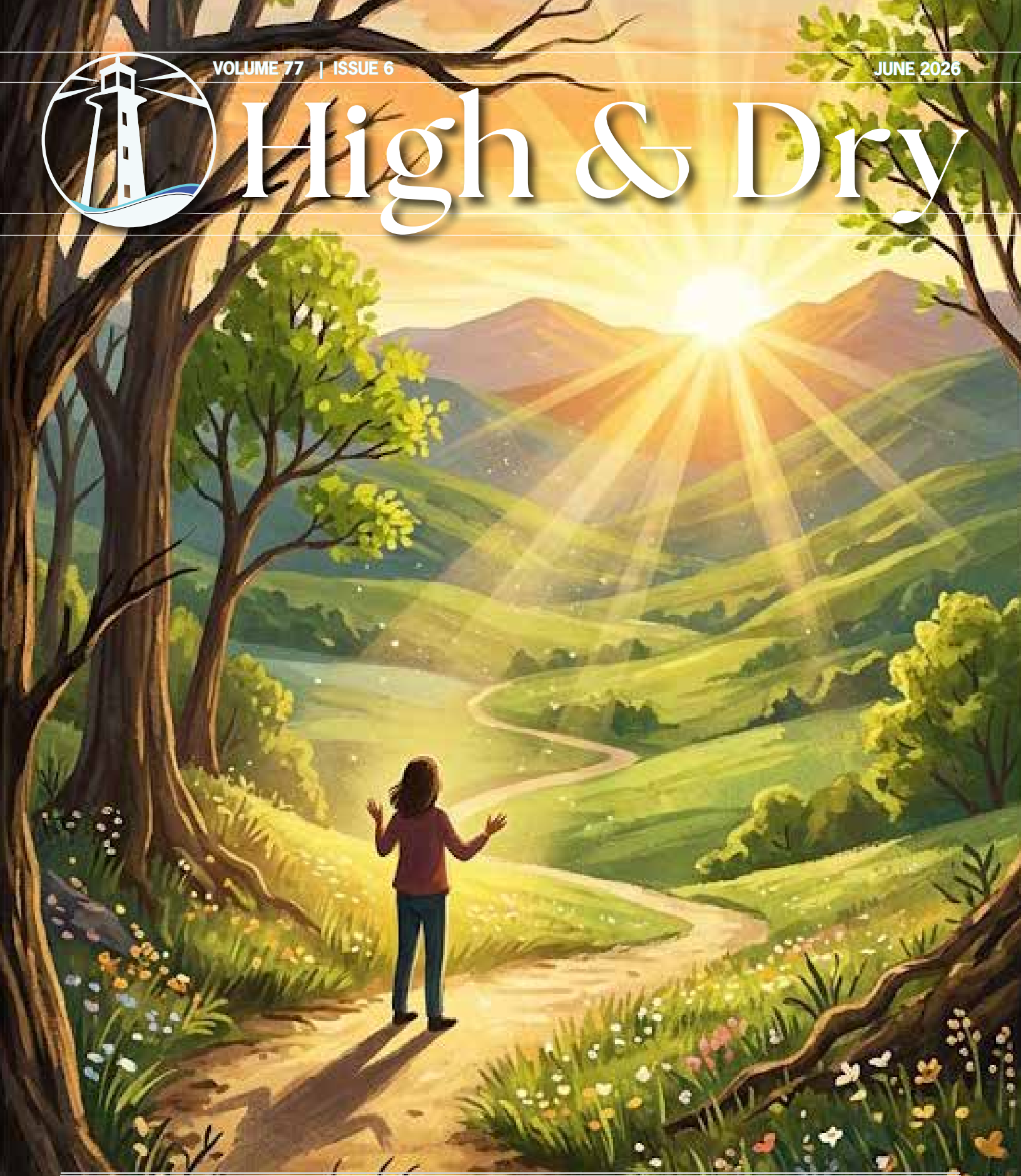
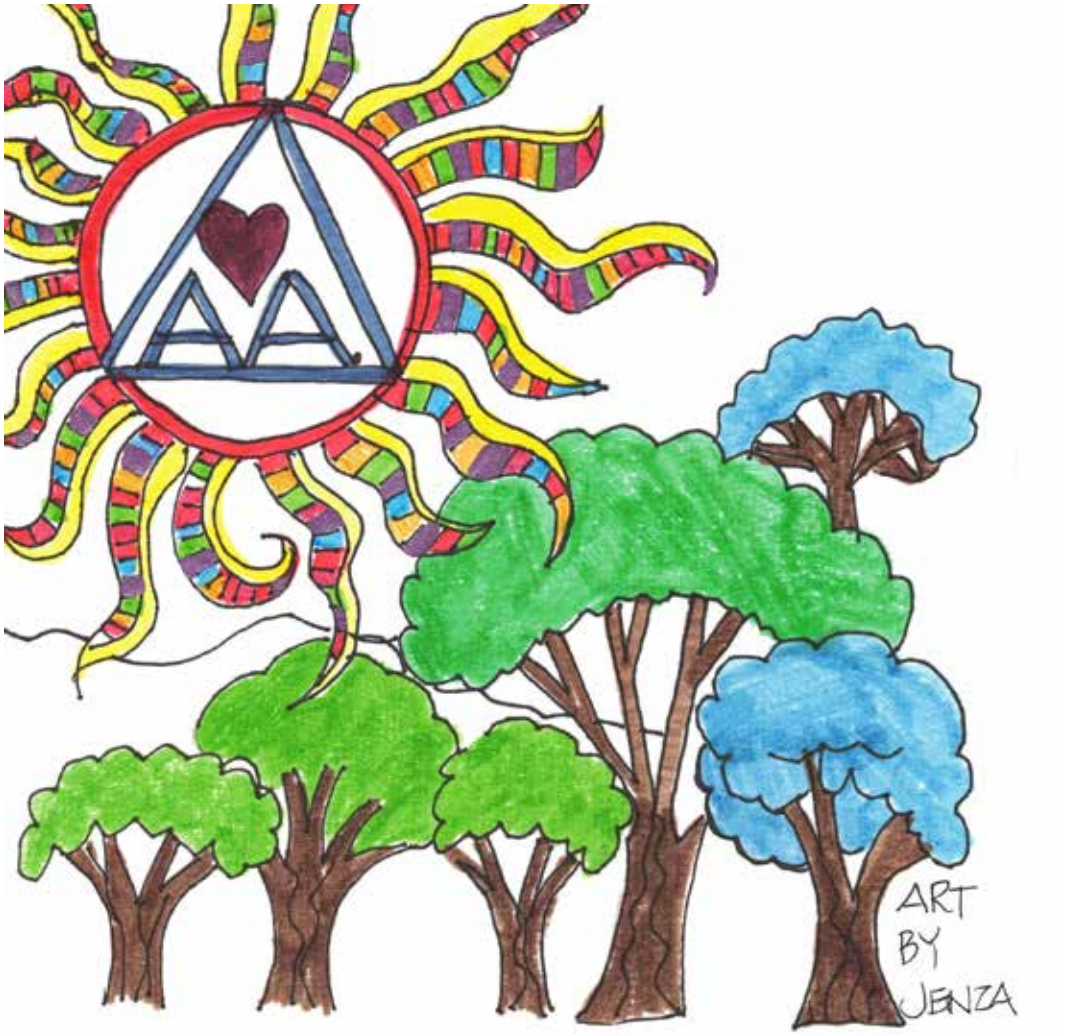
VOLUME 77 | ISSUE 6 JUNE 2026

High & Dry



Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
Office Hours — Mon: 10:00 a.m. – 2:00 p.m., Tues-Fri: 10:00 a.m. – 6:00 p.m., Sat: 10:00 a.m. – 2:00 p.m.
(206) 587-2838 — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

IN THIS ISSUE: WILLINGNESS



In This Issue: the readiness to act; being entirely ready and open to a course, even before you can fully see, control, or believe in the outcome.

Future Tripping: June 2026 Events 3
Reflecting on our past: June In Our History 4
Puzzles: AA Fact File 5
There is a solution 6
How Dry I Am: Birthday Club 7
Special Events Highlights 8
Special Announcement: We're Moving! 9
Job Announcement: Office Manager 10
Stories, Steps, & Traditions 11
Step 6 11
Tradition Six 12
Letter From the Editor 12
Haiku By Jeff U 12
AA Concept VI 13
Corrections Corner 14
FDC and the Plain Language Big Book 14
GSIG March Financial Summary 18
Event Flyers 20

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FUTURE TRIPPING: JUNE 2026 EVENTS

3 — Accessibility Committee

- 3 @ 6:00 pm - 7:00 pm
- Virtual Meeting
- The Accessibility Committee meets on the first Wednesday of each month via Zoom. Everyone is Welcome.

4 — 12th Step Committee

- 4 @ 6:00 pm - 7:00 pm
- Virtual Meeting
- This is the monthly meeting for the 12th Step Committee. Everyone Welcome.

6 — Hospital and treatment Committee

- 6 @ 10:00 am - 11:30 am
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- This is the monthly H and T Committee meeting. All are welcome.

7 — Service Manual Study

- 7 @ 11:00 am - 1:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- This year we will be beginning the new 2024-2026 Service Manual.

8 — Corrections Committee

- 8 @ 6:30 pm - 8:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- This is the monthly Corrections Committee meeting. Everyone Welcome. This is a hybrid event.

9 — Living in Sobriety Summer Picnics

- 9 @ 5:30 pm - 8:00 pm
- Golden Gardens Park, 8498 Seaview Place NW, Seattle, WA, 98117, United States

13 — Founder's Day 2026

- 13 @ 6:00 pm - 9:00 pm
- A New Beginning, 15403 Ambaum Blvd SW, Burien, WA, 98166, United States
- Commemorating 91 years of hope.

14 — Eastern District Delegate Report Back

- 14 @ 10:00 am - 1:00 pm
- Eastside Fire and Rescue Headquarters, 175 Newport Way NW, Issaquah, 98027, United States

16 — Web and Tech Committee

- 16 @ 5:30 pm - 6:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

16 — GSIG Monthly Board Meeting

- 16 @ 7:00 pm - 8:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- This is our monthly Board meeting. Everyone is welcome. This event is hybrid.

20 — CPC/PI Committee

- 20 @ 10:00 am - 11:30 am
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting

26 — Pacific Northwest Conference

- 26 @ 8:00 am - 5:00 pm
- Heathman Lodge, 7801 NE Greenwood Dr, Vancouver, 98662, United States

26 — Newsletter Committee

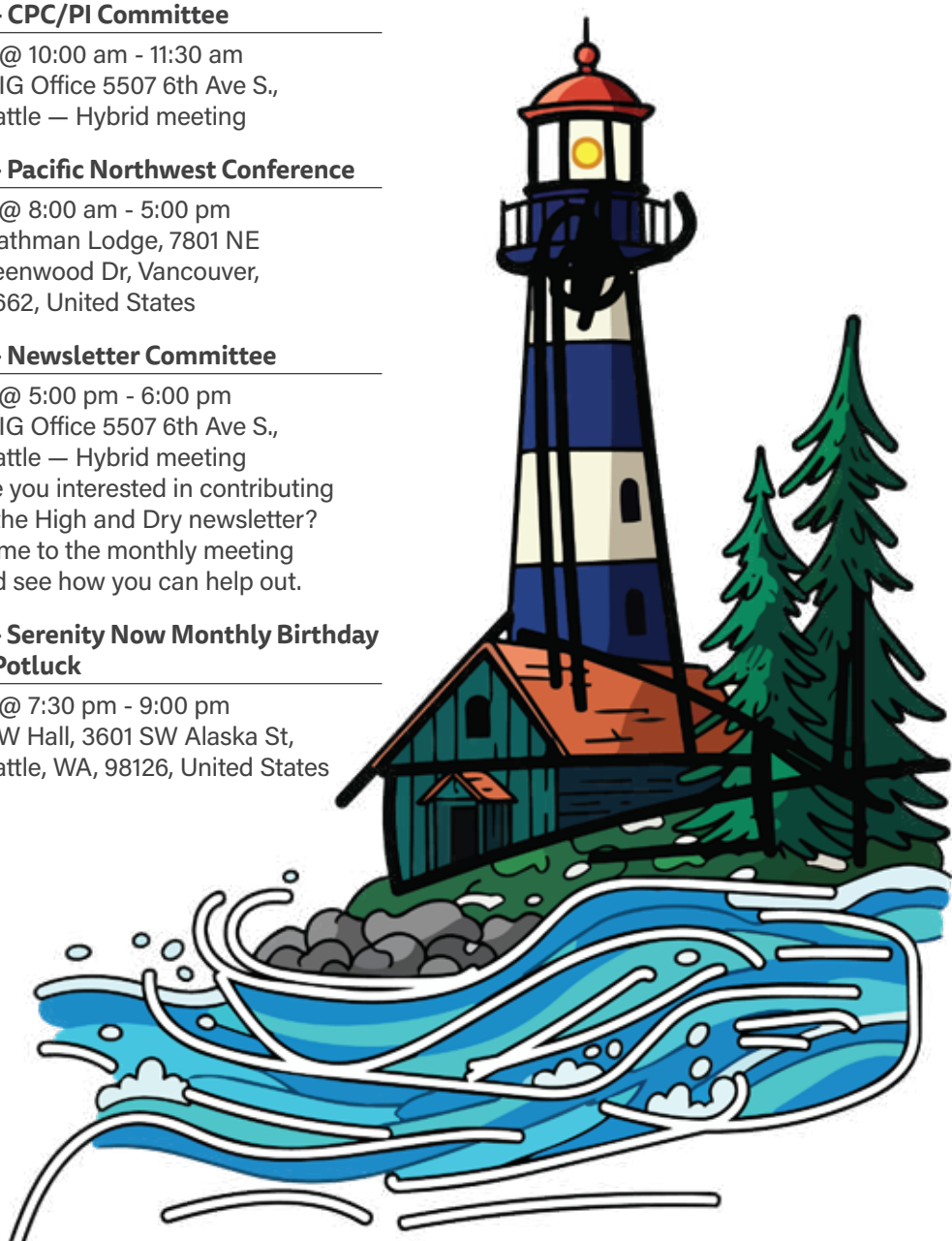
- 26 @ 5:00 pm - 6:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Are you interested in contributing to the High and Dry newsletter? Come to the monthly meeting and see how you can help out.

26 — Serenity Now Monthly Birthday and Potluck

- 26 @ 7:30 pm - 9:00 pm
- VFW Hall, 3601 SW Alaska St, Seattle, WA, 98126, United States

For event details:

seattleaa.org/events



REFLECTING ON OUR PAST: JUNE IN OUR HISTORY

"Never could we recapture the great moments of the past." (Alcoholics Anonymous, **page 151***).* **But here we list some.**

June 1, 1949 Anne Smith, Dr. Bob's wife, died.

June 4, 2002 Caroline Knapp, author of "Drinking: A Love Story" died sober of lung cancer.

June 5, 1940 Ebby Thatcher took a job at the NY Worlds Fair.

June 6, 1940 The first AA Group in Richmond, VA, was formed.

June 1979 AA gave the two-millionth copy of the Big Book to Joseph Califano, then Secretary of Health, Education, andWelfare. It was presented by Lois Wilson, Bill's wife, in New York.

June 7, 1939 Bill and Lois Wilson had an argument, the first of two times Bill almost slipped.

June 1941 The first AA Group in St. Paul, Minnesota, was formed.

June 8, 1941 Three AA's started a group in Kalamazoo, Michigan.

June 10, 1935 The date that is celebrated as Dr. Bob's last drink and the official founding date of AA. There is some evidence that the founders, in trying to reconstruct the history, got the date wrong and it was actually June 17.

June 11, 1945 Twenty-five hundred attend AA's 10th Anniversary in Cleveland, Ohio.

June 1969 Dr. Bob's granddaughter, Bonna, daughter of Sue Smith and Ernie Galbraith (The Seven Month Slip in the First Edition) killed herself after first killing her six-year-old child.

June 1971 Ernie Galbraith died.

June 13, 1945 Morgan R. gave a radio appearance for AA with large audience. He was kept under surveillance to make sure he didn't drink.

June 15, 1940 First AA Group in Baltimore, MD, was formed.

June 16, 1938 Jim Burwell, "The Vicious Cycle" in Big Book, had his last drink.

June 17, 1942 New York AA groups sponsored the first annual NY area meeting. Four hundred and twenty-four heard Dr. Silkworth and AA speakers.

June 18, 1940 One hundred attended the first meeting in the first AA clubhouse at 334-1/2 West 24th St., New York City.

June 19, 1942 Columnist Earl Wilson reported that NYC Police Chief Valentine sent six policemen to AA and they sobered up. "There are fewer suicides in my files," he commented.

June 21, 1944 The first Issue of the AA Grapevine was published.

June 24, 1938 Two Rockefeller associates told the press about the Big Book "Not to bear any author's name but to be by 'Alcoholics Anonymous.'"

June 25, 1939 The New York Times reviewer wrote that the Big Book is "more soundly based psychologically than any other treatment I have ever come upon."

June 26, 1935 Bill Dotson. (AA #3) entered Akron's City Hospital for his last detox and his first day of sobriety.

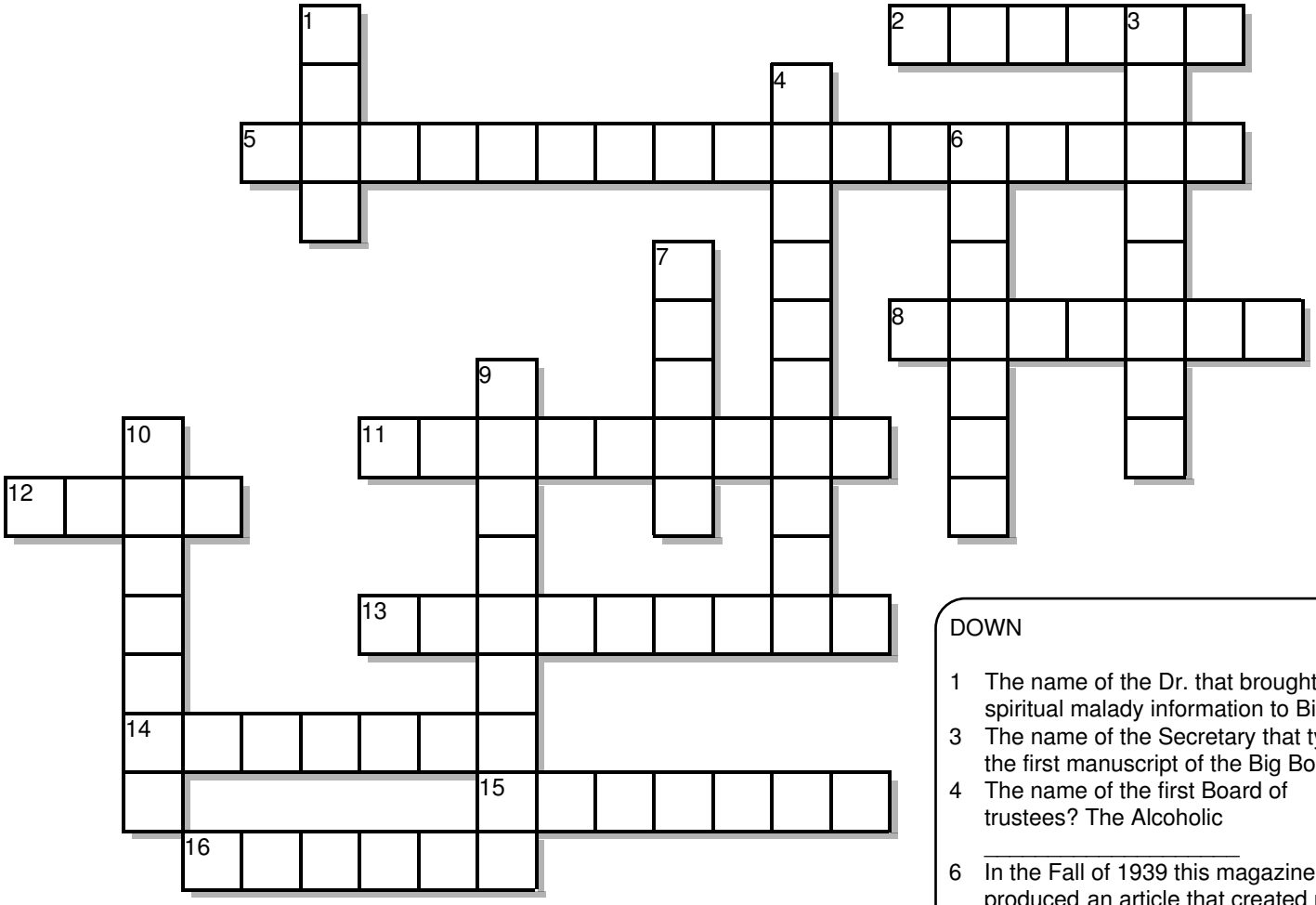
June 28, 1935 Dr. Bob and Bill Wilson visited Bill Dotson at Akron's City Hospital.

June 30, 1941 Ruth Hock showed Bill Wilson the Serenity Prayer and it was adopted readily by AA.

June 2000 More than 47,000 from 87 countries attended the opening meeting of the 65th AA Anniversary in Minneapolis, MN.

Source: AASJ - https://aasj.org/June-history/

PUZZLES: AA FACT FILE



DOWN

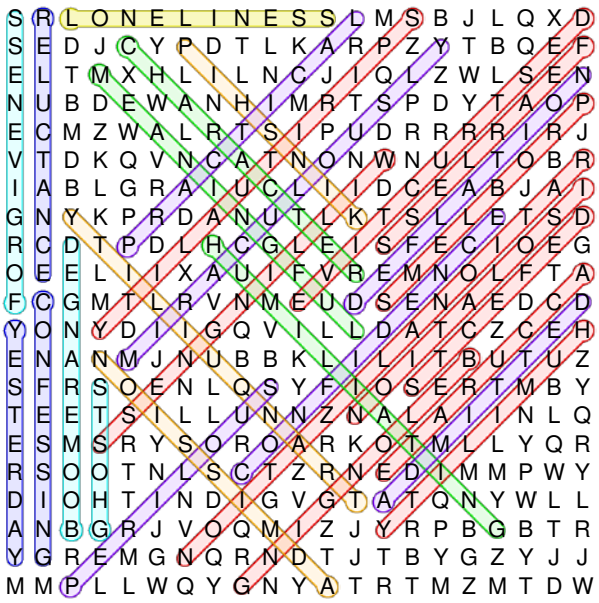
1 The name of the Dr. that brought the spiritual malady information to Bill
3 The name of the Secretary that typed the first manuscript of the Big Book
4 The name of the first Board of trustees? The Alcoholic

_____

6 In the Fall of 1939 this magazine produced an article that created much interest in AA
7 What town did AA begin in?
9 The location of AA's first Convention in 1950
10 Where was the second International Convention held?

ACROSS

2 What's the name of AA's that live in isolated areas throughout the world?
5 What's the name of seagoing AA's?
8 What city did Bill W. live in when he sobered up?
11 The name of the Dr. that brought the physical allergy information to Bill
12 The name of the hospital in Akron where the first AA work began
13 Where was the home of the third AA group?
14 The name of the sister that worked closely with Dr. Bob in Akron
15 Where was the home of the second AA group?
16 The name of the Group that Bill and Bob tried to sober up in at first



May Puzzle Key



June Key will be in Volume 77 Issue 6

Ways You Can Help Seattle Intergroup

High and Dry Subscriptions

$12/yr. for a physical copy, $10/yr. for a digital copy

» To sign up to receive our newsletter, visit: seattleaa.org/intergroup/newsletter/

Join the '*How Dry I Am Club*' or aka the 'Birthday Club.'

There is a suggested $1.00 for every year of sobriety you are celebrating.

» To contribute to the Birthday Club, visit: seattleaa.org/online-contributions/

Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Bill S., Gary H., and Susan D.
TUESDAY	Mikey C. and Morgan S.
WEDNESDAY	Stephan M., Cindy H., Pam H., Amy F. & Honey
THURSDAY	Teresa & Glitter
FRIDAY	Thomas H., Peter J., & Barbara R.
SATURDAY	Dan G. and Clay S.

Southend Bookstore Volunteers

Manager: Jim H.
Rick L., Richard C., John G., Jesse J., Anna B., Bill S., and Matt W.

Southend Bookstore hours are Monday through Friday from 10 a.m. to 6 p.m. and Saturdays from 10 a.m. to 2 p.m.

Greater Seattle Intergroup Office Hours

The Greater Seattle Intergroup office is open
Monday, 10 a.m. – 2 p.m., Tuesday – Friday, 10 a.m. to 6 p.m.
and Saturday, 10 a.m. – 2 p.m.

We're located at 5507 6th Ave. S in the Georgetown neighborhood of Seattle

...the inner posture of being entirely ready to have the defects of character removed, not the act of fixing yourself, but the open hand that consents to the change. It precedes action and often precedes belief; you don't have to feel able, only willing. As the fellowship puts it, willingness is the key that opens the door.

"It's time to take some actions you can't yet believe in."

(shared by Aaron B. at the 85th Anniversary of AA in Washington)

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Happy Birthday to June Celebrants in the... How Dry I Am Club!

Morgan S.	6-1-2017	Seattle Young People	9 years
Ann S.		Earlybirds	32 years
Karla L.	6-10-2002	MLTW	24 years
Pete L.	5-26-1986	JMG	40 years
John D.	6-18-1984	Empire Way	42 years
AA			91 Years



Join the Club!

*The **How Dry I Am** Birthday Club*
has been a cherished tradition in our newsletter for decades, but...
we don't have any submissions for July yet!
Help us keep this beautiful tradition alive!

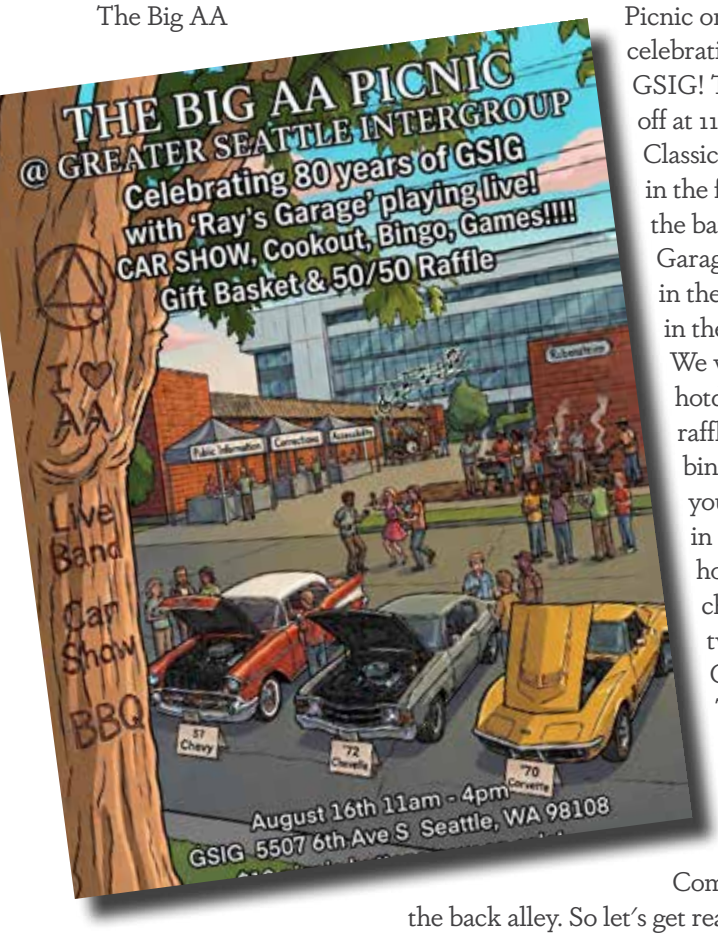
seattleaa.org/online-contributions/

SPECIAL EVENTS HIGHLIGHTS



1. Spring Assembly: Attention GSR's: Please come celebrate 80 years of GSIG with us and represent your homegroup's conscience at our Spring Assembly on June 16th. You will have a vote on relevant topics such as GSIG inventory, while learning about upcoming GSIG events. Please come early at 6 pm with an appetite, wear your favorite beach attire and bring a side dish or dessert to share. We will provide hotdogs, hamburgers and a beach-themed BBQ. There will even be a prize for the best dressed beach bum! The Assembly itself kicks off at 7 pm and goes to around 9 pm. The GSIG address is 5507 6th Ave S in Seattle. We look forward to seeing you all there! ;o)

2. The 80th Anniversary Big AA Picnic @ GSIG: Come One, Come All and bring all your friends to The Big AA Seattle Intergroup for Picnic on August 16th, celebrating 80 years of GSIG! The fun kicks off at 11 am with a Classic Car Show in the front and the band "Ray's Garage" rockin in the back alley in the afternoon. We will be serving up hotdogs, burgers, a 50/50 raffle, gift basket raffle and bingo too. Be sure to buy your $10 picnic buttons in advance, good for a hotdog, pop, chips and a chance to win a trip for two to the 2027 North Coast Roundup! There will be lots of festive games and important information at our GSIG Committee Tables in the back alley. So let's get ready to party with a purpose, celebrate GSIG and we will see you all on August 16th! The Greater Seattle Intergroup address is 5507 6th Avenue South.





3. Steps In Time: Please join us at Grace Lutheran Church on Saturday, October 24th for "Steps In Time." This special 1950's based party is a great way to celebrate 80 years of Seattle Intergroup with food, fellowship, a talent show, live band & a 50's dance. Be sure to dress up in your favorite 50's outfit as we will have a prize for the best 50's costume. There will be another talent show tryout in September and we are still welcoming in new acts. So if you've got talent, you are welcome to come perform for us, we will be announcing the tryout date soon. The doors are expected to open at 1 pm on 10/24 and tickets are now on sale for only $20. The address of Grace Lutheran Church is 22975 24th Avenue South in Des Moines. △



SEATTLE INTERGROUP NEEDS TO MOVE!

Seattle Intergroup has been at its current Georgetown location for 25 years. The building has been purchased by a non-profit organization, Watershed Community Development, which will be demolishing it in 2028 to make way for a new city park as part of larger redevelopment for the Seattle arts community.

In anticipation of the move, a committee has been formed and has begun defining what is needed to best serve our community.

Some initial thoughts:

Central Location: Intergroup serves and supports meetings from Auburn to Lynnwood, and a location equally accessible to everyone is important. A location near a light rail station would also be helpful.

Parking and identity: A location and property that is easy to find and identify, with good parking is desirable.

Size: 2,500 sq ft +/-

Economics: Sustainable rent and operating costs are essential.



Everyone's questions, suggestions, and ideas are welcome.

Email these to: 2028@seattleaa.org



Job Announcement: Office Manager

Greater Seattle Intergroup of Alcoholics Anonymous (GSIG)

Part-Time (20–24 hours/week) | $35–$40/ hour DOE

Benefits: Dental & Vision, PTO

Greater Seattle Intergroup of Alcoholics Anonymous (GSIG) is seeking a reliable, organized, and service-oriented Office Manager to support our mission of helping the alcoholic who still suffers. This position plays a key role in ensuring smooth daily operations of the Intergroup office and providing support to volunteers, groups, patrons and the community.

Position Summary

The Office Manager is responsible for overseeing administrative operations, coordinating office activities, supporting volunteers, and serving as a primary point of contact for the public and A.A. members seeking information and assistance. This role requires strong communication skills, attention to detail, and the ability to manage multiple priorities with professionalism and compassion.

Preferred Qualifications

- **Experience in office management or administrative support**
- **Strong organizational and multitasking skills**
- **Excellent communication and interpersonal skills**
- **Proficiency with Microsoft Office/Google Workspace and basic office technology**
- **Bookkeeping or accounting support experience preferred**
- **Ability to work independently and maintain confidentiality/anonymity**
- **Familiarity with Alcoholics Anonymous and its Traditions**
- **Experience working with volunteers or nonprofit organizations is a plus**
- **Active membership in the fellowship of AA with a minimum of 5 years of sobriety**

How to Apply

Please submit a resume and brief cover letter outlining your qualifications and interest in the position. Please also include any relevant service experience to:

lara@seattleaa.org to find out more go to seattleaa.org

Applications will be reviewed as received until Jun 15, 2026.△



Step 6

By Stephan M.

Were entirely ready to have God remove all these defects of character

IN OUR BOOK, ALCOHOLICS ANONYMOUS, the first thing mentioned in Step Six is the emphasis on willingness being indispensable. I remember looking at page 76 with my sponsor shortly after my Fifth Step. It seemed like it would be a fairly easy step to check off the list. Seriously, who wouldn't want a Higher Power to swoop in and remove anything and everything I found objectionable!

At this point, I was introduced to the concept that 'wanting' things to be a certain way was very different from 'willingness being indispensable.' Quickly, it seemed that maybe Step Six wasn't going to be as easy as I thought. I agreed that 'wanting' defects of character to be removed didn't really require any action at all, but being 'willing' to have the defects removed, 'willing' to take all action required, and 'willing' to learn to live in Reality instead of fantasy was much more than just 'wanting' my life to be better.

I had written a thorough Fourth Step and withheld nothing in my Fifth Step. Had I seen enough? Did I think being exposed to AA's steps so far would enable me to now manage a better life? Was there something still defective in my character (maybe selfish in nature) in just wanting to live a better life and not cause anyone any more harm? My sponsor suggested we look at Step Six in the 12x12 to see if we might find some help and clarity. Ha! In the 12x12, Step Six opens with the sentence, "This is the step that separates the men from the boys." My sponsor mentioned that those strong words were not written in Step One, or Step Nine...



why did I think they were in Step Six? I was hoping his question was rhetorical, but of course it wasn't. My course of action, if I had the willingness, was to practice another way of thinking (God consciousness) instead of self-will (Ego consciousness). As a result of this exercise, I also discovered that as I started to think differently, I began to act differently too. In Step Six, I was truly introduced to the fact that I had a choice in how I thought about everything! I had never realized the relationship between how I thought and how I felt. It was a white light experience for me, and Step Six showed me how powerful the recovery process of Alcoholics Anonymous truly is! △

Tradition Six

by Julie P.

THE LONG FORM OF TRADITION SIX WARNS US:

» *Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.—and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.*

Bill elaborates in ***Language of the Heart*** on page 83:

» *This Tradition declares in substance that the accumulation of money, property, and the unwanted personal authority so often generated by material wealth comprise a cluster of serious hazards against which an AA group must ever be on guard. Tradition Six also enjoins the group never to go into business nor ever to lend the AA name or money credit to any 'outside' enterprise, no matter how good. Strongly expressed is the opinion that even clubs should not bear the AA name; that they ought to be separately incorporated and managed by those individual AAs who need or want clubs enough to financially support them. We would thus divide the spiritual from the material, confine the AA movement to its sole aim, and ensure (however wealthy as individuals we may become) that AA itself shall always remain poor.*

For us in AA, money, property, and prestige are not particularly relevant and, if anything, a distraction from the core activity of AA: one alcoholic talking with another. Although an AA group should not affiliate or lend the AA name to outside organizations, AA groups and members work in a spirit of cooperation with outside organizations, carrying the AA message into hospitals, treatment centers, and correctional facilities, or sharing information about AA with the public or with professionals.

Remember, Tradition Five tells us that each group ought to be a spiritual entity, having but one primary purpose—that of carrying its message to the alcoholic who still suffers. While we cooperate with related entities that may offer therapeutic services for a profit, AA offers a spiritual solution, and we do it for fun and for free—even if we are carrying that message into another organization.

Cooperating with outside organizations while drawing a line at affiliating, we avoid disagreement, argument, division, and problems about money, property, and prestige, and our focus can remain on the primary purpose of AA. As with all our Traditions, Tradition Six supports our unity.

Alcoholics Anonymous Comes of Age sums it up nicely on page 109, where it says,

» *The more AA sticks to its primary purpose, the greater will be its helpful influence everywhere.* △

Haiku By Jeff U

June: Step 6

Think you are ready?
Comfortable defects, so
Not entirely

Letter From the Editor

This issue is about willingness — the quiet yes we say before we can see where the road leads, like the figure on our cover standing arms-open at the edge of the valley. You'll find it everywhere in these pages: Stephan M. on the step that "separates the men from the boys," Julie P. on Tradition Six, Lee R. on Concept VI, and three lines from Jeff U that land the whole idea better than I could. Willingness even runs through our finances this month, laid out dollar by dollar in the open — because, as the saying goes, willingness begins with honesty.

There's a lot to be willing for right now: news of our move from the Georgetown home of 25 years, a committee shaping what comes next, and the joy of watching AA turn 85.

I want to thank you once again for taking the time to read the stories, steps, and traditions, view some artwork, enjoy a puzzle, read a haiku, get excited about the upcoming special events, and learn more about the important service work our fellowship engages in. Summer is here, the sun is shining, God is with us in all that we do. Thank you. You are truly a miracle.

Peter J.
Newsletter Editor
newsletter@seattleaa.org. △

AA Concept VI

The Right of Appeal and Petition By Lee R., Third Legacy Chair

Concept VI: "On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous."

Understanding the Bigger Picture

Concept VI addresses a challenge that exists in almost every organization:

Who is responsible for doing the work? And, who has the authority to act?

In A.A., the General Service Conference carries final responsibility for world services. But the day-to-day initiative and active responsibility for much of that work belongs to the General Service Board and its trustees.

This arrangement may seem complicated at first, but it reflects an important truth: responsibility and authority must stay connected.

If a person or committee is expected to carry responsibility but is denied the authority to act, frustration and confusion usually follow. On the other hand, authority without accountability can quickly become unhealthy.

Concept VI seeks a careful balance between those two extremes.

Trusting Trusted Servants

The General Service Conference cannot directly manage every daily detail of A.A.'s world services. Trustees, boards, committees, and service offices exist because practical responsibility must be entrusted somewhere.

Concept VI recognizes that trusted servants must be allowed to exercise initiative within the responsibilities they have been given.

This does not mean they operate independently of the Fellowship. It means the Fellowship trusts them to handle much of the active work while remaining accountable to the Conference and, ultimately, to A.A. as a whole.

In many ways, this Concept builds naturally on the earlier Concepts:

- Concept I establishes ultimate authority
- Concept II delegates authority through the Conference
- Concept III grants the Right of Decision
- Concept IV protects participation
- Concept V protects appeal and minority opinion
- Concept VI helps all of those principles function together in practical service.

The Spiritual Principle Behind It

At its heart, Concept VI is about responsibility and trust.

Recovery teaches many of us that responsibility cannot simply be avoided or endlessly deferred to others. It also teaches us that healthy leadership requires humility, accountability, and willingness.

A.A.'s service structure reflects those same principles.

Trusted servants are asked to act responsibly, not passively. The Fellowship, in turn, is asked to trust those servants enough to allow them to do the work they have been entrusted to perform.

This balance between accountability and freedom is part of what allows A.A. to remain both effective and spiritually grounded.

Why It Matters to Us Individually

Concept VI appears in ordinary group life more often than we may realize.

Every time a committee is trusted to carry out a project...

Every time a treasurer is allowed to manage group funds responsibly...

Every time a service position is given both responsibility and reasonable authority...

We are practicing the principles behind Concept VI.

This Concept reminds us that effective service depends on trust, clarity, and willingness to share responsibility appropriately.

And maybe that's the quiet reassurance of Concept VI:

When responsibility and authority remain balanced, service becomes less about control—and more about carrying the message together.△

Corrections Corner

Pink Can

We offer heart felt thank yous to Admiral SW Siders, Happy Hour, Broadview Womens Big Book Study, MOB, Gunnysack Hill, Lucky Ladies, Duck Island, Big Book West, Monday Night Winners, Dawn Patrol II, Mountlake Terrace Wednesday Night and White Center groups, and anonymous individuals who contributed $840 to the Pink Can Fund in March and April. We spent $565 to purchase AA approved books, pamphlets, meeting directories, and a starter kit for FDC, SCORE and Monroe Correctional Facility.

Federal Detention Center (FDC) and the Plain Language Big Book

(by Karen K)

The womens meetings at FDC have taken on a whole new energy since we brought in the Plain Language Big Books a couple months ago. Where we used to have 2-5 women, we now have 5-11 women, many of whom attend regularly. FDC has two womens wings and we alternate weekly (Thursdays at 5:30pm) between each wing. Both wings have asked if we could come weekly to their wing. Right now that's not an option.

What I love about this new energy is how much easier the book is to read aloud, and how we sound like we are just talking with each other while reading. The message seems to hit deeper inside all of us in the room. More women are opening up about their drinking and feelings. And I see more connections among the women during the meeting. I feel so lucky to be a part of these meetings and continually feel like we are all so much alike even though our situations are different right now.

One day, we had so many people we used the regular, Spanish and plain language big books simultaneously! One of the women interpreted. We would read a paragraph in one book, the next in another and the next in the third book. It was really beautiful and everyone waited while the interpreter moved between English and Spanish. We shared and then closed saying the serenity prayer in English and Spanish together. It was a beautiful moment.

If you're interested in taking meetings into any of the correctional facilities we support (mens and womens meetings), see below!

Want to learn more? Many ways to do this!

Visit https://www.seattleaa.org/corrections to get lots more info and complete a short survey about your interests in corrections.

Ask your home group or district to invite a rep from the Corrections Committee to your monthly business meeting. We're happy to attend, share info and answer questions.

Attend the Corrections Committee meetings the 2nd Monday of each month at 6:30pm on zoom and in person at the Intergroup office. (zoom: 87227719137, PW 833575, Intergroup 5507 6th Ave S, Seattle 98108).

Questions? Send an email to volunteercorrections@seattleaa.org We'd like to hear from you! △

WHAT IS THE BLUE CAN?

Many folks know about the Pink Can-Corrections. There's also a Blue Can-ASL. Both are critical for providing access to the solution.

Presently, there is a meeting in Seattle on Zoom that provides an interpreter three times a week and is well attended by Deaf alcoholics from United States and Canada.

This is a great fact: most Deaf alcoholics have no meetings available that not only makes the meeting accessible, but is more than once a week, and discuss Steps, read the Big Book. But Abigail's Ghost AA meeting, which meets on Zoom, (both hearing and Deaf) is that special meeting.

It costs around $1,000.00 a month to make this happen. And Abigail's can't afford it alone.

Greater Seattle Intergroup has a Blue Can, which covers interpretation expenses for Deaf who choose a meeting.

Examples of Purpose

These include ASL interpretive services for members to access meetings that groups cannot afford. Also, for the cost or at specific events, such as home group business meetings, District meetings or attendance to Speaker meetings. A Deaf member can say, "Yes" when asked to speak at a meeting and the Blue Can will provide the cost of the interpreter. If a newcomer reaches out to go to a local meeting near their home, the Blue Can can cover the cost of the ASL interpreter.

If you have questions about the Blue Can, please feel free to contact the GSIG Accessibility email: accessibility@seattleaa.org

AA resource A.A. Guidelines on Sharing the A.A. Message with the Alcoholic Who Is Deaf | Alcoholics Anonymous △

Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
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(206) 587-2838 — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

May 19th, 2026

OPENING



Call to Order & Serenity Prayer. Approval to record the meeting (Jeff, Chair). Tradition Five read by Karrie (12th Step Chair); Concept Five read by Shannon. May AA birthdays - Jenza 18 months; Trent 2 years; Sarah 23 years.

ROLL CALL — 12 of 17 voting members present (quorum is six).

Officers (4 of 5): Jeff (Chair), Carina W (Vice Chair), Karla L (Chair Emeritus), Sui D (Secretary) present; Pete K (Treasurer) absent.

District Reps (8 of 12): present — Ruth P (D14), Blake P (D15), Ricky T (D16), Lara/William (D18), Bobby T (D24), Thomas H (D31), Samantha M (D32), Sarah F (D42); absent — David S (D17), Aaron C (D33), Daysha G (D40), Laura C (D41).

OFFICER REPORTS

Chair — Jeff U:

Thanked Vice Chair Carina for covering last month (his first board meeting missed in many years). Two long-simmering chair projects have not progressed - (1) a letter from the board to the groups about what's happening at Intergroup, still intended; (2) a data-sharing project with Area for communication systems, which will require more work and a forthcoming proposal. Noted Office Manager Lara's resignation (concluding in September after the picnic; timeline covered in New Business). Announced that office committee member Bob F suffered a stroke and is at Harborview facing a long recovery — currently unable to speak or stand. Held a moment of silence for Bob.

Vice Chair — Carina W:

Shadowing the Chair more closely to be ready to fill in again. US Bank explained the steps to add her as the second account signer so past Vice Chair Eddy M-M can be released from that responsibility. Looking forward to serving in the next Office Manager hiring process; enjoyed collaborating on those details at the last Office Committee meeting.

Chair Emeritus — Karla L:

Nothing to report.

Treasurer — Pete K: (absent; Jeff presented)

April: ~$22,500 income; ~$19,500 gross profit; ~$23,000 expenses; net income approximately -$3,600. The loss was driven by two post-audit adjustments (audit by past chair Mike and Lara) - ~$750 in previously unrecorded depreciation, and a Triple Net catch-up of ~$2,500 (shared common-area expenses; we had been undercharged for the prior year). Going forward Triple Net rises by $150–$200/month. Backing out the $2,500 catch-up and $750 depreciation, the month was roughly break-even. For the year, GSIG is now just barely in the red — about a couple hundred dollars.

MOTION — Approve Treasurer Report: moved Bobby T, seconded Adam T. Unanimously approved.

Recording Secretary — Sui D:

Thanked all who submitted reports. Apologized for sending an agenda instead of minutes on the 12th; will not recur.

MOTION — Approve Minutes: moved Carla, seconded Bobby T. Unanimously approved. (Minutes posted at seattleaa.org/intergroup/intergroup-board/)

INTERGROUP STAFF REPORTS

Office Manager — Lara R:

Inventory: new "Twelve Steps Illustrated Table Top Display," $25.00 + tax.

Financial: cleaned up 2025 financials this month; paid the Triple Net actual-vs-projected discrepancy (~$2,200); Triple Net increases $200/month going forward.

April Call Log: 12-step 4; calls 121; chats 91; total points of contact 216.

Bob F: suffered a stroke after the Service Manual Study this month; fortunately not alone and help arrived quickly. Latest from Jennifer R - no major change; Bob remains nonverbal and unable to eat solid food but is alert, aware, enjoys the Grapevine read to him, and responds to touch. Nursing staff now require all visitors to check in before entering (sign posted); allow extra time (10–15 min wait).

Resignation: Lara has accepted a full-time teaching position; targeting August 16th as her last day (her first day was the 2019 picnic — full circle). Calls it the greatest job she's had. Applications open now via the website; send work resume, service resume, and cover letter to lara@seattleaa.org. Office Committee will contact applicants; hoping to begin training the new manager August 1st.

Assistant Office Manager — Anita S:

Heartfelt tribute to Lara's professional and personal impact, including navigating the post-COVID reopening and serving on the Communications Committee (a direct line to GSO). Happy for her next chapter. Note - the Phoenix Club is closed until at least May 21st, 5pm. Shared two quotes from the 85th Anniversary of AA in Washington (via Aaron B) - "It's time to take some actions you can't yet believe in." / "I can't see my own recovery, but I can see others recovering when I spend time with them."

OLD / NEW BUSINESS

"What Should Intergroup Sell" Poll — Shannon, Office Committee:

A poll (not a survey) run over the past few months to inform a possible district motion at next month's Spring Assembly. As of May 16th, 2026, there were 85 responses across two questions.

1. Sell non-conference-approved literature (books associated with recovery and AA history) - 55 of 85 (65%) yes.

2. Expand non-literature items (wider selection of coins, coin covers, books, cards) - 62 of 85 (73%) yes.

Recommendation: a district (or group/hall — per Karla) should consider bringing a motion (or separate motions for literature vs. non-literature) to the Board Chair before the Spring Assembly. Jeff asked that any proposals be brought to him before the assembly. Comment raised on whether funds exist for this. Jeff, on

a hypothetical about logistics if passed - a general motion would likely pass to staff and the Office Committee to work out specifics and implementation; no motion exists yet.

Looking for a New Office Manager — Jeff:

Top new-business item. The Office Committee owns the search, interviews, and hiring recommendation. Timeline set at last week's committee meeting - resumes accepted until June 15th (work and/or service resumes; open only to AA fellowship members). Office Committee conducts interviews, with Carina assisting as able; interviews likely begin before the deadline and run ~a week after. Want at least a 2-week overlap with Lara for training, so hoping the new manager starts August 1st; time built in for notice periods and benefits/pay negotiation. Announcement is on the website and has gone to all district DCMs, the digital newsletter, and the High & Dry. A larger qualified applicant pool is healthier for Intergroup — please spread the word. Renewed thanks to Lara.

SERVICE COMMITTEE REPORTS

Relocation — Ed H: No report.

Office Committee — Stephen M: Discussed Shannon's poll and Bob F (whether to seek an interim person for his committee seat). Learned of Lara's resignation (Aug 16) and set a timeline/procedure for replacement.

Accessibility — Jinah W: No report.

Archives — Teresa S: Missed the Area Quarterly (IT limitations); did filing and sorting. Reminder - the Web team must save an electronic office copy of each approved set of monthly Board Minutes.

Corrections — Karen K:

Pink Can (March & April): thanks to contributing groups and individuals for $840; spent $565 on AA-approved books, pamphlets, directories, and a starter kit for FDC, SCORE, and Monroe Correctional Facility. New Vice Chair for Corrections - Neil B (first project - finalize the long-stalled Corrections Committee Handbook updates with the secretary; will take meetings into the Federal Detention Center once badged). Newly approved volunteers - 4 for FDC, 2 women for SCORE, 2 women for the Helen B Ratcliff House (Beacon Hill). Bob F had been interim facility coordinator for SCORE men's meetings; Danny is taking over. Still need more men and women for FDC, SCORE, Juvie, and work-release houses. Area 72 Corrections has a subcommittee evaluating NorCal H&I's Inside Visiting Sponsorship Program for possible western-WA use; Volunteer Coordinator Jennifer S is participating. Attending the Area 72 Corrections Quarterly in June (Mount Vernon) and tabling at the August Intergroup Picnic. Contact - volunteercorrections@seattleaa.org; monthly meetings 2nd Mondays 6:30pm (Intergroup or Zoom).

Hospitals & Treatment — Mikey C:

Thanked trusted servants serving facilities as summer commitments ramp up - Key Recovery (South Park/West and many); Bread of Life (Seattle); Union Gospel Mission (Riverton/Seattle); Hope Place (Jill P and women volunteers); Salvation Army Bridge at the Booth (SoDo); Harborview; Lakeside Milam (closed panel); Renton (Titus); Auburn (Tanner, retired); King County Residential; UW NW Hospital. Monthly meeting is first Saturdays 10am in the board room (details on the seattleaa.org events page).

Newsletter Editor — Peter J:

June (Vol. 77, Issue 6) - Step/Tradition/Concept 6, theme Willingness, plus AA's birthday (June anniversary of founding). July (Vol. 77, Issue 7) is open for submissions - Step/Tradition/Concept 7, principle Humility. Send stories, experience, artwork, photos, poetry, flyers. July deadline June 25. Submit to newsletter@seattleaa.org.

Nightwatch — Rob S (presented by Lara):

Three open 4-hour shifts: 1st Sunday 2–6a; 2nd Sunday 10p–2a; 3rd Sunday 10p–2a. Contact Rob Smith 206-601-0061 (text preferred) or Nightwatch@seattleaa.org. Please spread the word at home groups.

Public Information / CPC — David D: No report.

Special Events — West C:

Mission: plan social activities providing fun, food, and fellowship. Now meeting bi-weekly — first Tuesdays 6pm and third Saturdays in the GSIG Board Room. "Steps in Time" talent show tryouts held May 16th (1–3pm); another tryout in September. Movie Trivia Night ("Crazy Heart") held May 16th with prizes (thanks Seth, Becky, Ruth). Spring Assembly Beach-Themed BBQ - Tuesday June 16th, 6pm. Big AA Picnic at GSIG celebrating 80 years — car show, 50/50 raffle, food, prizes, "Ray's Garage" band (thanks Joey for flyers). "Steps In Time" - October 24th (1–7pm), Grace Lutheran Church, Des Moines — 50s costume theme, talent show, skit, dinner, live-music dance; tickets $20, on sale now. 2026 Watch Party date TBD now that the Seahawks schedule is out. Next meeting Tuesday June 2nd, 6pm.

Third Legacy — Lee R: No report.

Twelfth Step — Karrie C:

Strong volunteer group answering website chats (biggest responsibility this year). Will update the 12 Step volunteer phone list. To volunteer or for questions, reach Karrie C at 12step@seattleaa.org.

Web & Tech — Peter J / Dash M:

Reconnected Lara's Printer.

DISTRICT REPORTS

(District meeting details at seattleaa.org/district-map/)

D14 (West Seattle, White Center, Vashon) — Ruth P: Meets 2nd Tuesdays 7pm. Split Alt DCM and Registrar roles; added an Activities Chair (picnic, holiday party). Churn as Admiral UCC is being torn down — all groups (some there 50 years) must relocate. Annual picnic Sunday Sept 13, Lincoln Park.

D15 (Downtown, South Seattle, West Capitol Hill) — Blake P: Meets 2nd Tuesdays 7pm at Intergroup. Small meeting. Co-hosting the delegate report-back May 31st, 1–4pm; packaged individual servings only at that facility.

D16 (Lake City area) — Ricky T: Met April 15 at Journey Christian Church (no Zoom — considering in-person-only due to lack of Web/Tech chair); 5 of district's groups represented. Group highlights — Lake City - positions filled, potluck Apr 27 6:30; Lake City Young People - BLA panel, preconference feedback; Tuesday Night Special - accessibility division issue resolved; Reservoir - 50th potluck Apr 26 5:00 + speaker meeting; On Awakening - 20th-

anniversary potluck, Lexi may serve as alt GSR. AltDCM Ricky reported from the Area Business Quarterly/ Preconference; no treasurer report. Welcomed Fremont Fellowship as members. Co-hosting Central Delegate Report-Back May 31 at Ryther (2400 NE 95th St), 1–4. High school panels at Seattle Prep and Bishop Blanchet May 21–22. Building a Service Roadshow; established chairs for a district picnic and an AA booth at Lake City Days Parade.

D17 (Ballard, NW Seattle) — David S: No report.

D18 (Renton, Kent, Tukwila) — William: Not much to report.

D24 (SW Snohomish — Everett, Lynnwood, Mountlake Terrace) — Bobby T: Met May 6th (41 in person, 4 online). Annual picnic July 18th, Edmonds City Park, 12:30–6pm. New Veterans and Friends meeting Mondays 6pm at St. Alvin's, Edmonds (had 7 last night) — gaining traction after the founder handed it off.

D31 (Burien, Des Moines, Normandy Park, SeaTac, Tukwila) — Thomas H: Meets 2nd Wednesdays via Zoom, quarterly in person (Area Treasurer/Alt Treasurer at June in-person meeting). Open positions - Corrections, Treatment, Accessibility, Treasurer, PI, Archives. Home groups supporting Bob Fox via cards to Intergroup. Delegate Report-Back May 31, 1–4pm, Ryther School. District inventory June 20, Grace Lutheran, 1–4pm (facilitated by past Delegate Alan Foster). CPC Road Show Sat 9/12 at Grace Lutheran. Hosted a panel/meeting with the WA Mental Health Counselors Association Conference (SeaTac) May 2. Pre-Assembly Saturday Aug 8 (venue/time TBA).

D32 (Algona, Auburn, Federal Way, Pacific) — Samantha M: Met May 4th (22 voting members). Annual picnic July 19th, 11:30–2:30, Still Lake Park (flyers at Intergroup). School-panels person re-engaged; Auburn School District has a substance-use prevention contact and was unaware of panels. Combined PI and school-panels into one position. New corrections chair Matt H (may contact Karen). DCM did a 2026 wrap-up Apr 19 and is prepping for August pre-assemblies.

D33 — Aaron C: No report.

D40 (East-Central Seattle — East Capitol Hill, CD, Madrona, Madison Park, Leschi) — Daysha G: Meets 1st Tuesdays 7pm on Zoom (ID 636 349 2454, no password); quarterly hybrid met at Intergroup May 5. Open positions - Accessibility, Corrections, CPC/PI; Secretary opens in December; discussed creating a Third Legacy position. Shared inventory survey with GSRs. Site - seattleaadistrict40.com.

D41 (Queen Anne, Magnolia, part of South Lake Union) — Laura C: No report.

D42 (North Seattle, Shoreline, Lake Forest Park, Richmond Beach) — Sarah F: Second in-person/hybrid meeting at North Seattle Church (2150 N 122nd St); dinner 6:30, meeting at 7. Good attendance. Jaywalker Meeting sponsored dinner; members made cards for Bob. GSR had Bridging the Gap questions — reached out to Mike. District inventory at the June meeting; several vacant positions. On a personal note, Sarah is moving to Tucson and resigning; possibly has a successor lined up.

AA HALLS AND CLUBS

A New Beginning — Trisha A: No report.

Ed-Lynn Fellowship — Marcus: No report.

Fremont Fellowship Hall — Adam R: 11565 5th Ave NE. Thoughts with Bob F, who mediated their lengthy steering-committee meeting the day before his stroke. Dance June 6th — first at the new location; may become monthly.

Greenwood Fellowship — Luis (Lois): Founders Day June 10th, picnic-style — burgers, watermelon, desserts at noon plus a repeat for the 8pm meeting group ("rolling barbecue"). National speaker Adam T (Los Angeles) on the 30th, with a celebration for Mark J (40 years, helping seek speakers). Running Young/Mid/Old/Grand-timer celebrations through the year (Mid-timers held last Saturday).

Pass It On — Jeffery F: Meetings at 8, 12, 5, 7, sometimes 10 (on the app); working with Lara to keep slots current. June speaker meeting moved from 2nd to 3rd Saturday in honor of A&B's Founders Day (a couple blocks away).

Serenity Hall — Trent H: Group inventory May 30th.

The Southend Fellowship — Lynn U: Working to grow membership; now only a 5pm meeting, Monday–Saturday. Business meeting first Saturday monthly — asked Sui about getting minutes a day before. Rewrote bylaws into simpler "Rules and Guidelines." New prospective H&T rep; coordinating with Mikey.

UPCOMING EVENTS

seattleaa.org/events

Seattle Group AA Meeting (GSIG): Saturdays 6:00 PM.

Service Manual Study (GSIG Hybrid): 1st Sunday 11:00 AM.

85 Years in WA (Planning, GSIG Hybrid): every other Saturday 4:00 PM.

FIVE MAIN TAKEAWAYS

1. The Assembly — June 16th, 2026. All groups and halls can vote. Hawaiian theme.

2. 80th Annual GSIG Summer Picnic — August 16th, 2026, at Intergroup. Needs volunteers.

3. Steps in Time — seeking talent; contact West (specialevents@seattleaa.org).

4. New Office Manager search — resume deadline June 15th, 2026.

5. Open Nightwatch positions (1st Sun 2–6a; 2nd Sun 10p–2a; 3rd Sun 10p–2a) — Rob S, 206-601-0061 (text) / Nightwatch@seattleaa.org. Also take the "what to stock" poll back to the districts.

WRAP-UP

Motion to close — seconded; unanimously approved. Adjourned with the Responsibility Statement.

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APRIL 2026 · FINANCIAL SUMMARY

GSIG APRIL FINANCIALS

Greater Seattle Intergroup

Willingness begins with honesty. Here is every dollar this month — what came in, what we put to work, and where we still have room to grow — set out plainly, in the open.

THE MONTH IN FULL VIEW

Income	$22,599.59
Expenses	$26,222.69
Net (Apr)	−$3,623.10

ONE-TIME CATCH-UP

YEAR TO DATE

−$134.44

Net income through April — just barely in the red after the prior-year audit true-up.

YTD NET INCOME

OPERATING FUNDS

$18,451.27

Checking + Savings — what we tend daily.

READY TO SERVE

WHY APRIL DIPPED

Two one-time, prior-year audit corrections landed this month — **$764.00 depreciation** and a **≈$2,500 triple-net catch-up**. Strip those out and April was essentially break-even. Triple net rises about **$150–$200/month** going forward.

The Prudent Reserve

75.4% TO GOAL

ON HAND TODAY	TARGET
$47,574.67	$63,078.00

RESERVED · SHORTFALL

Funded $47,574.67 · Still to grow $15,503.33 · Target $63,078.00 — flat this month (+$2.40 interest).

WHERE THE FUNDS REST

U.S. Bank — Checking OPS	$16,989.29
U.S. Bank — Savings OPS	$1,461.98
U.S. Bank — Money Mkt RESERVE	$47,574.67
Total on deposit	**$66,025.94**

Committee Earmarked Funds

SET ASIDE & READY

FUNDS HELD FOR COMMITTEE USE — **TOTAL EARMARKED $8,406.61**

Corrections	Accessibility	Big Book / Literature
$5,619.13	$2,107.11	$680.37
67% of earmarked · Acct 2211	25% of earmarked · Acct 2213	8% of earmarked · Acct 2215

HAPPY 91ST AA!

Every figure here is laid out in the open — income, outflow, and the work still ahead. Willingness starts with an honest accounting.

PROFIT & LOSS · JAN 1 – APR 30, 2026

YEAR TO DATE — PROFIT & LOSS

Greater Seattle Intergroup

Four months, side by side, with nothing held back — every dollar in and every dollar out. The first move toward willingness is a clear and honest look.

TOTAL INCOME	COST OF GOODS	TOTAL EXPENSES	YTD NET INCOME
$99,533	**$23,731**	**$76,657**	**−$134**
Contributions + sales + events	Literature, directory, coins	Operating + payroll + rent	Four months — barely in the red

Four Months, Side by Side

INCOME VS. NET

JANUARY		FEBRUARY		MARCH		APRIL	
Income	$35,402.17	Income	$20,168.16	Income	$21,362.84	Income	$22,599.59
Expenses	$31,917.89	Expenses	$20,727.72	Expenses	$21,519.91	Expenses	$26,222.69
Net +$3,484.28		**Net −$559.56**		**Net −$157.07**		**Net −$3,623.10**	

Net shown is operating; +$721.01 other income (interest + a one-time card reward) brings YTD net to −$134.44.

Where the Income Came From

$99,533 YTD

CONTRIBUTIONS — 71%	$70,231.79
Group Contributions	**$53,456.73**
Sustainers Program	**$6,684.83**
Individual & Other	**$6,161.46**
7th Tradition Collections	**$2,544.91**
Birthday Contributions	**$1,138.86**
Group Insurance	**$245.00**

RETAIL SALES & OTHER — 29%	$29,300.97
Literature Sales	**$21,143.41**
Coin Sales	**$3,842.74**
Meeting Directory Sales	**$3,217.00**
Shipping Income	**$385.35**
Special Events Income	**$468.00**
High & Dry Sales	**$244.47**

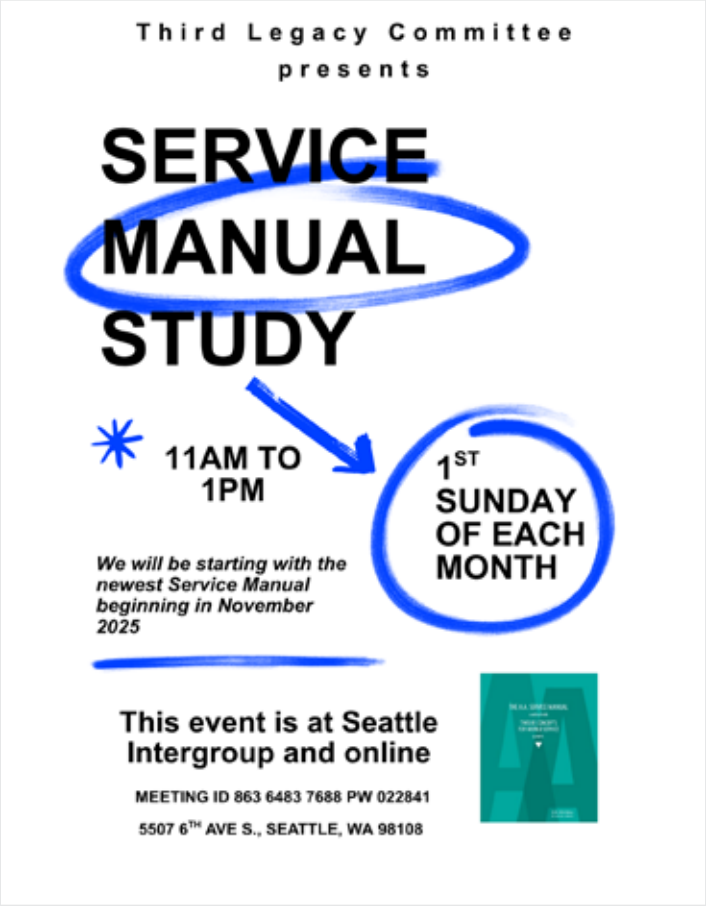
Where the Dollars Went

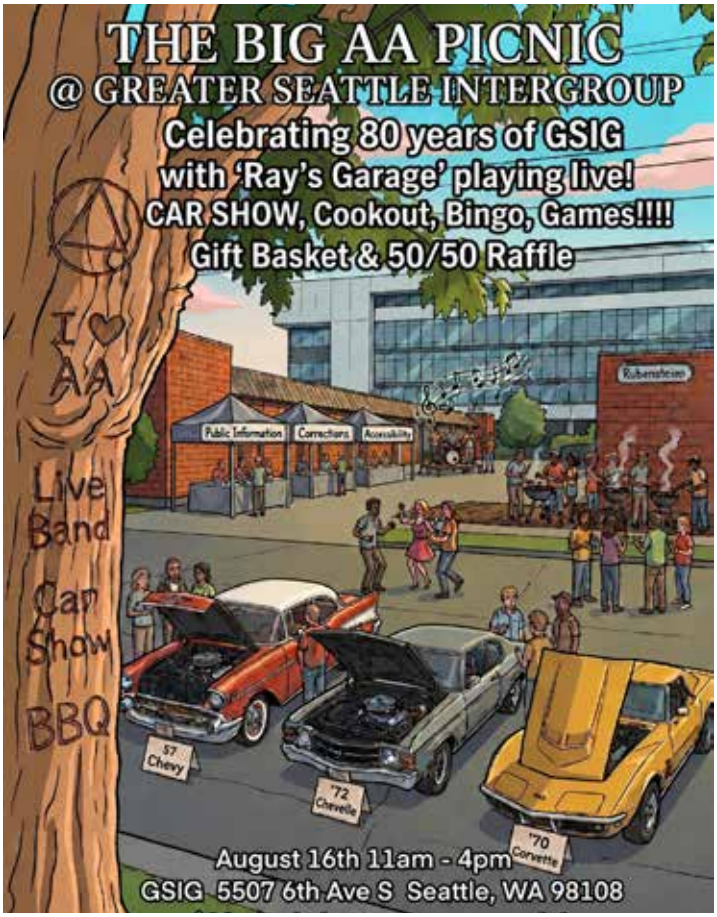
$76,657 YTD EXPENSES

RENT & OFFICE	PAID STAFF	OTHER OP. COSTS
$38,621	**$30,724**	**$7,312**
50% of expenses	40% of expenses	10% — fees, software, taxes, committees

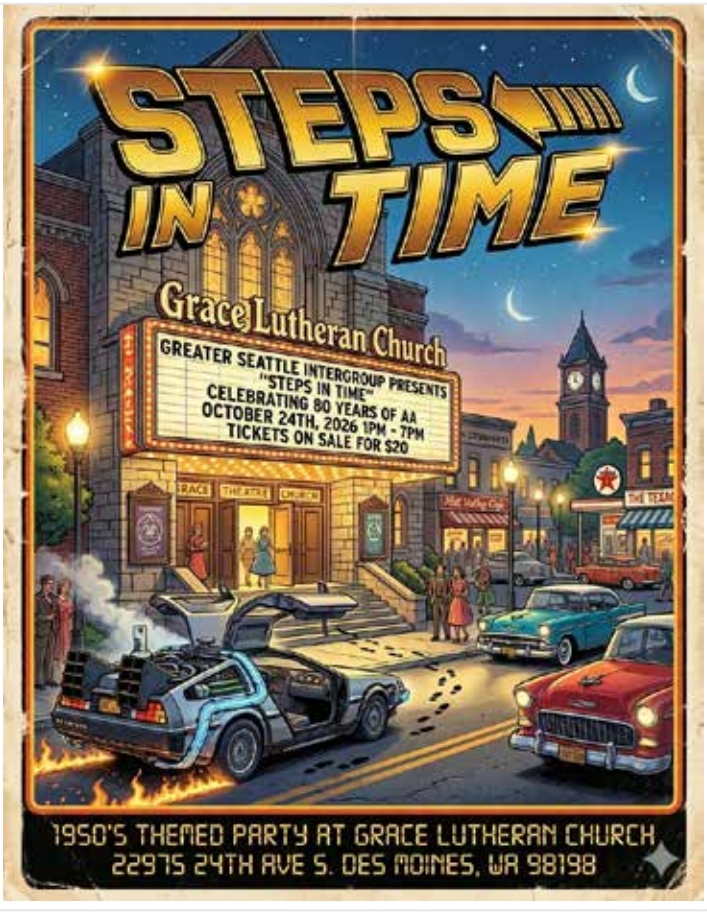
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EVENT FLYERS









A.A. was founded on the premise that it would be self-supported through member contributions.

For the past 60 years, contributing a single dollar has been almost a tradition



12PK OF BEER

1960 … $1.70
1970 … $1.98
1980 … $3.40
1990 … $4.96
2000 … $6.30
2010 … $8.07
2024 … $12.25



CIGARETTES

1960 … $.20
1970 … $.65
1980 … $1.65
1990 … $2.00
2000 … $3.00
2010 … $5.50
2024 … $7.93



GAS

1960…$.22
1970…$.35
1980…$.35
1990…$1.10
2000…$1.25
2010…$2.70
2024…$3.19

$1.00 in 1935 would be worth **$23.03 in 2025! Today's dollar has only 9 cents of the purchasing power of a 1960's dollar.**

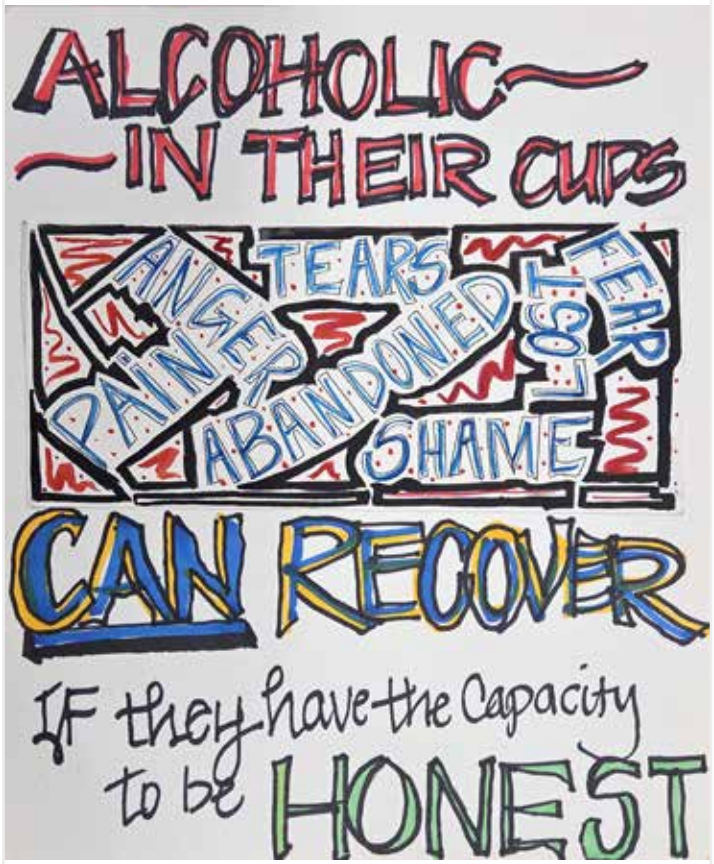


Acknowledging these economic facts, why not responsibly compensate by dropping in 3 bucks for 2025?



For those that can't afford it, the important thing is to keep coming back!

This poster is unofficial. It was not printed by AAWS. Printed by Lancaster Area Intergroup.







SERENITY NOW

monthly birthday and POTLUCK CELEBRATION

7:30PM LAST WEDNESDAY OF EVERY MONTH
MEETING AT 8PM
3601 SW ALASKA ST, WEST SEATTLE

Pacific Northwest Conference
June 26th - 28th 2026

Hosted by Western WA Area 72
Heathman Lodge
7801 NE Greenwood Dr, Vancouver WA 98662

Join us for a weekend of service panels, fellowship and fun in beautiful Western Washington.

1ST PANEL STARTS FRIDAY 4P
ENDS SUNDAY 12P

To register online visit **www.pnc1948.org**

REGISTRATION

Name: _____
Name on Badge: _____
Email: _____
City/State:_____
Phone: _____ Area: _____
Interpretation: Spanish _____ ASL _____
Volunteer by clicking here

Heathman Lodge
7801 NE Greenwood Drive, Vancouver, WA 98662
Cost: $166 per night* + $10 per add'l person
Group Rate "Western Washington Area 72 AA"
Book online here
For group rate please book by 05/27/2026
*Plus facilities fee of $15 per night for amenities (pool, sauna, wifi, parking, gym, laundry services)

Registration
In person $45 —
Online $25 —
Friday Taco Bar* $34 —
Veggie __
Sat Burger, Tots & Salad* $34 —
Veggie __
Sat Buffet Dinner* $57 —
Veggie __
Sat Ice Cream* $20 —
Pre-Ordered Merch (see pg 2) —
Total Enclosed —

*Food Cutoff is 6/19/2026

Please make checks out to "PNC 2026 " at 3640 S Cedar St S, Tacoma, WA 98409

For more information contact PNC 2026
pnc2026chair@area72aa.org

01/18/2026

LIVING IN Sobriety

SUMMER PICNICS

Celebrate the joy of sobriety with us at our Summer Picnics, where fun, food, and friendship await!

SHELTER #1

EVENT DETAILS

Dates:
- Tuesday, June 9, 2026
- Tuesday, July 7, 2026
- Tuesday, August 11, 2026
- Monday, September 7, 2026

Time: 5:30 PM onwards

Location: Golden Gardens State Park, Shelter #1

Join us for evenings of LAUGHTER, CONNECTION, AND COMMUNITY SPIRIT, *celebrating life in sobriety!*

♥ 'EVERYONE IS WELCOME!' ♥

FELLOWSHIP OF THE SPIRIT 2026

June 18th-21st @ YMCA Estes Park

ABOUT

Founded in 1992, Fellowship of the Spirit (FOTS) is held annually in the Colorado mountains. This 4-day, family friendly conference gathers hundreds of AAs and Al-Anons to attend 12 step workshops and hear amazing speakers from far & wide. Fellowship of the Spirit is not to be missed!

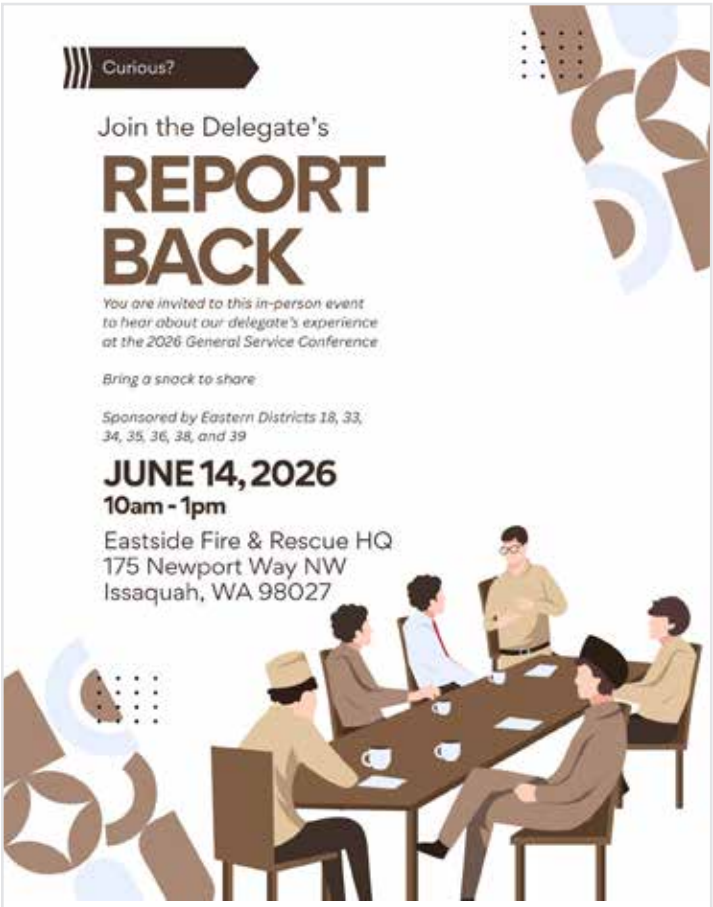
THIS YEARS EVENT

LOCATION/ REGISTRATION/ LODGING
YMCA 2515 Tunnel Rd in Estes Park, Colorado
New dates this year June 18th - 21st
Registration opens February 1st
Room reservations @FOTS.com or 970.586.3341 (SEE INFORMATION BELOW)
Outdoor activities, yoga, Fellowship BBQ Dinner Campfire meetings, Ice cream social & MORE!

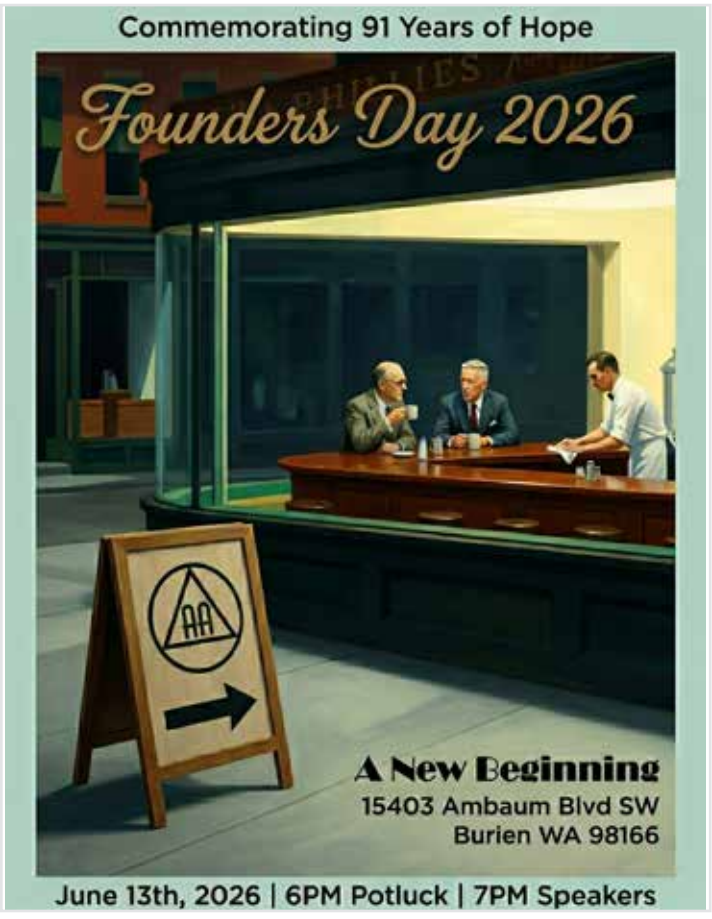
ROOM RESERVATIONS
1. Select your arrival and departure dates.
2. Enter the group code: Y001AIBB3S (case-sensitive).
3. Enter the number of adults (ages 13 and over). Add Children ages 6-12 to the comment section.



MORE INFORMATION AT


Curious?
Join the Delegate's
REPORT BACK
You are invited to this in-person event to hear about our delegate's experience at the 2026 General Service Conference
Bring a snack to share
Sponsored by Eastern Districts 18, 33, 34, 35, 36, 38, and 39
JUNE 14, 2026
10am - 1pm
Eastside Fire & Rescue HQ
175 Newport Way NW
Issaquah, WA 98027


AA/AL-ANON
Northwest
FELLOWSHIP
of the SPIRIT
SAVE THE DATE!
SEPT 10th-13th
Festhalle Civic Center, Leavenworth, WA
BANQUET, BBQ, DANCING, GAMES and FUN!
SPEAKERS: Kurt Z, CA| Matthew M, CA | Tom B, CO
Damon C, WA | Louise H, WA
An experience you must not miss!
More info coming soon!
nwfots.square.site


Commemorating 91 Years of Hope
Founders Day 2026
A New Beginning
15403 Ambaum Blvd SW
Burien WA 98166
June 13th, 2026 | 6PM Potluck | 7PM Speakers


YOUR EVENT WOULD BE LISTED HERE:
IF YOU SUBMITTED IT TO THE...
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JUNE 2026
High & Dry

High & Dry

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Do you have something you would like to submit to The High & Dry newsletter?
We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.

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Greater Seattle Intergroup
of Alcoholics Anonymous

Get Involved

If you are interested in getting involved with the Greater Seattle Intergroup, please fill out this form and mail it to us, email it to us at *info@seattleaa.org*, or give Lara or Anita a call at (206) 587-2838.

Name:	
Address:	
City/Zip:	
AA Anniversary/ # of years	
Contribution enclosed or I am Interested in:	
Home Group:	

If mailing, send this form to:
Greater Seattle Intergroup, 5507 6th Ave S. Seattle, WA 98108

Link to GSIG Online Contributions

https://www.seattleaa.org/online-contributions/