VOLUME 76 | ISSUE 07 JULY 2025

# High & Dry



Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
**Office Hours** — Mon: 10:00 a.m. – 2:00 p.m., Tues-Fri: 10:00 a.m. – 6:00 p.m., Sat: 10:00 a.m. – 2:00 p.m.
**(206) 587-2838** — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

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-Art work by Jenza H.

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# FUTURE TRIPPING

## June 2025 GSIG Events

### 2 — Accessibility Committee
- 02 @ 6:00 pm - 7:00 pm
- Virtual Meeting — Virtual Meeting
- Meeting ID: 885 9521 8136
- Passcode: 611317

### 3 — 2025 International AA Convention
- 03 @ 12:00 am - 12:00 am
- Virtual Meeting
- Save the Date! July 3-6 2025
- General Service Office Website

### 4 — 2025 Meeting Under the Tree
- 04 @ 10:00 am - 11:30 am
- Seattle Center
- 305 Harrison St, Seattle WA 98109
- Link to Location

### 5 — Hospital and Treatment Committee
- 05 @ 10:00 am - 11:30 am
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 820 0608 7832
- Passcode: 088776

### 6 — Service Manual Study
- 06 @ 11:00 am - 1:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 863 6483 7688
- Passcode: 022841

### 10 — 12th Step Committee
- 03 @ 6:00 pm - 7:00 pm
- Virtual Meeting — Virtual Meeting
- Meeting ID: 835 0869 0642
- Passcode: 749607

### 14 — Corrections Committee
- 14 @ 6:30 pm - 8:00 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 872 2771 9137
- Passcode: 833575

### 15 — 2025 Living in Sobriety Barbeque
- 15 @ 8:00 am - 5:00 pm
- Golden Gardens Park, 8498 Seaview Place NW, Seattle, WA, 98117, United States

**For More Details about July Events:**

**www.seattleaa.org/events/month/2025-07/**

### 15 — Web and Tech Committee
- 15 @ 5:30 pm - 6:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 857 9514 2843
- Passcode: 467107

### 15 — GSIG Monthly Board Meeting
- 15 @ 7:00 pm - 8:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 918 5437 5402
- Passcode: 035194 1

### 19 — CPC/PI Committee
- 19 @ 10:00 am - 11:30 am
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 839 2685 4975
- Passcode: 553965

### 23 — The Principles of the Twelve Steps
- 23 @ 2:30 pm - 3:30 pm
- GSIG Office 5507 6th Ave S., Seattle — Hybrid meeting
- Meeting ID: 830 7826 9547
- Passcode: 600554

### 27 — White Center AA Picnic and Potluck
- 27 @ 11:00 am - 4:00 pm
- Seahurst Park, 1600 SW Seahurst Park Rd, Burien, 98166, United States
- Please RSVP



# REFLECTING ON OUR PAST

## July In Our History

*"Never could we recapture the great moments of the past." (Alcoholics Anonymous*, **page 151***).* **But here we list some.**

| | |
|---|---|
| **July 1939** | Warren C. joined A.A. Cleveland, caused debate because he was not hospitalized. |
| **July 1944** | Bob writes article for Grapevine "On Cultivating Tolerance". |
| **July 1962** | 'Victor E' cartoon first appeared in Grapevine. (Some say May 1962). |
| **July 1-3, 1960** | 25th Anniversary of AA in Long Beach, CA. |
| **July 2-3, 1955** | 20th Anniversary Convention at St. Louis, MO. The Three Legacies, of Recovery, Unity, and Service, turned over to the movement by the old timers. AA comes of Age. |
| **July 2, 1960** | Father Ed Dowling dies. |
| **July 2, 1965** | "Best of Bill" and Pocket-Sized "12 and 12" 1st sold. |
| **July 2, 1965** | 1st "La Vigne", Canadian Grapevine, published. |
| **July 2-4, 1965** | 30th Anniversary of AA in Toronto. Adopted "I Am Responsible." |
| **July 2, 1993** | 50 years of AA celebrated in Canada. |
| **July 2, 2000** | 20 millionth copy of Big Book given to Al-Anon in Minneapolis, MN. |
| **July 3-5, 1970** | 35th Anniversary of AA in Miami. "Declaration of Unity". Bill's last public appearance. |
| **July 3-6, 1980** | 45th Anniversary of AA in New Orleans. First true marathon meeting was held. |
| **July 3-6, 1980** | Gay AA's have own program at 45th AA Anniversary in New Orleans. |
| **July 4, 1939** | 1st AA meeting started in Flatbush, NY. |
| **July 4-6, 1975** | 40th Anniversary of AA in Denver. World?s largest coffee server serves 1/2 million cups a day. |
| **July 5-7, 1985** | 50th AA Anniversary in Montreal, Canada. Ruth Hock was given 5,000,000th Big Book. House of Seagrams flew their flags at half mast for 3 days. |
| **July 5-8, 1990** | 55th AA Anniversary in Seattle, WA. Nell Wing was given 10,000,000th Big Book. |
| **July 7, 1940** | Bill attends 1st Summer Session at School of Alcohol Studies at Yale University. |
| **July 8, 1940** | 1st AA Group formed in Dayton, Ohio. |
| **July 10, 1941** | Texas newspaper publishes anonymous letter from founding member of Texas AA Group. (Larry J) |
| **July 11, 1960** | Time published article called "Passionately Anonymous" on the 25th Convention. |
| **July 14, 1939** | Dr Tiebout gives Big Book to Marty M. who promptly throws it back at him. |
| **July 15 1938** | 1st documented use name Alcoholics Anonymous, A.A. archives letter Bill to Willard Richardson. |
| **July 16, 1965** | Frank Amos, AA Non-Alcoholic Trustee, dies. |
| **July 18 1938** | In letter to Dr. Richards at Johns Hopkins, Bill used Alcoholics Anonymous as working title for Big Book & name for the fellowship. |
| **July 20, 1941** | First AA group formed in Seattle, Washington. |
| **July 22, 1877** | William Duncan Silkworth born in Brooklyn, NY. |
| **July 22, 1980** | Marty M. early AA woman and founder of NCADD dies. |
| **July 23, 1940** | Philly AA's send 10% of kitty to Alcoholic Foundation, sets precedent. |
| **July 23, 1943** | New Haven CT Register reports arrival of AA's to study with E M Jellinek. |
| **July 24, 1943** | L.A. press reports formation of all-Mexican AA Group. |
| **July 28-30, 1950** | First AA International Convention held in Cleveland, Ohio. Twelve Traditions adopted. Dr. Bob made last appearance at large AA gathering. |
| **July 31, 1972** | Rollie H dies sober in Washington DC. |

Source: AASJ - https://aasj.org/june-history/

# THERE IS A SOLUTION

## Ways You Can Help Seattle Intergroup

### High and Dry Subscriptions

$12/yr. for a physical copy,
$10/yr. for a digital copy

» To sign up to receive our newsletter, visit: seattleaa.org/intergroup/newsletter/

### Join the 'How Dry I Am Club' or also known as the 'Birthday Club.'

There is a suggested $1.00 for every year of sobriety you are celebrating.

» To contribute to the Birthday Club, visit: seattleaa.org/online-contributions/

## Thanks to Our Awesome Daytime Office Volunteers

| | |
|---|---|
| **MONDAY** | Bill S., Gary H. and Susan D. |
| **TUESDAY** | Jenza, H., Mikey C. and Morgan S. |
| **WEDNESDAY** | Stephan M., Cindy H., Pam H., Amy F. and Honey |
| **THURSDAY** | Jake and Joe B. |
| **FRIDAY** | Thomas H. and Marissa F. |
| **SATURDAY** | Dan G. and Clay S. |

## Southend Bookstore Volunteers

Manager: Jim H.
Rick L., Richard C., John G., Jesse J., Anna B. and Bill S., Matt W.

**Southend Bookstore** hours are Monday through Friday from 10 a.m. to 6 p.m. and Saturdays from 10 a.m. to 2 p.m.

## Greater Seattle Intergroup Office Hours

The Greater Seattle Intergroup office is open
Monday, 10 a.m. – 2 p.m., Tuesday – Friday, 10 a.m. to 6 p.m.
and Saturday, 10 a.m. – 2 p.m.

We're located at 5507 6th Ave. S in the Georgetown neighborhood of Seattle

# NEWS AND NOTES

**We would love contributions from you.** Please share your thoughts, ideas, suggestions and comments by emailing them to us at *newsletter@SeattleAA.org*.

We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

**We are also seeking** a group conscience — and volunteers, ways to make the High & Dry more relevant and useful for readers. We want to add new AA - and recovery-related content, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, please send an email to *newsletter@seattleaa.org*

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# Happy Birthday to July Celebrants in the *How Dry I Am Club*!

| | | | |
|---|---|---|---|
| Karla L. | MLTW | 6-10-2002 | 23 years |
| Lyle C. | Brown Bag Bunch | 6-20-1984 | 41 years |
| Mercedes D. | Empire Way | 3-5-2004 | 21 years |
| Jack J. | SW Ciders | 7-14-2008 | 17 years |
| Ron E. | Our Primary Purpose | 7-31-1984 | 41 years |
| Michelle L. | A Vision For You | 7-24-2001 | 24 years |





## We Need August Celebrants!

The How Dry I Am Birthday Club has been a cherished tradition in our newsletter for decades, but we don't have any submissions for August yet! Help us keep this beautiful tradition alive!

Your sobriety birthday is a milestone worth celebrating! By joining the Birthday Club, you're not just marking your own journey, you're inspiring others and showing them that recovery is possible, one day at a time.

## Link to Seattle Intergroup Online Contributions

https://www.seattleaa.org/online-contributions/

## How to Join the ***How Dry I Am*** Birthday Club

The suggested donation for having your annual birthday recognized in the H&D is one dollar ($1) per year of sobriety. There are two ways to make your donation:

1) Print the form on the back of this newsletter and mail it along with a check;

2) Donate with a debit/credit card online at *SeattleAA.org/online-contributions* (select "How Dry I Am - Birthday club")

We'll keep an eye out when you join, but please email us at: n*ewsletter@seattleaa.org* with your name and number of years of sobriety when you join so we can get you in the newsletter. ***The deadline to be listed is the 25th of the month.***

# MAKING AMENDS

**IN THE SPIRIT OF STEP 9,** we acknowledge our mistakes and make direct amends wherever possible. Like all of us in recovery, we strive for progress, not perfection. In Issue 6, we made the following errors:

- The front page was incorrectly labeled as Issue 4.
- A typo appeared in the events link on page 2.
- Morgan S.'s sobriety milestone was listed as 7 years instead of their actual 8 years (page 5)

We sincerely apologize for these mistakes. We will correct the digital edition when and if possible; however, errata in printed copies may persist. We're grateful for your understanding and patience as we continue to carry the message, one day at a time. Sincerely, Peter J., △

*"We will not regret the past nor wish to shut the door on it."*
- Alcoholics Anonymous, 4th Edition, p. 83-84

# HOSPITALS & TREATMENT

**The H and T Committee brings the AA message into Treatment Facilities and Hospital settings.**

Other venues such as missions and halfway houses are also accommodated. In 2024, this committee provided over $1,000 in AA literature and facilitated 643 meetings in various Institutions. We process 10 to 12 Bridges a month!

### AA Outreach and Service Commitments

- **15** AA weekly meetings
- **5** AA monthly panels
- **1** AA roundtable
- **1** H & T chair
- **21** AA Coordinators
- **87 - 95** Panelists
- **246** AA volunteers

### Hospitals:

Ballard Swedish (2 mtgs weekly)

Harborview (1 panel weekly)

UW Northwest (InProgress)

Seattle acute medical center (Weekly)

### Treatment centers:

Lakeside Milam Auburn and Renton (2 panels monthly)

Key recovery (4 weekly panels)

Hope place (1 monthly)

Matt Talbot (2 mtgs weekly)

Riverton (UGM 1 panel weekly)

King County Residential (2 panels weekly)

### Missions:

Salvation Army (1 weekly)

UGM (1 weekly)

Bread of life (1 weekly)




Click Here For More Information
or visit https://www.seattleaa.org/service/treatment-committee/

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# IN MEMORIUM



Jerry D. sober 44 years, sobered up in Detroit in 1981. Moved to Seattle in 1989, his home group was Last Chance

Jerry was a stand up guy and was a humble servant of AA. He will be missed.

Judie A. sober 54 years. Her home group was Empire Way.

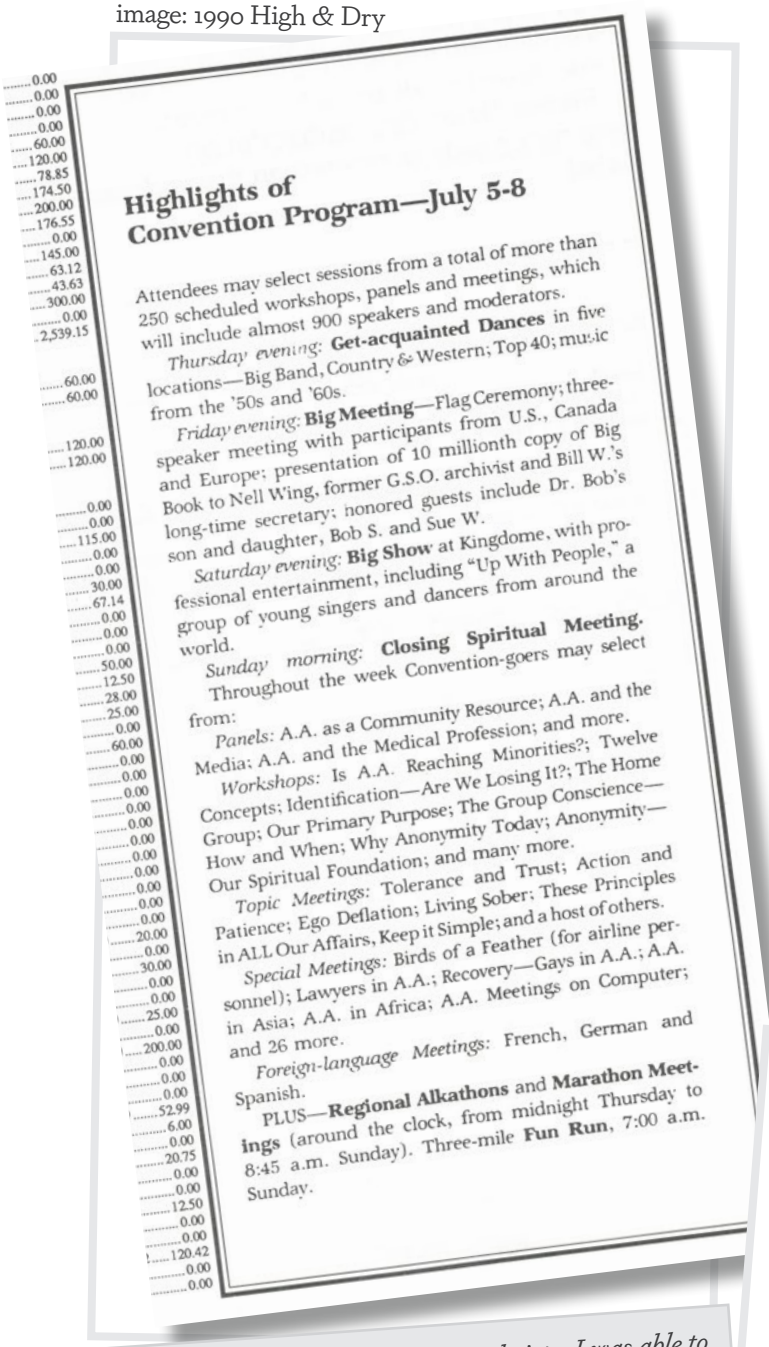
Judie was a beacon of sobriety, love and laughter in Seattle AA. She will be missed.



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# FROM THE ARCHIVES: INTERNATIONAL CONVENTIONS!

image: 1990 High & Dry



## Highlights of Convention Program—July 5-8

Attendees may select sessions from a total of more than 250 scheduled workshops, panels and meetings, which will include almost 900 speakers and moderators.

*Thursday evening:* **Get-acquainted Dances** in five locations—Big Band, Country & Western; Top 40; music from the '50s and '60s.

*Friday evening:* **Big Meeting**—Flag Ceremony; three-speaker meeting with participants from U.S., Canada and Europe; presentation of 10 millionth copy of Big Book to Nell Wing, former G.S.O. archivist and Bill W.'s long-time secretary; honored guests include Dr. Bob's son and daughter, Bob S. and Sue W.

*Saturday evening:* **Big Show** at Kingdome, with professional entertainment, including "Up With People," a group of young singers and dancers from around the world.

*Sunday morning:* **Closing Spiritual Meeting.**

Throughout the week Convention-goers may select from:

*Panels:* A.A. as a Community Resource; A.A. and the Media; A.A. and the Medical Profession; and more.

*Workshops:* Is A.A. Reaching Minorities?; Twelve Concepts; Identification—Are We Losing It?; The Home Group; Our Primary Purpose; The Group Conscience—How and When; Why Anonymity Today; Anonymity—Our Spiritual Foundation; and many more.

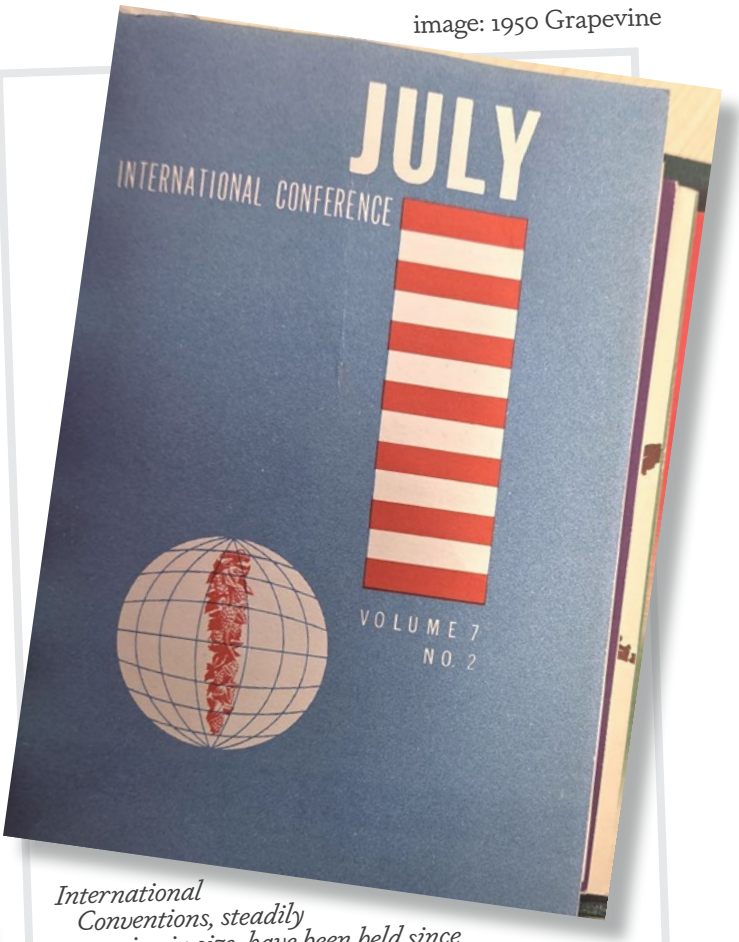
*Topic Meetings:* Tolerance and Trust; Action and Patience; Ego Deflation; Living Sober; These Principles in ALL Our Affairs, Keep it Simple; and a host of others.

*Special Meetings:* Birds of a Feather (for airline personnel); Lawyers in A.A.; Recovery—Gays in A.A.; A.A. in Asia; A.A. in Africa; A.A. Meetings on Computer; and 26 more.

*Foreign-language Meetings:* French, German and Spanish.

PLUS—**Regional Alkathons** and **Marathon Meetings** (around the clock, from midnight Thursday to 8:45 a.m. Sunday). Three-mile **Fun Run**, 7:00 a.m. Sunday.

image: 1950 Grapevine




*International Conventions, steadily growing in size, have been held since 1950. That year, 3,000 A.A. members, including Bill W. and Dr. Bob., gathered in Cleveland, Ohio.*

-aa.org

*In 1990, one month short of four years sobriety, I was able to attend the international convention. Witnessing the Soviet Block countries participating in flag ceremony for the first time, the Aa archivist Nell receiving the ten millionth copy of the big book, meeting some of the featured speakers in person, Don P, Clancy I, Joe H etc.(AA members I had only known through cassette tapes.) Plus being part of the largest convention ever held in Seattle was very powerful!*

*- Stephan M. CSIG Volunteer 2025*

VANCOUVER 2025

90 YEARS AÑOS ANS

**Language of the Heart**
**Lenguaje del corazón**
**Le langage du cœur**

**July 3rd 2025 International AA Convention**

- @ 12:00 am - 12:00 am
- Virtual Meeting
- Save the Date! July 3-6 2025

*In 1990 I was almost 4 years sober and 21 years old. The two events I remember most are Bob E. speaking in the then Coliseum, Diane S. singing Amazing Grace in the Kingdome and how beautiful it sounded to have 50,000 alcoholics saying the Lord's Prayer in unison. From 2 drunks trying to keep each other sober in 1935 to 2 million drunks staying sober in 2025, we sure have come a long way.*

*Lara R. CSIG Office Manager 2025*

# Step 7: *"Humbly asked Him to remove our shortcomings."*




## Step VII

*By Peter J.,*



**FOR YEARS,** I carried a defect that ran deeper than any single behavior or habit - it was the simple act of giving up. When life felt rigged against me, when the odds seemed impossible and my resources insufficient, I would throw my hands up in defeat and retreat to the bottle. "If everyone and everything is working against my will and strength," I'd tell myself, "I might as well get loaded." This wasn't just occasional discouragement; it was my fundamental response to difficulty. I blamed the universe for pitting me against impossible odds in what felt like a rigged game, and inebriation became my false sanctuary.

Before Step 7, I lived in willful defiance, convinced that my circumstances were the problem, not my response to them. I never even attempted to change - I simply threw myself into the abyss of numbness whenever life demanded more than I thought I could give. The idea that I might be part of the problem was unthinkable; surely it was the world that needed fixing, not me.

Working Step 7 taught me something remarkable: the game is still rigged, the odds are still impossible, and I still lack sufficient resources for every challenge. But now I see these very limitations as inspiration to keep trying, to trust in God, and to find humor and value in my daily struggles despite my many failures. Instead of giving up, I'm getting better every day, learning new skills, accepting that things don't always work the way I want them to - and recognizing that this is exactly why it's so important to keep learning, stay sober, and continue accepting God's plan for me. The circumstances haven't changed, but my response to them has been transformed. △

*"This improved perception of humility starts another revolutionary change in our outlook. Our eyes begin to open to the immense values which have come straight out of painful ego-puncturing. Until now, our lives have been largely devoted to running from pain and problems. We fled from them as from a plague. We never wanted to deal with the fact of suffering. Escape via the bottle was always our solution. Character-building through suffering might be all right for saints, but it certainly didn't appeal to us."*

*- Twelve Steps and Twelve Traditions, Alcoholics Anonymous*

# Tradition Seven at Greater Seattle Intergroup

By Jeff U., GSIG Board Chair

**AA'S SEVENTH TRADITION** - that we are self-supporting through our own contributions – was, like each of the AA Traditions, developed through much trial and error. Discussion of the Seventh Tradition typically centers on the lessons learned about the dangers of accepting outside money, because of the implied or stated strings attached, or about the dangers of accumulating excessive funds leading to disputes over power and prestige. Less discussed is the element of Tradition Seven that suggest members and groups have a **responsibility** to contribute – when reasonably possible – to the costs of activities necessary for AA to function and to spread the message to alcoholics who still suffer.

The work we do at Greater Seattle Intergroup has been defined by the groups we serve and assist in their primary purpose. It has been deemed necessary by group conscience of the fellowship to undertake tasks collectively that groups are unable to do alone. These include maintaining shared meting spaces, a web site, a meeting guide, a 24/7 phone line, special events, service committee coordination, and more. As trusted servants at GSIG we are tasked with meeting these shared needs while also living within the tradition of self-support. These can be challenging interests to balance.

Bill W talks about these questions in the pamphlet, **"AA Tradition, How it Developed."** He explains that when the Big Book was first published, he and the other members involved debated whether or not to charge for the book, or to make it available free in order to reach the maximum number of alcoholics. Ultimately it was decided that charging was the only way to insure it could be produced and distributed **to future alcoholics** without relying on outside funding. Charging enough to cover real costs of the Big Book was precisely HOW it could be continually made available to new alcoholics in need, and how the fellowship of AA itself could afford to continue with the tasks that required collective work into the future.

*"In Alcoholics Anonymous, does money make the mare go or is it the root of all evil? We are in the process of solving that riddle. Nobody pretends to have the complete answer. Where the proper use of money ends - and its misuse begins - is the point in 'spiritual space' we are all seeking." - Bill W, 1946*

In much the same way as GSO, by charging necessary prices for literature and services, Seattle Intergroup ensures we can remain a resource long into the future for groups and alcoholics in need. Indeed, Tradition Seven tells us this is our **responsibility** to provide for this sustainable future. Much of the financial support for GSIG comes from the generous contributions of groups and members. But achieving sustainability also means charging enough for what we sell and do to cover the real costs of maintaining the organization that makes it all possible.

In, **"AA Tradition,"** Bill tells us that we are "definitely committed" to the sparing use of money. We try to live by that commitment at GSIG, while at the same time searching for the right balance of prudence and necessity. We try to live by Tradition Seven, and we ask that the fellowship please participate in helping us do so. And ultimately, as imperfect alcoholics, we rely on a Higher Power to guide us in this ever-present balancing act. △

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# Concept VII: The Charter, Bylaws, and the Power of the Purse

By Mikey C. and Peter J.,

> *"If . . . the Conference will always bear in mind actual rights, duties, responsibilities and legal status of the General Service Board, and if the trustees . . . will constantly realize that the Conference is the real seat of ultimate service authority . . . neither will be seriously tempted to make a 'rubber stamp' out of the other . . . In this way, grave issues will always be resolved and harmonious cooperation will be the general rule."*
>
> **- 12 Concepts for World Service**

**CONCEPT SEVEN REVEALS A FASCINATING** balance of power within Alcoholics Anonymous that might seem contradictory at first glance. On one hand, the Charter and Bylaws of the General Service Board are legal instruments that fully empower trustees to manage and conduct world service affairs. On the other hand, the Conference Charter itself holds no legal authority whatsoever; it relies instead on tradition and what we call "the A.A. purse" for final effectiveness.

So what exactly is the "A.A. purse"? In our fellowship, this refers to the financial resources we collect at meetings, i.e., funds used for rent, coffee, literature, and prudent reserves; however, it represents something much more significant than operational expenses. It's the financial expression of our group conscience and, when necessary, our leverage.

This creates AA's unique form of democratic accountability. While the bylaws provide our operational framework (meeting procedures, officer duties, financial management) ultimate authority rests not with legal documents, but with the groups themselves. If the General Service Board ever strayed from the fellowship's will, the Conference delegates could simply redirect the groups' voluntary contributions.

Yet Concept VII isn't about creating an adversarial relationship. Bill W. was careful to design a system of "harmonious cooperation" where both sides exercise restraint. The trustees have complete legal authority but choose not to use all of it all the time. The Conference has traditional and financial power but uses it sparingly. Both serve the fellowship's primary purpose: helping alcoholics achieve and maintain sobriety.

This principle extends to every level of AA service. When groups contribute to their area, district, or General Service Office, they're participating in a system that keeps our service structure responsive to the fellowship's needs. The Seventh Tradition becomes both a spiritual practice and a democratic safeguard.



In essence, Concept VII demonstrates AA's genius: we've created a service structure that's both professionally managed and democratically accountable, where spiritual principles guide practical governance, and the power of the purse ensures that those who serve truly serve the fellowship's will..△

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# CORRECTIONS CORNER

## Pink Can Thank Yous:

A big thank you to the following groups who contributed $589.94 to the Pink Can Fund in May: Mt. Rainier Big Book Study, Gunnysack Hill, Titanic, Old Kent Group, Empire Way, Mountlake Terrace Wednesday Night, 50/50, and anonymous individuals. The committee used $164 to purchase Big Books, Plain Language books and Living Sober for the Federal Detention Center.
If you're interested in learning more about corrections service, email corrections@seattleaa.org

**Link to Seattle Intergroup Corrections Corner**

https://www.seattleaa.org/service/corrections/

## 8th Annual National Corrections Conference:

by Jennifer S.

The 8th Annual National Corrections Conference (NCC) will be held this year from November 7th-9th in Nashville, TN. Our very own Area 72 is very excited to announce that Area 92 (Eastern Washington) has asked us to join forces with them to take a run at bringing the NCC to Washington State in 2027! This would be the first time this event to be on the West Coast.

We are very lucky to have Derek S (Area 72 Chair) as the Chair of our Bid Committee. I have the pleasure of serving on the NCC Bid Committee and we are getting the word out now because, if we land this bid, we will need lots of help pulling it off. We would host the event in the Tri-Cities in 2027.

The big draw of Washington State is the rich history of AA carrying the message to Washington State Penitentiary at Walla Walla where the second AA meeting behind the walls was held in 1942; only four months after the first "inside" AA meetings began at San Quentin. For those of us who do Corrections Service in Washington State, "Concrete Mama"" (as it's referred to among its persons in custody) is a big deal and we appreciate this opportunity to share some of our history with those who do Corrections Service in other areas of the US and Canada.

If you are interested in getting involved with the NCC Bid Committee or have any questions, please email volunteercorrections@seattleaa.org.

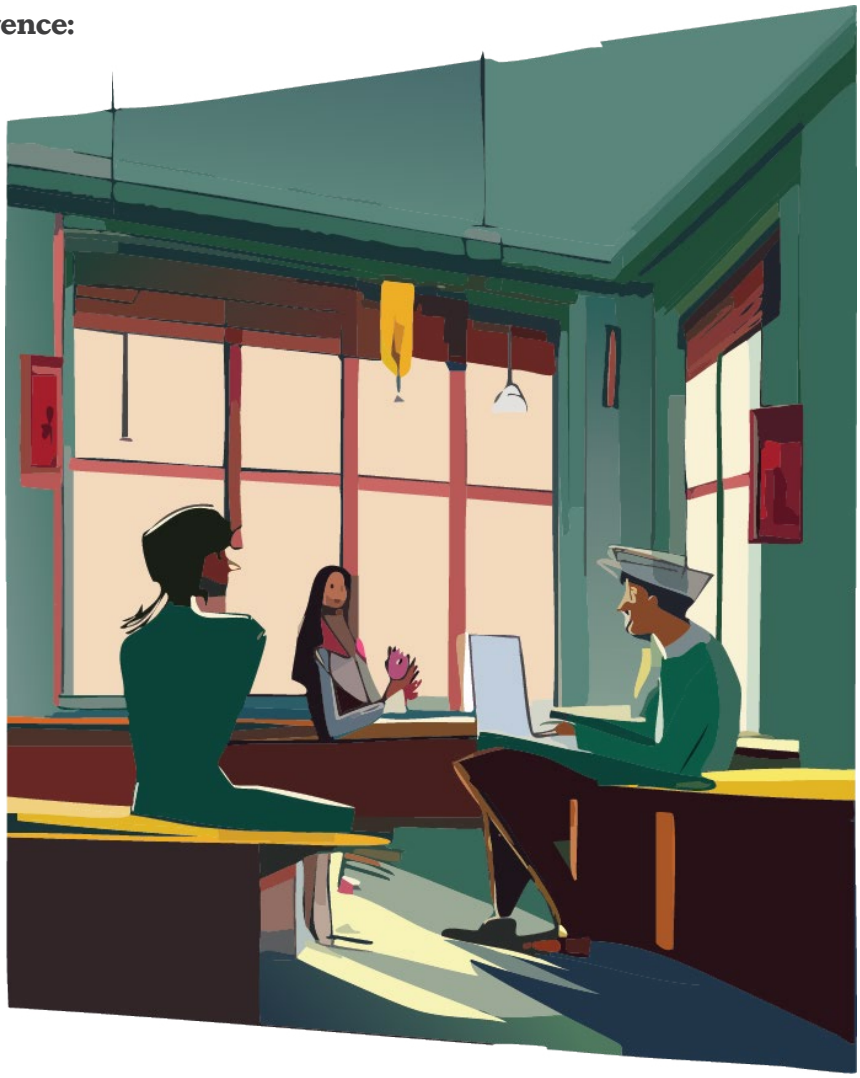
Jennifer S

Corrections Committee Volunteer Coordinator

## When and Where we meet:

We meet at 6:30 PM on the second Monday of every month, in person and via Zoom. This is a hybrid meeting at Seattle Intergroup, 5507 6th Ave S. and **Zoom ID: 872 2771 9137 Passcode: 833575**. Please join us to find your place in corrections!

Any questions,
please contact corrections@seattleaa.org. △



## Opening

- Call to Order & Serenity Prayer: Jeff U
- Approval to record meeting Jeff U
- Reading of Tradition Six Eddy M-M
- Reading of Concept Six West C
- AA Birthdays for the month of April
  - Morgan S 8 years June 1
  - Karla L 23 years June 10

## Initial Business

- Roll Call of voting members (40 total)

GSIG Officers (5 of 5)

- Jeff U Chair
- Eddy M-M Vice Chair
- Karla L Chair Emeritus
- Pete K Treasurer
- Carina W Secretary



District Representatives (12 of 12)

*The minimum required for a quorum is six*

- Ruth P D14
- Blake P D15
- Ricky T D16
- David S D17
- William B D18
- Bobby T D24
- Thomas F D31
- Samantha M D32
- Aaron C D33
- Mario D40
- Laura C D41
- Sarah F D42

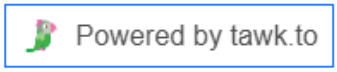
Groups (23)

- Amanda V 50/50
- Tyler A New Beginning
- Steve R A New Purpose Group
- Tate C Broadway Group
- Neil B Empire Way
- Adam R Freemont Fellowship
- Larry D Full Monty Men's Group
- Gary M Last Chance
- Astri T Montlake Terrace Wednesday
- Jeff O Old Kent
- Ricky T On Awakening
- Nate One Hour Reality Check
- Derek N Principles Before Personalities
- William B Renton Young People
- Karen K Saturday Promises
- Steve Seattle Group
- Morgan S Seattle Young People
- Joel K Serenity Hall
- Susan C Solutions Group
- Chery Sunday Morning Magic
- Ganelle Surrender at 7
- Justus Walk the Talk
- Bailey B Women's Daily Reflection

- Review and Approve Minutes
  https://www.seattleaa.org/intergroup/intergroup-board/
- Motion to approve: William B, D18
- Motion seconded: Morgan S, SYP

*Unanimously approved*

1. **Should we pay to remove the tawk.to logo from the GSIG Chat Line?**




*Please see March 2025 Minutes at Seattle Intergroup Board for original discussion.*

Removing the parrot icon and "Powered by tawk.to" would incur a monthly expense of $29.

Discussion

- Aside from the cost of $29 a month, the logo and link to their website provide transparency into which business stores the data for people communicating with us
- Have they looked at other options that don't cost money?
- The cost of labor and options would be cost-prohibitive.
- The cost of this service is free
- Have we received any complaints about this?
  - People don't like the pop-up window
  - I've been actively involved in the chat line. I've only always heard complaints about the pop-up, not the parrot.
- Can't we put a disclaimer saying that tawk.to is not affiliated with AA?
- Are we being fully self-supporting if we are using the free version of a service?
- Could the paid model include additional features that could be of benefit?
- This product being free is their service model.
- I feel there's a data security issue. For example, the service immediately puts at least 60 cookies on a user's device.

**William B, D18: I'd like to make a motion.**

*The motion wasn't officially seconded, nor clearly defined. The following interprets the Chair's instructions to the body that a "yes" vote would be in favor of removing the tawk.to company information, and a "no" vote would be in favor of keeping it.*

**MOTION: Should GSIG pay a $29 per month fee to remove the tawk.to presence from our chat?**

**Vote**: **YES**: 2 | **NO**: All others who voted Motion rejected

Minority opinion

- I don't think we've thoroughly considered the implied affiliation that comes with prominently hosting a link on our website that goes to a for-profit company's marketing site
- We didn't have sufficient information about what the other potential features might accompany the $29 fee.
- The data security issue was a good point, but it wasn't part of the motion

*Eddy researched during the meeting and found that the $29 monthly fee is specifically for the "Remove Branding" add-on.*

2. **Should GSIG raise the price of books by $1 each?**

*Please see March 2025 Minutes at Seattle Intergroup Board for original discussion.*

This question was initially raised by the Empire Way group. Currently, GSIG sells books for the same price as GSO. Since we buy in bulk, this equates to a minimal markup. We have a fund to help provide books to those who cannot afford them. The concepts address charging what is necessary to conduct business.

Discussion

- Is the discount from GSO a flat rate?
- What is the markup at Eastside Ingroup
  - They recently changed to what we are doing. Both intergroups (GSIG and ESIG) previously applied a 25% markup. We are currently marking up 18% to align with GSO's pricing.
- What dollar amount are we talking about if we went back to the 25% markup?
  - It would equate to ~$10k-$15k a year in additional profit
  - It would add ~$2.50 to the price of a standard Big Book
- I don't have a group conscience, but I oppose this idea.
- Eddy spoke with Caroline, Class B Trustee of the General Service Board and AAWS Chair, about literature prices, which is part of her role at GSO. She explained to him that GSO's pricing is not meant to be passed on as an actual cost. They try to make it as low as possible so that entities, such as Intergroups and Central Service Offices, can markup literature to help with funding.
- Astri let us know that Intergroup has, as long as she can remember, marked up literature. When GSO increased prices significantly, we discontinued the 25% markup. The assumption at that time was that many members began purchasing literature from GSO directly to avoid any potential mark-ups, although this didn't account for the $5.00 shipping cost. This is not a flat rate; for example, purchasing five books results in a shipping cost of $7.50.
- When we adjusted the prices downward, we hoped it would increase our book sales. This did not happen. This suggests that members' book-buying decisions are not based on cost.
- My concern was that people would go to Amazon, but I'm checking now and see that Amazon already charges $14.00 for a Big Book (standard hard copy), which is $12 at GSIG.
- We're a bit over than projected in book sales for this year, largely due to the popularity of the Plain Language Big Book.
- Is the markup the same for everything?
  - The markup is the same percentage.
- Did people who originally purchased the first printing of Plain Language Big Books also buy the updated second version?
  - Some did.
- If we marked up 20% over our current pricing (38%), it would still take a year to fully refund the prudent reserve.
- Most of the groups that I go to give books away for free, so this would basically be just a contribution to GSIG.
  - When groups give away books, they're providing gifts to members.
  - Every group follows its own group conscience
- What does a Big Book cost?
  - A standard hard copy Big Book at GSIG costs $12
  - Medium soft copy costs $7, regular hardback is $12, large print is also $12, etc.
- I think we should agree on a percentage to increase literature markup, since it seems inevitable if we want to maintain a healthy, long-term financial vision.
- It seems the reason people buy from GSO is more due to convenience than price.
  - Seattle Intergroup also offers online purchasing via the GSIG Online Bookstore.
- Are we concerned that GSO will raise the price of books again? And if so, would we keep the additional markup?
  - We've generally aligned with GSO's increases.
- So, if an individual member comes in and buys a book for their group, that comes out of their 7th Tradition fund.
- When a group says that they're providing a book for cost, it generally means what they paid.

- I always assumed the prices were marked up
- How long has it been since the lower markup
  - About two years. We've been able to pay our bills, but it's been a struggle. Each year I've been here, we start falling short of our budget around the middle of the year. So, we go out and make appeals throughout the end of the year to try to pay the bills. This year is looking up for the first time in a long while, but we might still end up underwater in 2025. We need to continue exploring ways to generate funds, including growing the Sustainers program.
- What about increasing the prices of individual books, like the pocket-sized Big Book, instead of the two big sellers: the standard hard copy Big Book and "Twelve Steps and Twelve Traditions"?
  - We could, though groups are the primary purchasers of literature rather than individuals.
- Is there any tradition that says we can't markup books?
  - I don't believe that anyone has interpreted the traditions to say this, as it's common practice.
- We're talking about the 7th Tradition and GSIG being self-supporting. Right now, we're not! We've borrowed $9k from our prudent reserve to keep our doors open. AA has always marked up books to generate funds to keep the doors open, starting with the Big Book. We can't keep doing what we're doing!
- We need some options to discuss.
- Who made the decision to reduce the markup?
  - I believe it originated with the office committee, which then brought it forward as a motion to the board meeting for approval.
- I think we're making this too complicated. We should agree whether to increase the prices or not, then let the office committee come up with the right plan.

*The discussion was tabled for the Group and District Reps to take the topic back to their respective groups, discuss it, and bring back the feedback to continue the discussion at future board meetings.*

**3. Gathering information about 12-Step volunteers**

Will B, D18, is on the 12-Step committee and described the struggles that occur when trying to find someone to respond to a call. At minimum, the list needs to be updated, so we would like to discuss some ideas or hear proposals on how to best accomplish this.

- It's been quite a while since we last conducted a comprehensive review of the 12-Step list. Do we ask groups to update their list? Do we send out a form? What methods should we use?
- We go down the list, and it takes a while to find someone. I propose that District Reps spearhead the audit of the current lists and provide the updates to intergroup.
- The same people seem to be on multiple lists, and they don't seem to change when we note this in the lists that are in the binders.
- I've called 20 people before finding someone who is just still in the program, still has the phone number we have, is still in the area they're listed as, and is still alive.
- Is there a way to sign up online?
  - Yes, there is, but it doesn't get much traffic.
- What if we scrap the current list, start over with the online form, and distribute the QR code?
  - We don't get a lot of traffic, and there hasn't been a strong adoption of QR codes.
- I encourage including fields for signup date and sobriety date, and encourage volunteers from GSIG to do this work, since it can be overwhelming for new district reps.

- Karrie, 12th Step Chair: I agree that dates should be added, as Morgan suggested. Districts seem to be the best option for collecting this information. I'm available to visit districts to discuss the importance of maintaining accurate lists. For example, one District Rep sends Karrie a text with a photo of their district's 12-step list any time it's updated in their own records.
- I can confirm experiencing the same struggles others describe.
- It seems this needs to be updated, especially to remove those who are no longer available, *before* we need to use the lists, instead of finding that out when we're trying to help someone.
- We've recently created a database with this info, but it's not accessible to phone volunteers, and there's no clear update process for the old contacts noted on the paper list.
- I suggested District Reps do this because, being one myself, my only job is to transfer information. All I need to do is give the task to the groups, collect the list back the next month, and then provide it to GSIG
- I like what Karrie said about being willing to come to the districts. When the position was first created, a lot of information was provided to groups about the purpose of the 12-Step list. People often get confused about lists, specifically the 12-Step list and Nightwatch. This requires an organized effort.

*Jeff U, GSIG Chair: Karrie's 12-Step committee has ownership of this. I suggest she write a description of the committee together with the update request, create a list to collect the necessary information (including dates), and present it at a future board meeting. I'm sure the District Reps will collect this info. The 12-Step Committee would then be responsible for updating the database.*

4. **Should Greater Seattle Intergroup replace the front door?**
   We were unable to reach an agreement at the office committee. Some feel it's not professional, while others love the art on the plywood. We would like to know what the Groups would like.
   - My concern is what the property owners think. Do they think it's unprofessional, and is it harming our reputation?
     - This will be torn down.
   - Is it the cost of the glass, because the frame seems fine
   - Derrick: I work in the industry, and that's about a $ 600 job.
     - If we hired a company. We have volunteers, so the cost would be just the materials.
   - The wood is safe; you can't break the wood.
     - There are other windows people could break
   - We could paint it over with chalkboard paint.
   - We could keep the plywood, replace the glass.
   - How many times has it been broken in the last 12 months
     - Twice

**Jeff U, GSIG Chair: We'll make a motion.**

*The motion wasn't officially seconded, nor clearly defined. The following interprets the Chair's instructions to the body: a "Yes" vote is in favor of replacing the door, and a "No" vote means no action will be taken.*

**MOTION: Should Greater Seattle Intergroup replace the front door?**

**Vote #1**: **YES**: 10 | **NO**: 16 *Request for clarification*

*Discussion topic "Should Greater Seattle Intergroup replace the front door?" continued:*

*There was some confusion within the body about who was eligible to vote in GSIG Assembly elections. The Chair explained that GSIG Officers, District Reps, and Group Reps each have one vote. GSIG Committee Chairs and Alt Reps do not vote in Assembly elections. (See GSIG Policies & Procedures.)*

**Vote #2**: **YES**: 12 | **NO**: 13 Motion rejected

Minority opinion

- Can I make an amendment?
  - No, since we already voted.
- For now, we'll leave the plywood as is, since we don't have enough of a majority to warrant the replacement.
- Lara can ask the opinion of the building owners when she meets with them.

5. **How can Seattle Intergroup better serve the AA Groups in the Greater Seattle Area?**

Jeff U, GSIG Chair: We spent a lot of time talking about the literature topic. My judgment was that we didn't have a clear direction with this, so we will continue discussing and ask the groups again. District Reps, please take this back to your groups so we can have as many as possible weigh in. If someone has something to bring up, now is a good time.

- Eddy M-M, GSIG Vice Chair: If you invite me to your business meetings, I can take your input back to the GSIG Board.
- Jeff U, GSIG Chair: The same goes for anyone. District Representatives, please ensure you take the time at your business meetings.

## Officer Reports

**Chair** ..... **Jeff U**

Jeff is getting more and more feedback about the GSR letter being read at groups. This might be part of the reason we're seeing an increase in contributions, which are allowing us not only to pay the bill but also to fund our prudent reserve. In consideration of time and our full agenda, that's all for now.

**Vice Chair** ..... **Eddy M-M**

Eddy asked Districts, and Groups too, to consider inviting him to give his intergroup roadshow. He's already visited Districts 18 and 24, and will be at D16 soon.

*Email, call, or text Eddy to get him on your next business meeting's agenda now!*

**Chair Emeritus**: ..... **Karla L**

*Karla attended the Spring Assembly, but didn't have anything to report for the month.*

**Treasurer**.....**Pete K**

*There are many ways for groups and individuals to contribute to Greater Seattle Intergroup. For more info, see https://area72aa.org/contribute/, email treasurer@seattleaa.org, or call (206) 587-2838.*

Pete joined us online and summarized his report. You can see his full Treasurer's report at the end of this document.

Approve Treasurer Report

*Motion to approve*: Tyler (ANB) *Motion seconded*: Thomas (D31) *Unanimously approved*

Comments

- Lara let us know that the Corrections committee asked for an earmarked funds report. Copies were made available at the meeting, and can be found at the end of this document.

**Recording Secretary** ..... **Carina W**

Greetings all,

I'll keep it short this month so I can focus on getting the minutes out quickly for you to use at your districts and groups. I really need your help with something, though, to keep our records current,

*If you became a Group Representative in 2025 and would like to receive board meeting updates, just get me your contact info so I can add you to the email list. The same goes if you're no longer a Group Rep and would like to stop receiving updates.*

Thank you in advance!

In grateful service,
Carina, GSIG Secretary | secretary@seattleaa.org | 206.683.1106

## Intergroup Staff Reports

**Office Manager** ..... **Lara R**

**Financial**: We had a break even month, which is great! Picnic buttons are selling. Per our original lease agreement our rent went up from $4243.00 to $4370.00.
The carpets will be getting cleaned on Monday, June 30th, thank you to Bill S. and Mountlake Terrace Wednesday Night for accommodating us on that day.

**Inventory**: The new Grapevine book is selling slowly, maybe folks don't know about it, spread the word it is super cool! There will be commemorative International Convention books available soon. We will keep you posted.

**Protocol**: The building has been sold to a non-profit organization called the Watershed Community. Their vision is to build affordable housing/arts communities in Georgetown.

*Lara's Office Manager report continued:*

When they purchased the building, they purchased our lease. Our current lease is up on May 31, 2027, so we have a little time to think about it and do some talking and some research. Ed H. and I will be meeting with the new property owners tomorrow, and we will know more then.

**Call Log info**

- Calls Log: 138
- 12 Step: 1
- Chatline Contacts: 137

Total points of Contact: 275

We have GSIG donation cans for you to take back to your home groups if you are so inclined.
We have Blue Cans for Accessibility Committee, which collects funds explicitly for ASL interpretation at AA meetings
We have Pink Cans, which collect funds exclusively for purchasing literature to go into Correctional facilities. Please take a can and talk to your home group about putting these cans out if they don't already.

Thank you to One Hour Minimum for stepping up to answer phones on the 4th Sunday from 10am to 2pm. If your home group does not answer phones currently there is a list of the shifts available. Let me know if you are interested. It's a really great way to have fellowship and be of service at the same time.

**Assistant Office Manager .....Anita S**

Lara let us know that Anita brought the quilt squares so she brought some out so that folks could take them with them after the assembly.

## Service Committee Reports

**Accessibility** ..... **Kathy A**

Most groups have accessibility under control.

**Archives** .....**Teresa S**

Awaiting second knee joint replacement. Working from home, catching up on filing Grapevines and High and Drys. Threading old Grapevines, replacing metal staples.

**Corrections** ..... **Karen K**

A big thank you to the following groups who contributed $589.94 to the Pink Can Fund in May: Mt. Rainier Big Book Study, Gunnysack Hill, Titanic, Old Kent Group, Empire Way, Mountlake Terrace Wednesday Night, 50/50, and anonymous individuals. The committee used $164 to purchase Big Books, Plain Language books and Living Sober for the Federal Detention Center.

*Karen's Corrections Committee report continued:*

For those interested in learning more about Corrections Service for you or your homegroup, please attend one of our monthly meetings – second Monday of each month (July 14th) at 6:30, in person at Intergroup or on Zoom (at 87227719137, PW 833575).

Right now, there are weekly meetings scheduled at the following correctional facilities:

- Federal Detention Center, Des Moines area, women's and men's meetings on Thursday evening. Looking for women and men.
- SCORE, Burien area, men's and women's meetings on Saturdays. Looking for women and men.
- Juvenile Detention Center, girls and boys meetings Thursday evenings, looking for women and men
- King County Jail. Women's meetings only. No openings for service.
- Kent City Jail: Men's meetings on Tuesdays, women's on Saturdays. Opportunities for men and women
- Regional Justice Center: New meetings starting soon. Let us know if you're interested.

There are requirements for sobriety and background checks. Each application process is different. Please email volunteercorrections@seattleaa.org if you are interested in learning more.
Other opportunities:

- Prerelease Program: Help people leaving a facility who will reside in your town, find a few meetings, meet people and get phone numbers to start the process of getting connected to other sober people.
- Correction Correspondence Service: Get matched with an alcoholic at a federal correctional facility not in the PNW to share your experience, strength and hope through letters.
- Pink Can Fund: Help your homegroup collect funds to be used solely for purchasing AA approved literature for people inside correctional facilities.
- Home Group Corrections Rep: Attend monthly corrections meetings to get all the info about corrections service and opportunities to bring back to your home group!
- District Corrections Rep: When the opportunity arises, represent your district at monthly corrections meetings to bring back all the info for homegroups in your district.

Thank you to Districts 18 and 41 for hosting the upcoming Area 72 Corrections Quarterly at the Intergroup Office this Saturday from 12:00 PM to 4:00 PM. All are welcome to attend.

For more info, contact volunteercorrections@seattleaa.org. Thank you.

**Hospitals & Treatment** ..... **Mikey C**

Greetings from the H and T chair, MIkey C!
H and T Minute June 7,2025

- Jill requesting help supporting her meeting, Mikey will provide contact to reachout to.
- Northwest Hospital meeting in District 39 hasn't got off the ground yet and it may not.
- The Hospitals Human Resources has identified some HIPPA concerns and are requiring additional steps be taken to address concerns which are uncommon to our level of service.
- This month's High & Dry has more H&T updates.

Secretary Report—Kristi reported.

- On a personal level, my heart procedure was a success and am back in good health.
- Meeting coordinators could use the H & T site to gain access to names and contact information collected in the last 6 months to staff or fill their panels.
- Visit https://www.seattleaa.org/service/treatment-committee/. Signup sheets are located in the DOCS.
- We will be starting the process over next month collecting names, contacts and interests to help fill the gaps moving forward.

Reports of Committee Members and visitors in attendance:

**Diane**, sober 2/1/23, reports being of service at Harborview. Her and Bob F. had a good evening of sharing the message.

**Paul S**., sober 9/22/2015, reports an update concerning the King County Residential Program. Meetings are to be attended by a clinician. Continued to share that his home group assisted with the purchase of Big Books, shared of his gratefulness for his homegroup members giving spirit.

**AMENDEDREPORT by Paul: *"I would like to slightly amend Kristi's recap. KCRP is a dual diagnosis facility, as per the directors instruction, clients are not allowed to share during the panel meetings. They would prefer that the clients only share in a clinical setting in the facility during regular treatment hours. The meetings are opened up to client questions if there is time after the panelists shares and the bridging the Gap presentation. Thank you for all your hard work on this Kristi, My apologies if my report was non-specific."*

**Jim,** reports UGM looking for support for Fathers Day, 6/15. All those who attend must first register.

**Mark** sober 8/1/09, looking for opportunities to serve on a panel. Shared his home group brings a meeting into Salvation Army Greenwood. Marks contact info: mark@markmcguane.com and phone number is 206-228-4228.

**Lilly** reports Bread of Life is going well. Shared her other meeting at Matt Talbert on Thursday from 2 to 3 pm could use a sidewalk board. Mark has offered to assist. Reports they just made one for another meeting so it should be a problem putting on together for the Women's and those who Identify as Women Meeting.

**Tyler** District 31 reports the Second Ave Mens Mission is looking for Chairpersons and Panelists for Saturdays 9:45am. All those who attend must first register.

**Titus** reports Lakeside Millan Renton is looking for a panelist for the last Friday night of month meetings at 09:00 pm. If you are interested, reach out to Titus.206-718-3051

**Shelley C** District 41 King County Recovery Program Skyway is going well however it is always looking for more support. (See Paul S amended report on meeting requirements

Topic for Discussion:

"*Big Books have dwindled down along with the budget. The purpose of this committee is to assist in the operation of the facilities we enter. Providing start up materials. Trusted servants have asked for books for some facilities to give away. I am reaching out to ask that you ask your district or groups to aid in this endeavor. Another idea could be we organize a fundraising event to help with the purchase of Big Books. Bring any ideas you might have and share them, let's see what solutions we can come up with".*

**Newsletter Editor** ..... **Peter J**

Making the newsletter was fun. Great content was submitted. I'm looking forward to seeing what comes in for the next one. The deadline is the 25th of each month.

Questions

- If someone wants to submit an article, how would one do that?
  *Email newsletter@seattleaa.org by the 25th of each month.*

**Nightwatch Chair** ..... **Rob S**

If you are looking for an AA service position, please consider volunteering for Nightwatch. We answer the AA Hotline when the Greater Seattle Intergroup Office is closed. Volunteers do one 4-hour shift per month (10p-2a, 2-6a, and 6-10a).

We currently have the following open shifts:
1st Thursday of the month 2:00 AM–6:00 AM
2nd Saturday of the month 6:00 AM–10:00 AM

If you are interested in volunteering or learning more about Nightwatch, please text Rob Smith at 206-601-0061 or email Nightwatch@seattleaa.org.

Thank you,
Rob Smith, Nightwatch Chair
206-601-0061

**Office Committee** ..... **Matt T**

*Matt attended the Spring Assembly, but didn't have anything to report for the month.*

**Public Information/Cooperation with the Professional Community Chair** .....**David B**

We staffed a booth at the Spring Resource Fair on North Aurora on May 28th, 2025. We distributed literature and had conversations with both people in need and other service agencies.
PI/CPC chairs in districts 32, 34, and 25 are working on outreach to social workers and hospitals.

Strengths:

- We have a number of engaged PI/CPC leads working on outreach to schools and healthcare professionals.
- We are well prepared to participate in events with literature, tablecloth, racks, etc.

Challenges:
Some districts have very low engagement with PI/CPC, a number have no representation.
Engagement with schools is scattershot and inconsistent

Upcoming Events

- Booth at the King County Substance Use Recovery Conference on Wednesday, June 25.
- Speaking at UW health sciences Addiction Medicine class in October

**Special Events** ..... **OPEN**
*Email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.*

Christina reported on the status of the picnic. She's working with Lara and Anita. We're seeking volunteers for loading up from GSIG and unloading at Seward Park, and then back again. We also need volunteers for the raffle and swag table, children's games, and other activities. We have created an online sign-up form that will be available on our website. Volunteers can also email specialevents@seattleaa.org.

**Third Legacy Chair** ..... **OPEN**
*Email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.*

**Twelve Step Chair** ..... **Karrie C**

Everything's going really well. Lara already reported on chat, and looking forward to the discussion topic.

**Web & Tech Chair** ..... **Dez D**
*Dez neither attended the Spring Assembly nor submitted a report for the month.*

**Webmaster** ..... **Dash**
*Email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.*

Still learning the ropes on Webmaster. Met with Web and Tech committee today. Looks like we don't have a Web and Tech Chair since the person who volunteered hasn't shown up twice in a row.

Was not good about checking the webmaster@seattleaa.org email this past month. Will resolve to check it at least once a day going forward.

That's all, Dash

## District Reports

**You can find business meeting details for all Districts within the Greater Seattle Area at https://www.seattleaa.org/district-map/.**

**District 14** ..... **Ruth P**
*West Seattle, White Center, Vashon Island*

Hello Friends, I'm sorry I can't be with you tonight. I am fighting an epic battle with the mosquitoes of Northern Wisconsin.

- District 14 is West Seattle, Vashon and White Center. We meet the second Tuesday of the month at 7 pm.

*Ruth's D14 report continued:*

- Mark your calendars for our LEGENDARY picnic in Lincoln Park, on the beach, on Sunday, September 7
- We have one service position open, for CPC, and we're working to fill that.
- Our new Web and Tech person, Ron, is wondering if any districts have a position description for that role. If you do, please email it to me or I can also put you in touch with Ron. ruthepurcell@gmail.com
- The GSR from one of our younger groups, Austin from No Matter What, presented an idea that their group is using for their inventory. They will be using the "Traditions Checklist from the A.A. Grapevine", which is very intriguing.
  For example, for Tradition 1, "Our common welfare should come first; personal recovery depends upon AA unity." some of the questions the group will address include:
  1. In my group am I a healing, mending, integrating person, or am I divisive?
  2. What about gossip and taking other members' inventories?
  3. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
  4. Am I gentle with those who rub me the wrong way, or am I abrasive?

  The link for that tool is https://www.aa.org/traditions-checklist-aa-grapevine.

That's all! I will see you next month. Thank you for allowing me to be of service.

**District 15**..... **Blake P**
*Downtown Seattle, West Capitol Hill*

- We discussed upcoming Spring Assembly and have a few attendees hopefully.
- We had some great discussions about how to engage more with groups and get some
- Involvement back in our District.
- We had a great person step up and make themselves available for DCM. The District has a new flyer with updated positions available.
- Again we appreciate the support of Area and other district members helping spread the message.

**District 16**.....**Ricky T**
*Northeast Seattle and University District (Montlake Cut north to NE 145th St and Aurora Ave, and east to Lake Washington)*

- We meet at the Journey Christian Church, NE 120th St, Seattle, on the 3rd Wednesday of the month @ 7:00 PM.
- We have scheduled drop-in visits for two of the underrepresented groups in our district: Lake City 11th Hour and Rigorous Honesty
- Our business meeting is tomorrow to find what happened
- Eddy is going to speak at our July Business meeting
- On Awakening will be offering Childcare at the Sunday morning meeting from 8:00 AM to 9:00 AM
- Currently working to get things lined up
- We are still soliciting our groups for feedback on the Newsletter Issues and Bus Sign Initiative for the Area 72 Business Quarterly

Strengths and Challenges
Challenge to have more people volunteer for service

Group Conscience on GSIG Agenda items
More will be revealed

**District 17**.....**David S**
*Ballard and Northwest Seattle*

David wasn't able to attend the Assembly and had no report for this month.

**District 18**..... **William B**
*Renton, Kent, Tukwila*

We meet every third Thursday at 7pm at Renton United Methodist Church . The address is 2201 NE 4th St Renton.

- District 18 has a BBQ on July 27th 10-2pm Kiwanis park
- Old Kent picnic lake wilderness park shelter 1 from 11-4
- New Purpose group is doing a 20th anniversary on 9/11 potluck at 6 and will have 2 speakers
- District 18 Web Master is creating a wonderful website that everyone should check out!
- Before our next district meeting, we are having a potluck archives event to begin going through the archives!
- We have one service position open, Third Legacy.
- Richard C. Grapevine chair is offering a presentation about AA literature.

**District 24**.....**Bobby T**
*Southwest Snohomish County: Everett, Lynnwood, and Montlake Terrace*

We meet at St. Hilda's Episcopal Church, 15224 52nd Ave W, in Edmonds at 7:00 PM on the first Wednesday of each month. It's a hybrid meeting —Zoom ID: 872 3971 4442 and Passcode: 441 729.

At our June meeting, we had 33 people in person and four online. Astri attended to speak about the history of aa and founders, like Dr Jung, Roland H, Ebby T, Bill D, and of course, Bill W and Dr Bob.
Our epic picnic with D42 is coming up on July 19th @ 2:00 PM. It's a potluck with burgers and hot dogs, and we'll have a raffle. We'll be at Edmonds City Park—600 3rd Ave S, Edmonds, WA 98020.

**District 31**.....**Thomas H**
*Burien, Des Moines, Normandy Park, SeaTac, and Tukwila*

5. DCM West had a Zoom meeting Last Sunday with new April 2026 Host Committee Chair, Jennifer S and we are off to a great start with our planning for Quarterly.
6. West & Dawn are registered for the July Quarterly at La Quinta in Tacoma July 11th & 12th
7. Our DCM is attending home group & business meetings.

8. Alt Chair Lisa S spoke at our meeting
9. Jennifer H was elected our new Archive Chair. Nice!!
10. Founders Day Potluck June 14th was at New Beginning Hall.
11. Motion made to have 2 workshops on one day, September 20th, 2025. Archive 1:00–2:30 break, Sponsorship workshop from 3:30–4:30 at Grace Lutheran Church, Des Moines, WA.
    All Approved!!!!
12. Treatment Chair: Continuing to advocate for sign-ups for Treatment panels/chairs in the district.
13. Burien Resource Fair June 10, 2025
14. All in all, the AA table was well attached
15. Principles Before Personalities 25th Anniversary Potluck event is on Tues. July 1st 5:30 pm @ Highline Christian Church!

In Service
Thomas H, D-31 Liaison

**District 32**..... **Samantha M**
*Algona, Auburn, Federal Way, and Pacific*

I wasn't able to attend the district meeting, so I have nothing to report.

**District 33**..... **Aaron C**
*Maple Valley, Covington, Black Diamond, Hobart, Summit, and East Kent*

<u>Top 5 Takeaways</u>

1. Treasurer's Report
   - The district is $168.26 under the prudent reserve.
   - As a result, no splits will be made at this time.
2. Reducing Printing for Business Meetings
   - Discussion centered on cutting back on printing materials.
   - Moving forward, only those requesting hard copies will receive printed materials; others can access them on their phones.
3. Maple Valley Days (June 13–15)
   - All volunteer slots are filled for the AA booth.
   - The district is prepared and excited to share information with the community.
4. Reducing Printing for Groups at Large
   - The registrar will now print materials from home using a donated printer and ink, significantly lowering costs.
   - This change is also more convenient for the registrar.
5. GSR Reports
   - No major updates, but general feedback indicated that meeting attendance is trending upward.

**District 40**.....**Daysha G**
*East-Central Seattle: East Capitol Hill, Central District, Madrona, Madison Park, and Leschi*

Mario delivered the report to the Assembly that Daysha had previously submitted for these minutes.

- We are currently meeting on Zoom on the second Tuesday of every month at 7:00pm. Our last meeting was on 7/10/25. We voted to move our meeting to the first Tuesday of the month starting in August with plans to make it a hybrid meeting. Online meeting ZOOM ID: 636 349 2454 / no password. Room opens at 6:45pm.
- We need a treasurer and alt treasurer and will elect that next month. The current treasurer is able to help with the transfer of this position over the next couple of months.
- By the Grace of God is having a potluck on June 24th at 6pm and 7:30pm is the speaker meeting.
- Beautiful Individuals That Can Handle Every Situation has moved locations to All Pilgrims Church, and is still on Sundays from 7-8pm.
- Sober in Cal is a new queer-focused meeting that just started! It is Tuesdays from 8-9pm in the Central Lutheran Church.

**District 41**.....**Laura C**
*North-Central Seattle: Queen Anne, Magnolia, and part of South Lake Union*

District 41 meetings are held the 3rd Wednesday of the month at 7:00 PM on Zoom.

District 41, together with Districts 14 and 38, kicked off Pride Month on Saturday, June 7, hosting an information table at Pride In The Park. The event was held at Volunteer Park in Seattle. The event went very well with a good turnout and a beautiful day. Thank you to Intergroup for the help and support!

A summer barbecue is planned August 10 at Magnolia Park, 3:00 PM. Save the date, a flyer and more information will be available soon.

Laura

**District 42**.....**Sarah F**
*Northwest Seattle: Lake Forest Park and Shoreline*

Meeting information.
Met last week and set a date for district inventory June 28th online. Like Bobby said, we're hanging out with 24 on the picnic.
We've met our prudent reserve, so this is great news!

## AA Clubs and Halls

**Fremont Northgate Fellowship Hall** .....**Adam**

We have some new stuff coming up. We've made some reservations by knocking out walls and expanding the space. It feels like it's twice the space now. We also have a Friday 10pm meeting that needs support.

On Saturdays, we have fellowship. The First Saturday of the month, we have a movie night. Second Saturday open mic, fourth Saturday we have game night, and if there's a fifth, we have fellowship and espresso.

**Greenwood Fellowship** ..... **Lois**

*Lois wasn't able to attend the Assembly and had no report for this month.*

**Pass It On** ..... **Jeffery F**

*Jeffery wasn't able to attend the Assembly and had no report for this month.*

**Serenity Hall** ..... **Joel K**

- Serenity Hall's financials are sound, but we are keeping a larger than usual reserve right now since we will possibly be asked to move sometime in the coming year. More details to come in the months ahead.
- We now have some closed literature study meetings. Details to be found on the meeting schedule website.
- We have an upcoming 4th of July celebration, with BBQ, music, and meeting all day. Festivities should kick off around noon!
- As always, speaker meeting on the Third Sunday of every month! Potluck at 7:00, two speakers starting at 8:00.

Thank you for supporting Serenity Hall Skyway!

## Old Business

**Open Committee positions**: Special Events Chair, Third Legacy

## Wrap-up

### Upcoming Events

*See https://www.seattleaa.org/events/ for more info and additional events.*

| | | |
|---|---|---|
| Seattle Group AA Meeting | GSIG | Saturdays @ 6:00 PM |
| Service Manual Study | GSIG Hybrid | 1st Sunday @ 11:00 AM |
| The Principles of the Twelve Steps | GSIG Hybrid | 4th Wednesday @ 2:30 PM |
| 2025 International AA Convention | Vancouver, BC | July 3–6, 2025 |
| Delegate Report Back | GSIG | July 19 @ 1:00 PM |
| GSIG Big Summer Picnic | Seward Park | August 17 @ 1:00 PM |

### Reminders

| | | |
|---|---|---|
| Send GSIG Reports to secretary@seattleaa.org | Deadline: | June 17 |
| Send Newsletter articles to high_and_dry@seattleaa.org | Deadline: | June 25 |

## Five Main Takeaways

*Email info@seattleaa.org or call (206) 587-2838 for more info or to volunteer.*

1. **Does your group want GSIG to increase the price of books?**
   If so, should it revert to the historical markup, a specific amount, or something else?
2. **Are you the next GSIG Special Events or Third Legacy Chair?**
   Join the next board meeting, email info@seattleaa.org or call (206) 587-2838 to express your interest.
3. **Mark your calendars for the Intergroup Picnic on August 17 from 1:00 PM–4:00 PM**
   Seward Park | 5900 Lake Washington Blvd S, Seattle, WA 98118 | Shelter #3
4. **Delegate Report Back on July 19 at Greater Seattle Intergroup from 1:00 PM–4:00 PM**
   Join the Central Districts to hear about the Panel 75 General Service Conference in New York!
5. **Would you like an International Convention Watch Party at Seattle Intergroup?**
   GSIG will provide registration and space if a District, Group, or Member wants to organize

***Motion to close***: Many ***Motion seconded***: Many *Unanimously approved*

*We adjourned with the Responsibility Statement*



Published by the **Greater Seattle Intergroup of Alcoholics Anonymous** — 5507 6th Avenue South, Seattle, WA 98108
**Office Hours** — Mon: 10:00 a.m. – 2:00 p.m., Tues-Fri: 10:00 a.m. – 6:00 p.m., Sat: 10:00 a.m. – 2:00 p.m.
**(206) 587-2838** — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAA.org

# Balance Sheet

## Greater Seattle Intergroup

As of May 31, 2025

| DISTRIBUTION ACCOUNT | TOTAL |
|---|---|
| Assets | |
| Current Assets | |
| Bank Accounts | |
| Bank | 0 |
| 1151 U.S. Bank-Checking Account 7745 | 28,979.85 |
| 1155 U.S. Bank-Savings Account 8481 | 1,461.33 |
| 1156 U.S. Bank-Money Market 3270 | 46,942.59 |
| **Total for Bank** | **$77,383.77** |
| Stripe (required for Synder) | 399.66 |
| **Total for Bank Accounts** | **$77,783.43** |
| Accounts Receivable | |
| 1501 Accounts Receivable | 217.33 |
| **Total for Accounts Receivable** | **$217.33** |
| Other Current Assets | |
| 1011 Undeposited Funds | 925.04 |
| 1202 Petty Cash Advances Given | 574.95 |
| 1402 Prepaid--ASL--Service Manual | |
| 1601 Inventory on Hand | 26,734.46 |
| Inventory Asset | |
| Uncategorized Asset | |
| **Total for Other Current Assets** | **$28,234.45** |
| **Total for Current Assets** | **$106,235.21** |
| Fixed Assets | |
| 1701 Equipment | 9,033.05 |
| 1702 Furniture & Fixtures | 21,543.95 |
| 1711 Other Assets Depreciation | -28,254.00 |
| **Total for Fixed Assets** | **$2,323.00** |
| Other Assets | |
| **Total for Assets** | **$108,558.21** |

# Balance Sheet

## Greater Seattle Intergroup

As of May 31, 2025

| DISTRIBUTION ACCOUNT | TOTAL |
|---|---|
| Liabilities and Equity | |
| Liabilities | |
| Current Liabilities | |
| Accounts Payable | |
| 2001 Accounts Payable | -389.73 |
| **Total for Accounts Payable** | **-$389.73** |
| Credit Cards | |
| US Bank Credit Card - Anita | 143.70 |
| US Bank Credit Card - Lara | 8,222.50 |
| **Total for Credit Cards** | **$8,366.20** |
| Other Current Liabilities | |
| 2201 Committee Earmarked Funds | 0 |
| 2211 Corrections Committee | 4,558.21 |
| 2212 Hospital & Treatment Committee | |
| 2213 Accessibility Committee | 1,256.63 |
| 2214 PI / CPC Committee | |
| 2215 Big Book/Literature Fund | 266.97 |
| **Total for 2201 Committee Earmarked Funds** | **$6,081.81** |
| Out Of Scope Agency Payable | |
| Payroll Liabilities | |
| Sales Tax Agency Payable | -32.96 |
| Washington State Dept of Revenue Payable | 667.32 |
| **Total for Other Current Liabilities** | **$6,716.17** |
| **Total for Current Liabilities** | **$14,692.64** |
| Long-term Liabilities | |
| 2720 Other Liabilities | |
| **Total for Long-term Liabilities** | **0** |
| **Total for Liabilities** | **$14,692.64** |
| Equity | |
| 3101 Retained Earnings | 83,841.12 |
| Net Income | 8,555.43 |
| 3001 Opening Bal Equity | 1,469.02 |
| **Total for Equity** | **$93,865.57** |
| **Total for Liabilities and Equity** | **$108,558.21** |

# Greater Seattle Intergroup
# May 2025 P&L
## Actual vs Budget

| | May 2025 | | | Year-To-Date | | |
|---|---|---|---|---|---|---|
| | Actual | Budget | over Budget | Actual | Budget | over Budget |
| **Income** | | | | | | |
| **4201 Special Events Income** | 854.00 | 541.67 | 312.33 | 1,457.63 | 2,708.35 | -1,250.72 |
| **Contributions** | | | | | | |
| **4001 Group Contributions** | 9,923.98 | 11,284.08 | -1,360.10 | 67,344.89 | 56,420.40 | 10,924.49 |
| **4002 Individual & Other Contributions** | 3,921.59 | 2,477.25 | 1,444.34 | 9,967.81 | 12,386.25 | -2,418.44 |
| **4003 Meeting Room 7th Collections** | 542.00 | 400.00 | 142.00 | 3,130.14 | 2,000.00 | 1,130.14 |
| **4004 Birthday Contributions** | 553.27 | 183.33 | 369.94 | 1,586.36 | 916.65 | 669.71 |
| **4005 The Sustainers Program** | 1,980.94 | 1,666.67 | 314.27 | 8,730.81 | 8,333.35 | 397.46 |
| **4006 Group Insurance Contributions** | 0.00 | 83.33 | -83.33 | 335.00 | 416.65 | -81.65 |
| **Total Contributions** | **$ 16,921.78** | **$ 16,094.66** | **$ 827.12** | **$ 92,552.64** | **$ 83,181.65** | **$ 9,370.99** |
| **Literature Sales** | | | | | | |
| **Retail Sales** | | | | | | |
| **4101 Literature Sales** | 5,131.24 | 4,833.33 | 297.91 | 32,351.00 | 24,166.65 | 8,184.35 |
| **4111 Meeting Directory Sales** | 741.00 | 916.67 | -175.67 | 3,840.00 | 4,583.35 | -743.35 |
| **4121 Coin Sales** | 1,230.35 | 1,250.00 | -19.65 | 7,518.12 | 6,250.00 | 1,268.12 |
| **4141 High & Dry Sales** | 0.00 | 26.67 | -26.67 | 157.40 | 133.35 | 24.05 |
| **4151 Shipping Income** | 63.45 | 100.00 | -36.55 | 498.23 | 500.00 | -1.77 |
| **Total Retail Sales** | **$ 7,166.04** | **$ 7,126.67** | **$ 39.37** | **$ 44,364.75** | **$ 35,633.35** | **$ 8,731.40** |
| **Sales of Product Income** | 15.00 | | 15.00 | **$ 44,364.75** | **$ 35,633.35** | **$ 8,731.40** |
| **Total Income** | **$ 24,956.82** | **$ 23,763.00** | **$ 1,193.82** | **$ 136,917.39** | **$ 118,815.00** | **$ 18,102.39** |
| **Cost of Goods Sold** | | | | | | |
| **COGS** | | | | | | |
| **5101 Literature COGS** | 4,251.94 | 3,141.67 | 1,110.27 | 26,090.43 | 15,708.35 | 10,382.08 |
| **5111 Meeting Directory COGS** | 418.51 | 416.67 | 1.84 | 2,192.97 | 2,083.35 | 109.62 |
| **5121 Coin COGS** | 577.20 | 662.50 | -85.30 | 3,784.30 | 3,312.50 | 471.80 |
| **5141 High & Dry COGS** | 129.00 | 154.17 | -25.17 | 1,148.17 | 770.85 | 377.32 |
| **5151 Other Cost of Goods Sold** | 80.13 | 0.00 | 80.13 | 364.05 | 0.00 | 364.05 |

| | | | | | | |
|---|---|---|---|---|---|---|
| **5161 Inventory Adjustments** | 40.42 | -25.00 | 65.42 | 170.42 | -125.00 | 295.42 |
| **5162 Lit COGS Qty Disc(-) Penalty(+)** | 0.00 | 0.00 | 0.00 | -2,181.26 | 0.00 | -2,181.26 |
| **Total COGS** | **$ 5,497.20** | **$ 4,350.01** | **$ 1,147.19** | **$ 31,569.08** | **$ 21,750.05** | **$ 9,819.03** |
| **Total Cost of Goods Sold** | **$ 5,497.20** | **$ 4,350.01** | **$ 1,147.19** | **$ 31,569.08** | **$ 21,750.05** | **$ 9,819.03** |
| **Gross Profit** | **$ 19,459.62** | **$ 19,412.99** | **$ 46.63** | **$ 105,348.31** | **$ 97,064.95** | **$ 8,283.36** |
| **Expenses** | | | | | | |
| **6801 Standing Committees** | | | | | | |
| **6811 Archives Committee** | 90.00 | 41.67 | 48.33 | 580.06 | 208.35 | 371.71 |
| **6812 Corrections Committee** | 33.09 | 30.00 | 3.09 | 73.07 | 150.00 | -76.93 |
| **6813 GSIG Board** | 86.62 | 83.33 | 3.29 | 282.21 | 416.65 | -134.44 |
| **6814 Hospital & Treatment Committee** | 299.15 | 150.00 | 149.15 | 615.33 | 750.00 | -134.67 |
| **6815 PI/CPC Committee** | 31.50 | 150.00 | -118.50 | 517.85 | 750.00 | -232.15 |
| **6816 Special Events Committee** | 94.46 | 516.67 | -422.21 | 2,229.00 | 2,583.35 | -354.35 |
| **6817 Third Legacy Committee** | 0.00 | 20.83 | -20.83 | 0.00 | 104.15 | -104.15 |
| **6818 Web and Technology Committee** | 0.00 | 125.00 | -125.00 | 0.00 | 625.00 | -625.00 |
| **6819 Accessibility Committee** | 0.00 | 458.33 | -458.33 | 1,550.04 | 2,291.65 | -741.61 |
| **Total 6801 Standing Committees** | **$ 634.82** | **$ 1,575.83** | **-$ 941.01** | **$ 5,847.56** | **$ 7,879.15** | **-$ 2,031.59** |
| **6830 Travel and Meetings** | | | | | | |
| **6831 Conference, Convention, Meeting** | | 166.67 | -166.67 | 566.36 | 833.35 | -266.99 |
| **Total 6830 Travel and Meetings** | **$ 0.00** | **$ 166.67** | **-$ 166.67** | **$ 566.36** | **$ 833.35** | **-$ 266.99** |
| **Other Expenses** | | | | | | |
| **6300 Credit Card Processing & Bank Fees** | 300.26 | 273.83 | 26.43 | 1,872.10 | 1,369.15 | 502.95 |
| **6501 Insurance** | 0.00 | 449.83 | -449.83 | 0.00 | 2,249.15 | -2,249.15 |
| **6502 Licenses & Taxes** | 10.00 | 16.67 | -6.67 | 30.00 | 83.35 | -53.35 |
| **6701 Software Subscriptions** | 410.48 | 300.00 | 110.48 | 2,236.62 | 1,500.00 | 736.62 |
| **6702 Tax Return Fees** | 0.00 | 0.00 | 0.00 | 400.00 | 0.00 | 400.00 |
| **6921 Burien Little Assembly** | 0.00 | 12.50 | -12.50 | 373.72 | 62.50 | 311.22 |
| **6931 Cash Over/Short** | 0.00 | 0.00 | 0.00 | 22.11 | 0.00 | 22.11 |
| **6932 Petty Cash (Over) Short** | 0.00 | 0.00 | 0.00 | 0.52 | 0.00 | 0.52 |
| **6935 WA STATE B&O TAX** | 90.31 | 2.08 | 88.23 | 957.06 | 10.40 | 946.66 |
| **Total Other Expenses** | **$ 811.05** | **$ 1,054.91** | **-$ 243.86** | **$ 5,892.13** | **$ 5,274.55** | **$ 617.58** |
| **Paid Staff** | | | | | | |
| **6101 Payroll Expenses** | | | | | | |
| **6111 Wages** | 6,941.04 | 7,368.58 | -427.54 | 37,239.34 | 36,842.90 | 396.44 |

| | | | | | | |
|---|---|---|---|---|---|---|
| **6112 Taxes** | 539.38 | 527.25 | 12.13 | 2,894.96 | 2,636.25 | 258.71 |
| **Total 6101 Payroll Expenses** | **$ 7,480.42** | **$ 7,895.83** | **-$ 415.41** | **$ 40,134.30** | **$ 39,479.15** | **$ 655.15** |
| **6121 Medical Insurance** | 16.00 | 141.67 | -125.67 | 729.50 | 708.35 | 21.15 |
| **Total Paid Staff** | **$ 7,496.42** | **$ 8,037.50** | **-$ 541.08** | **$ 40,863.80** | **$ 40,187.50** | **$ 676.30** |
| **Purchases** | | | | | | |
| **Rent and Office** | | | | | | |
| **6001 Rent** | 4,384.00 | 4,317.92 | 66.08 | 21,779.60 | 21,589.60 | 190.00 |
| **6002 Triple Net** | 1,789.08 | 1,666.67 | 122.41 | 9,399.97 | 8,333.35 | 1,066.62 |
| **6003 Maintenance & Repairs** | 0.00 | 291.67 | -291.67 | 1,123.68 | 1,458.35 | -334.67 |
| **6004 Computer Upgrade** | 0.00 | 83.33 | -83.33 | 718.85 | 416.65 | 302.20 |
| **6005 Office Supplies** | 472.75 | 500.00 | -27.25 | 1,680.72 | 2,500.00 | -819.28 |
| **6201 Waste & Disposal** | 325.92 | 448.00 | -122.08 | 2,511.33 | 2,240.00 | 271.33 |
| **6211 Electricity** | 1,795.11 | 277.92 | 1,517.19 | 2,670.93 | 1,389.60 | 1,281.33 |
| **6212 Internet Service** | 454.64 | 324.17 | 130.47 | 1,389.28 | 1,620.85 | -231.57 |
| **6401 Phones & Call Forwarding** | 90.10 | 95.00 | -4.90 | 1,518.56 | 475.00 | 1,043.56 |
| **6601 Shipping Expense** | 78.18 | 291.67 | -213.49 | 513.05 | 1,458.35 | -945.30 |
| **6603 Office upgrades; rearrangement** | | 166.67 | -166.67 | 0.00 | 833.35 | -833.35 |
| **Total Rent and Office** | **$ 9,389.78** | **$ 8,463.02** | **$ 926.76** | **$ 43,305.97** | **$ 42,315.10** | **$ 990.87** |
| **Total Expenses** | **$ 18,332.07** | **$ 19,297.93** | **-$ 965.86** | **$ 96,475.82** | **$ 96,489.65** | **-$ 13.83** |
| **Net Operating Income** | **$ 1,127.55** | **$ 115.06** | **$ 1,012.49** | **$ 8,872.49** | **$ 575.30** | **$ 8,297.19** |
| **Other Income** | | | | | | |
| **7001 Interest Income** | 79.72 | 100.00 | -20.28 | 313.39 | 500.00 | -186.61 |
| **7002 Credit Card Rewards** | | | 0.00 | 300.00 | 0.00 | 300.00 |
| **Total Other Income** | **$ 79.72** | **$ 100.00** | **-$ 20.28** | **$ 613.39** | **$ 500.00** | **$ 113.39** |
| **Other Expenses** | | | | | | |
| **7003 Other Expense** | 159.00 | 0.00 | 159.00 | 565.65 | 0.00 | 565.65 |
| **Other Miscellaneous Expense** | 262.30 | 0.00 | 262.30 | 262.30 | 0.00 | 262.30 |
| **Total Other Expenses** | **$ 421.30** | **$ 0.00** | **$ 421.30** | **$ 827.95** | **$ 0.00** | **$ 827.95** |
| **Net Other Income** | **-$ 341.58** | **$ 100.00** | **-$ 441.58** | **-$ 214.56** | **$ 500.00** | **-$ 714.56** |
| **Net Income** | **$ 785.97** | **$ 215.06** | **$ 570.91** | **$ 8,657.93** | **$ 1,075.30** | **$ 7,582.63** |

As of May 31, 2025

## Checking Balance Breakdown & Earmarked Funds

| | |
|---|---|
| **Checking Balance** | **$28,928.85** |
| Correction Pink Can Earmarked Funds | $-4,558.21 |
| Accessibility Blue Can Earmarked Funds | $-915.34 |
| Big Book Fund Ear Marked Funds | $-163.67 |
| **Available for GSIG Use** | **$ 23,291.63** |

## GSIG Prudent Reserve Balance Sheet

| | |
|---|---|
| Prudent Reserve | $58,239.00 |
| Money Market | $48,403.92 |
| **Shortage** | **$- 9,835.08** |

The Prudent Reserve is based on 3 months' Current Approved Budget Operating Expenditures.

Prudent Reserve is calculated as follows:

| | |
|---|---|
| 2025 Approved Budget | $232,955 |
| Divided by 12 | $19,412.00 |
| Projected Monthly Expenditures | $19,412.00 |
| Multiplied by 3 | $58,239 |

GREATER SEATTLE INTERGROUP
**ALCOHOLICS ANONYMOUS**

**THE SEATTLE GROUP**
**An open meeting of Alcoholics Anonymous**

**Saturdays at 6:00PM**
**5507 6th Ave S.**
**Seattle, Wa. 98108**

**Join us for Fellowship at 5:30PM**
**Speakers at 6:00PM**

**SCHEDULED SPEAKERS:**

**July 5th Gina C.**

**July 12th Damon R.**

**July 19th Stephen M.**

**July 26th Beth W.**















## 2025 Summertime Barbeque Schedule

*Living in Sobriety Potluck*

**Come join us for some Summertime fun at Golden Gardens Park!**

CommUNITY, SERVICE and RECOVERY in action. While our recovery is upmost in our minds and we take it very seriously we also make time for fun to enjoy our friends, new ones and old ones, in this time to celebrate the joys of summertime with Puget Sound and the Olympics in the background while we wiggle our collective toes in the sand.






**Who:** Bring a friend, family member or just yourself. Join us for some good sober fun!

All are welcome!

**What:** HAMBURGERS, HOTDOGS & BEVERAGES provided. POTLUCK– bring your favorite dish!

**When:** The barbeque starts around 5:15pm right after the 4:00 meeting

Tuesday , June 17th...Tuesday, July 15th ...Tuesday, August 19th.....Tuesday, September 16th

**Where:** Golden Gardens Park, 8498 Seaview Pl NW—Covered picnic Area 1-Tables 1-4

Living in Sobriety, Meetings daily at 4:00, 6512 12th Ave NW, Seattle, WA 98117



# The Twelve Principles

of the

# Twelve Steps

A monthly workshop for 2025




Join us as we explore what it means to practice these principles in all of our affairs.

How can these principles help us to live a more sane and sober life?

When: Fourth Wednesday of each month beginning in January @ 2:30pm

Where: Seattle Intergroup and Online

5507 6th Ave S. Seattle 98108

Meeting ID 830 7826 9547 Passcode 600554

For more information contact

info@seattleaa.org







## SERVICE MANUAL STUDY

SPONSORED BY THE

GSIG THIRD LEGACY COMMITTEE

THIS DISCUSSION AND STUDY WILL BE FACILITATED BY AREA 72 TRUSTED SERVANTS.

JOIN US IN PERSON AT GSIG OFFICE OR ON ZOOM on the *1st Sunday of each month at 11am*

SEATTLE INTERGROUP

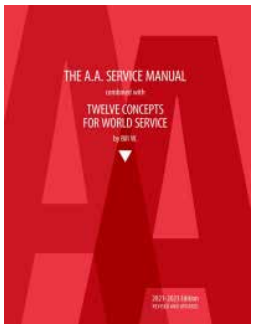
5507 6TH AVE S.,

SEATTLE 98108

ZOOM INFO:

MEETING ID 863 6483 7688

PASSCODE 022841



# *High & Dry*

Editor: Peter J. (newsletter@seattleaa.org)

Contributors: All of YOU

Special Thanks To: Jenza for Artwork on pages 10 and 11.

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) www.seattleaa.org

**Do you have something you would like to submit to The High & Dry newsletter?**
We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.

**Subscriptions — Please consider subscribing to the High & Dry newsletter!**
Your contribution helps fund the services we provide. Suggested annual donation for hard copy is $12/year and digital copy $10/year. To subscribe visit: *SeattleAA.org/intergroup/newsletter/*

Greater Seattle Intergroup
of Alcoholics Anonymous

## Get Involved

If you are interested in getting involved with the Greater Seattle Intergroup, please fill out this form and mail it to us, email it to us at *info@seattleaa.org*, or give Lara or Anita a call at (206) 587-2838.

| | |
|---|---|
| Name: | |
| Address: | |
| City/Zip: | |
| AA Anniversary/ # of years | |
| Contribution enclosed or I am Interested in: | |
| Home Group: | |

If mailing, send this form to:
Greater Seattle Intergroup, 5507 6th Ave S. Seattle, WA 98108

## Link to GSIG Online Contributions

https://www.seattleaa.org/online-contributions/