High&Dry

Greater Seattle Intergroup
Volume 76 Issue 05 May 2025



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Future Tripping May GSIG Events

May 1st 6pm 12 Step Committee Meeting ID: 835 0869 0642 Passcode: 749607
May 3rd 10am Hospital and Treatment Committee hybrid Meeting ID: 820 0608 7832 Passcode: 088776
May 4th 11am Service Manual Study Hybrid Meeting ID 863 6483 7688 Passcode 022841
May 7th 6pm Accessibility Committee Meeting ID: 885 9521 8136 Passcode: 611317
May 12th 6:30pm Corrections Committee Hybrid Meeting ID: 872 2771 9137 Passcode: 833575
May 17th 10am PI/CPC Committee Hybrid Meeting ID: 839 2685 4975 Passcode: 553965
May 18th 12:00pm -3:00pm 46th Annual Ladies Luncheon
Queen City Yacht Club 2608 Boyer Ave E Seattle, WA 98102
May 20th 5:30pm Web and Tech Committee Hybrid Meeting ID: 857 9514 2843 Passcode: 467107
May 20th 7pm Monthly Board Meeting Hybrid Meeting ID: 918 5437 5402 Passcode: 035194
May 28th 2:30pm The Principles of the 12 Steps Hybrid Meeting ID 830 7826 9547 Passcode 600554
May 30-June 1st Sunlight of the Spirit Women's Retreat Location: Falls Creek Retreat Center 32 Falls Creek Road, Raymond, WA 98577

THANKS TO OUR VOLUNTEERS

Monday Bill S., Gary H. and Susan D.
Tuesday Mikey C., Morgan S.
Wednesday Stephan M., Cindy H., Pam H., and Amy F., Honey
Thursday Jake and Joe B.
Friday Thomas H., Marissa F.
Saturday Dan G. and Clay S.

Southend Bookstore Volunteers

Manager: Jim H.
Rick L., Richard C., John G., Jesse J., Anna B. and Bill S., Matt W.

Reflecting on our Past

March-May 1938	Bill begins writing the book Alcoholics Anonymous.
May 1939	Lois W Home Replacement Fund started at Alcoholic Foundation.
May 1949	The first AA meetings in Scotland were held in Glasgow and Edinburgh.
May 1950	Nell Wing became Bill W's secretary.
May 1951	Al-Anon is founded by Lois W. and Anne B.
May 1, 1939	Bank forecloses on 182 Clinton Street. (sometimes reported as April 26, 1939)
May 1, 1940	Rollie H, Cleveland Indians, first anonymity break on national level.
May 1, 1941	The first Wisconsin AA meeting was held at a hotel in Milwaukee.
May 2, 1941	Jacksonville, FL newspaper reported the start of an AA group in Jacksonville.
May 3, 1941	The first AA group in New Orleans, Louisiana, was formed. (sometimes dated as May 2, 1943)
May 3, 1941	Democrat Chronicle in Rochester, NY, reported first annual AA dinner at Seneca hotel with 60 attending.
May 4, 1940	Sunday Star reported founding of first AA group in Washington, DC.
May 6, 1939	Clarence S of Cleveland told Dr. Bob, his sponsor, he would not be back to Oxford Group meetings in Akron and would start an "AA" meeting in Cleveland.
May 6, 1946	The long form of the "Twelve Traditions" was published in the AA Grapevine.
May 8, 1943	Akron AA Group celebrates its 8th anniversary with 500 present and sober.
May 8, 1971	Bill W buried in private ceremony, East Dorset, Vermont.

May 10, 1939	Clarence S announced to the Akron Oxford Group members that the Cleveland members were starting a meeting in Cleveland and calling it Alcoholics Anonymous.
May 11, 1935	Bill W made calls from the Mayflower Hotel and was referred to Dr. Bob.
May 11, 1939	first group to officially call itself Alcoholics Anonymous met at Abby G's house in Cleveland. (some sources say the 18th)
May 12, 1935 @ 5 pm	Bill W met Doctor Bob at the home of Henrietta Seiberling.
May 15, 1961	Bill W's mother, Dr Emily Strobell, died.
May 16, 1941	Ruth Hock finds that Joe W. (or V.), credited with coming up with the name Alcoholics Anonymous, has a "wet brain".
May 17, 1942	The Dayton Journal Herald published pictures of AA members wearing masks to protect their anonymity.
May 17, 1942	New Haven, Conn paper has an article on AA. Picture shows faces of members sitting in a circle.
May 18, 1950	Dr. Bob tells Bill "I reckon we ought to be buried like other folks" after hearing that local AA's want a huge memorial.
May 19, 2000	Dr. Paul O., Big Book story "Doctor, Alcoholic, Addict" (renamed "Acceptance Was the Answer" in the 4th edition) died at the age of 83.
May 28, 1974	The first World Service Meeting of AA outside North America was held in London.
May 29, 1980	"Dr. Bob and the Good Oldtimers" was published.

May Birthdays

Glori H.	1st 164 Book Study	20 years
Pam H.	Last Chance	38 years
Zan	Sun of Madison	38 years
Elise Von K.		49 years
Shawn P.	Abigail's Ghost	36 years
Sally P.	New Purpose Group	41 years
Kim B.	Benson Hill Women's	7 years





5th Step

"Admitted to God, to ourselves and another human being the exact nature of our wrongs."

During my early days in AA, I didn't think much about step five (or really any other step either.) My last drink was in the parking lot of the Eastside Alano club and as far as I was concerned, I had done step one right and that was all that really counted. Because I was attending meetings everyday it wasn't long before I heard people talking about and recommending that new people, "work the steps." Since I was self-sponsoring I didn't pay too much attention to that advice either.

As the weeks and months went by, I heard more and more about the importance of working the steps, and particularly step five. The reports I heard in the rooms from AA members who had competed step five said pretty much the same thing, "I read my inventory to my sponsor and admitted everything I had done wrong." "Even the things I thought I would never ever tell anyone, I shared out loud." "And, when I was finished, I never felt so free in my life."

After about a year and a half of not drinking and daily attendance of meetings, I started to feel 'less than' others who were working the steps with a sponsor and able to share their experiences of the steps. My game plan was to write an inventory- which I did, (in an autobiography format because I couldn't follow the book's directions.) and, find an AA friend to hear what I wrote, which I also did. Even I was surprised at my candidness. I felt like I included 'every nook & cranny' from my past.

A few hours later when finished, I tossed the inventory into his fireplace and was instructed, then told to go home and spend a quiet hour by myself. During the drive home there was no feelings of freedom or a spiritual breakthrough

or even relief - as I had heard so many others talk about. My biggest gain, was now at meetings I could claim I completed my fifth step, and as an added bonus, feel superior and judgmental over those who hadn't yet.

In August of 1989 with three years of not drinking and sinking lower into untreated alcoholism, I was approached by a man who had the real answer. (Exactly like the story on page 18 of our Big Book.) We worked the steps and when the day came for my 5th step, I had a notebook reflecting the Big Book's suggested format of an inventory and we had a long, long talk.

When I thought we were finished, he said, "so what did you discover the exact nature of your wrongs are?" I replied, "what?" "What are you talking about?" He reminded me the 5th step was about admitting not only the nature, but the exact nature of my wrongs ,(my mistakes?) Truly I was puzzled, I couldn't count how many 5th step discussions I heard at meetings and what was talked about was the time spent with the sponsor, (like the longer it took, the better one's was) and did you TELL ALL!

Once again I found myself in a position where I had to explain to a person who even I had no problem admitting, knew way more than I did, what a 5th step was really about, which was,.... leaving nothing out. He smiled and said "ok" but what did you discover was the exact nature of your wrongs? Seriously, I had never heard anyone ask or talk about that before, and so I said, "oh, do mean I'm selfish & self centered?" He said he had no argument with my self evaluation, but again, "what is the exact nature of your wrongs?" Again I answered, "I've been self centered and selfish." Then he asked me one of the best questions I have ever been asked in AA, he said, "why have you been selfish?" My answer "I don't know" didn't satisfy him.

We reviewed my inventory once more looking for the nature, the very essence of why and how I wrecked my life. I discovered that

fear undermined every bad decision, every wrong action and dominated my way of thinking. If I could find a way, the courage to live where a power other than fear was in charge, even I could see my life would be miraculous in comparison. I was assured not only was there a way, but instructions on how to do exactly that are forthcoming in steps six through twelve! My drive home this time was much different than the first attempt at step five!

Stephan M.



Concept Five

Throughout our world service structure, a traditional "right of appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

This Concept establishes not only the right for minority opinion to be heard and grievances addressed, but imposes upon the minority a responsibility to express their point of view, and upon the majority the responsibility of really listening with an open mind.

It can be extremely difficult to stand up and express a minority opinion, particularly when the minority appears to be very small. From childhood most of us have been told that in a democracy "the majority rules". Many of us have a fear of ridicule, or being judged, or looking foolish among our peers. In A.A., however, each of us has an obligation to share our thoughts.

All of us who have been in service for some time have seen situations where the minority opinion expressed has brought to the attention of the group a facet of the question that had been

overlooked, and has thus changed the outcome of a vote.

Concept Five recognizes that minorities can frequently be right, and that even when they are partly or wholly in error

they still perform a valuable service when they bring about a thorough discussion of important issues. Bill Wilson tells us that the well-heard minority is our chief protection against an uninformed, misinformed, hasty or angry majority.

Strictly speaking, a democracy operates on the will of the majority, no matter how slim that majority may be. We have found in Alcoholics Anonymous, however, that our Third Legacy method of electing delegates, in which a two thirds majority is required, or the top candidates names are placed in the hat and the trusted servant is the person whose name is drawn, has strengthened the spirit of democracy among us.

Another example is the way the General Service Conference operates, refusing to take important decisions on anything less than a two thirds vote, and even when a two thirds vote has been obtained allowing for the minority opinion to be heard once more.

One additional note: while several people may vote in the minority, not all of their objections may be the same. It is always a good idea to allow for more than one person to be heard if they have something new to add to the discussion.

One of the best ways I know to come to agreement is thorough and open discussion of all the points of view represented in any group. This can and does often take a substantial amount of time, spread over more than one meeting. In this time of instant electronic communication the process may seem to be painfully slow. But taking this time, and allowing always for the minority opinion to be heard, can ensure that our Higher Power, as expressed in our group conscience, will be heard.

Thus, this Concept protects Alcoholics Anonymous from the tyranny of either the majority or the minority, so long as we serve in the spirit of the Twelve Steps, the Twelve Traditions, and the Conference Charter.

Yours in service,

Mickey H.
Past Delegate, Panel 49, Utah Area 69

April 13th 2025

Dear Seattle Intergroup Staff & Volunteers,

My wife Caren & I just returned from the North Coast Roundup in Seaside, OR. I was the winner of the 2024 Intergroup Picnic Button Raffle which paid for a package for two to attend the AA convention plus Hotel. We extended it to a much needed three day weekend get away.

It's been fourteen years since the two of us have been at the North Coast Roundup. The first year there we were still dating, later we started going with our son Nathan and another AA couple and their two kids. It became an annual event year after year. We had a fantastic time together this weekend. We met lots of AA friends everywhere we went. The dinner and breakfast was great, the speakers were inspiring and even the weather cooperated. We felt sorry for the comedian Friday night. He was really nervous and bombed out. Some of the crowd left early, but most stayed and clapped and encouraged him till the end.

I wore my winning picnic button all weekend. People asked me about it so I gladly explained I was the winner of a raffle last summer. A few joked about never knowing for sure that there were really winners each year. I was happy to help promote the wonderful things you offer each year to those supporting the Annual Summer Picnic. I just wanted to sit down and thank you for the wonderful and unexpected Experiences we had over the weekend in and around Seaside. Recovery is about living life and making the most of the second chance we are given as active members of Alcoholics Anonymous. Sincerely, Richard C

Corrections Corner

Volunteer Sign Up Event in April!

The GSIG Corrections Committee is looking forward to hosting another fun sign up event. Have you thought about Carrying the Message to AA members inside correctional facilities but didn't know where to start? This event is for you! Saturday, April at the Phoenix Club in Shoreline. 2:00-4:00pm. 14701 Aurora Ave N Shoreline Get Directions

There will be volunteers sharing their experience in a variety of volunteer opportunities. Some take meetings into Correctional Facilities while others write to persons in custody or arrange to be the first contact when someone is released to help them get to their first outside AA meeting. We will have fellowship and refreshments as well! If you have any questions or can't make the event but still want to sign up, please contact volunteercorrections@seattleaa.org

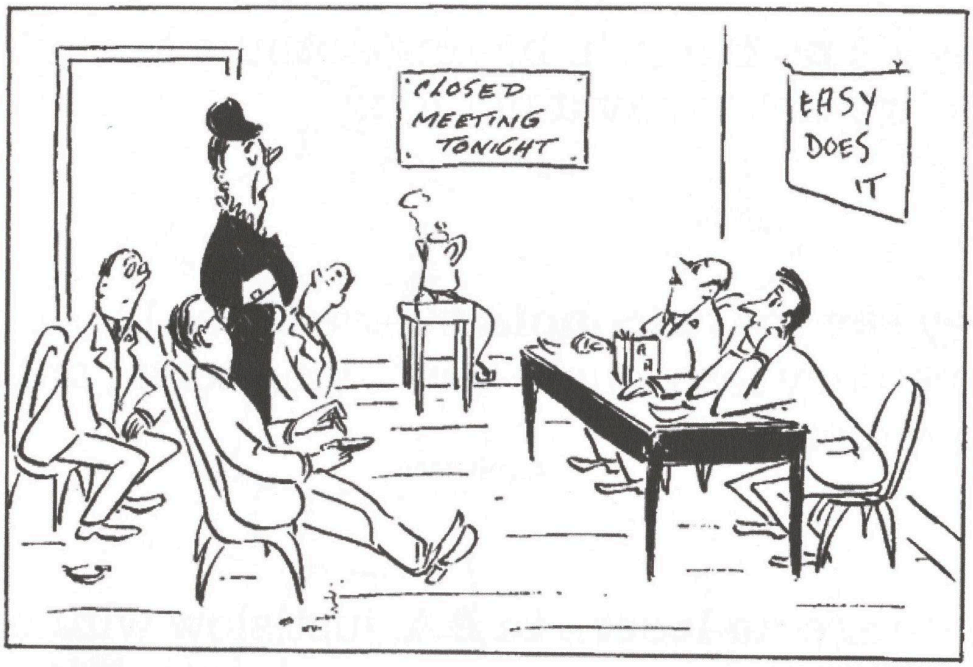
Pink Can Fund Update

Thank you to all the Home Groups that have donated funds to the Pink Can so the Corrections Committee can purchase AA approved literature for people inside correctional facilities. Admiral SW Siders, Gunny Sack Hill, Daily Retreat, Happy Hour, Big Book West and A New Beginning donated $683 in January. We used $742 to purchase BBs, Grapevines, 12&12s, and pamphlets in Spanish and English.

Committee Service Needs

If you'd like to learn more about service on the committee, we need someone to be the treasurer (this position doesn't handle money, just records it) and the vice chair. For more info email corrections@seattleaa.org.

We meet the second Monday each month at 6:30pm, hybrid. Contact corrections@seattleaa.org for more info or visit https://www.seattleaa.org/corrections.



"Being wrong is NOT one of my problems—so how can I take inventory?"

IN MEMORIAM

It is with great distress that we announce the passing of Jack E. Gaines (last name used with permission from family). Jack was active in Southend AA in such groups as Serenity Hall, Bambi and Lake Sawyer Groups. Jack was instrumental in many AA's sobriety and will be remembered and missed.

Board Meeting Minutes **Greater Seattle Intergroup** April 15, 2025

Opening

☐ Call to Order & Serenity Prayer:	Jeff U	
☐ Reading of Tradition Four	Samantha M	
☐ Reading of Concept Four	Kathy A	
☐ AA Birthdays for the month of April	Samantha M	8 years

Initial Business

☐ Roll Call of voting members

GSIG Officers

- Jeff U — Chair
- Eddy M-M — Vice Chair
- Karla L — Chair Emeritus
- Carina W — Secretary
- Pete — Secretary

District Representatives (7 of 12)

The minimum required for a quorum is six

- Stacia J — D14 *(Stood in for Ruth P)*
- William B — D18 *(Lee R stood in until Will arrived)*
- West C — D31 *(Stood in for Thomas H)*
- Samantha M — D32
- Daysha G — D40
- Laura C — D41
- Sarah F — D42

☐ Review and Approve Minutes
https://www.seattleaa.org/intergroup/intergroup-board/

- Motion to approve: Eddy, D16
- Motion seconded: Lee, D17

Unanimously approved

Officer Reports

Chair **Jeff U**

- Attended Area Quarterly and reported what we're doing here at GSIG with everyone
- Ongoing discussions about whether to print the Area 72 Newsletter in its current form
- Jeff is continuing with his project to visit the GSIG Service Committees to see how

- Participated in the Web & Tech Committee, and we have a new chair, Dez D.
- Janet will be on the committee, and others will be attending next week.
- Jeff reminded GSRs, DCMs, and District Representatives to read the GSR letter to their groups
- Another way to get the word out about Seattle Intergroup is to distribute the GSIG Annual Report. Digital copies should be in your inboxes (and online). Printed copies were made available at the business meeting and at Seattle Intergroup, as long as they last.
- Chat line is going well, and a different way to reach folks
- Pete talked about sustainers. Any member, including all the folks who attend the Board Meeting and everyone in their groups, can become a sustainer. Monthly income helps us pay monthly expenses.

Vice Chair **Eddy M-M**

Eddy attended our April board meeting, but had nothing to report.

Chair Emeritus: **Karla K**

Karla attended our April board meeting, but had nothing to report.

Treasurer **Pete K**

Pete said, "We're doing just fine, and thank you." Find his full report at the end of these minutes.

Question

- Where do we stand with the prudent reserve?
  Up by 89. We're still 10k borrowed from the Prudent Reserve. This doesn't bother Pete, since we have sufficient funds in the checking account so we can pay the bills.

Treasurer Report Approval Process

Motion to approve: Lee R *Motion seconded*: Stacia J *Unanimously approved*

There are many ways for groups and individuals to contribute to Greater Seattle Intergroup. For more info, see https://area72aa.org/contribute/, email treasurer@seattleaa.org, or call (206) 587-2838.

Recording Secretary **Carina W**

Hi everyone!

Last month, I put together a Word-based template (docx) for the High & Dry after finishing up with the minutes. The hope is that more members within the Greater Seattle Area fellowship might be able to work with this format than the current InDesign, making it easier for someone to pick up the work. Unfortunately, we weren't able to find anyone to plug in all the content, so Lee R took care of it again.

Did you know that Lee R, who's already been the acting GSIG webmaster for years, has also been getting the High & Dry publish ready each month? Crazy, huh? So I'd like to put out this call:

Are you proficient in Word, Google Docs, or similar software and could help with this, be it for a month or a longer service commitment? If so, please email info@seattleaa.org or call (206) 587-2838, because we really, really need you!

Now I'd better get back to getting these minutes all put together, but first, I'd really better send out those Main Five Take-Aways from the board meeting.

Thank you, always, for this opportunity to be of service!

Warm regards,
Carina, GSIG Secretary | secretary@seattleaa.org | 206.683.1106

Intergroup Staff Reports

Office Manager — Lara R

Financial

- We have produced a 2024 Annual Report that has been made available digitally and I have hard copies to pass out at the Board meeting. Thank you to the hard work of the Finance ad-hoc Committee to provide our fellowship with trust that Seattle Intergroup is functioning in a fiscally responsible way complete with recommendations moving forward.
- The office staff is dedicated to Seattle Intergroup and its efficient functioning.
- Our CAM charges have increased to $1735 monthly from $1620. This charge is calculated every year in February based on historical charges and projected expenses. If we owe money at the end of the year, then we pay the balance owed or receive the balance owed to us in March. This year we owed an additional $400 above what we paid throughout 2024, which is the reason for the increase in that payment for the month. In April, we will commence with the new annual payment.
- We have made group contribution reports available, they can be found online under financial information on our website and are in hard copy on the pie case.
- Also, someone made the brilliant decision to put a return stamp on the High and Dry's that we mailed out and lo and behold we received approximately 15 copies returned to us as no longer at this address, deceased or otherwise undeliverable. So, that began the long overdue search into who has actually paid for a subscription within the last 12 months.

Protocol

The 12 Step Committee has stepped up to handle the Chatline and populate the shifts with volunteers. There will be a chatline training on April 26th at 12:30 at the office.

Inventory: We continue to experience an uptick in sales.

Call Log info

Chatline:	107
12 step:	2
Calls:	112
Total points of contact:	229

Assistant Office Manager — Anita S

Anita wasn't able to attend the April board meeting or send a written report.

Service Committee Reports

Accessibility **Kathy A**

My monthly, Wednesday 6pm, online mtg was attended by an inquisitive member, Derrick, I think that was his name. He had a few questions, and we ended up with: “working to find more ways to make AA accessible to newcomers" after talking for about half an hour.

I can elaborate if I said other things that need explaining. I appreciate being able to serve Intergroup.

Accessibility Quarterly

The meeting opened on time at the Pierce County Central Center at 10AM. Five other attendees were led by Bud Wasierski, WWA72 Accessibility Chair.

The minutes from the January meeting were accepted as accurate, and we went over the old business, talked about the unresolved topics of ASL Interpreters costs of $60-$80 an hour, updating email and other information for the roster, then new topics came up.

New business topics included being able to help with ramp issues for individual meetings as well as for halls when applicable, how childcare needs insurance when done as an on-site, separated from the meeting service and how children can be accommodated in a meeting with as little disturbance as possible and no need for insurance, and the state requirement, and distinction, of service animals in WA State.

We did end at 2:30PM as the discussion about service was well presented and we had lots of valid questions. I was able to bring with me the information that was available from the presenter for us to take back to our groups.

I was very grateful to have been part of the April Accessibility Quarterly,

Kathy A Corey
GSIG Accessibility Chair, 206 794-1491

Archives **Theresa S**

Theresa wasn’t able to attend the April board meeting or send a written report.

Corrections **Karen K**

Lots going on with Corrections:

- Big thank yous to Admiral SW Siders, A New Beginning, Waterfront Group, Saturday Morning Women Soul Searchers, Acceptance is the Answer, Daily Reprieve for donating $391.92 in March. We used $270 to purchase literature.
- Volunteer Sign Up Event: Saturday, April 26, 2-4pm at the Phoenix Club (14701 Aurora Ave N). Opportunity to learn more about opportunities for corrections service, listen to two speakers who found AA while incarcerated.
- New info sheet about corrections service for members with less than two years of sobriety.
- Regional Justice Center is training an initial group of men who've passed the background checks and are eligible to take meetings into the facility. Huge thanks to Craig M for getting this started. Women's meetings will be starting next.
- Jason (D24) and Pam H met with Commander Joe Dickinson and his staff at Lynnwood City Jail and got a grand tour of the new facility. They are interested in bringing AA meetings in (first time ever). Until they've gotten new staff on board, they want us to bring literature into the facility! This is amazing news.
- D1, the Spanish language district for Area 72, has a new corrections chair, Santiago. He will be helping us reach out to Spanish speaking alcoholics inside facilities who want to attend meetings. We're very excited about this.

Karen's Corrections Committee Report continued:

- D25, the online district, has a new Corrections Chair, Jill, who help figure out what the options are for corrections service and the online community.
- We had more discussions about how Intergroup can better support the Corrections Committee. The most discussed idea was about the ongoing need for volunteers. What is an effective way to get the word out for committee activities? Another comment was asking for a more powerful laptop for zoom meetings. Corrections seems to have some sort of an issue with connectivity at most meetings.
- A good number of us attended the Area 72 Corrections quarterly in late March, with about 30 other people. It was inspiring to be a part of such an enthusiastic group of people from around Western WA.
- Jeff as the D18 Corrections Chair, offered to host the Area 72 Corrections June quarterly at Intergroup. He's working out the details with Lara. Thank you District 18!
- We are looking for more women and men volunteers for: SCORE, Juvenile Detention Center, Federal Detention Center, and men for the Regional Justice Center in Kent.

We meet the second Monday of each month at 6:30pm, in person at Intergroup and on Zoom. If you know anyone interested in getting involved, please have them email volunteercorrections@seattleaa.org.

Thank you for your support,
Karen K

Questions

- Do you have a sense of why it's so difficult to bring AA into some correctional facilities? Are they just afraid?
  No, things seem to be moving along a lot better than they once were. Some have internal struggles.

Hospitals & Treatment **Mikey C**

- Burien Little Assembly was on March 1st, right after our monthly committee meeting. Thanks to Bob F, West, Jill, and Kristi for manning the table. Also, Jill did a great job recruiting ladies for her panels. What a great way to get more trusted servants. YAY Jill!
- Started a new panel on March 14th with a meet and greet and a 1-hour meeting followed by Seattle Medical Post Acute Care 1:30-2:30 pm every Friday. We need volunteers and or groups to help facilitate this meeting.
- Attended Area 72 Treatment workbook study that was on the 22nd

- Did a meet and greet with 2 ladies from the Matt Talbot center in Seattle inquiring about starting a women's meeting hopefully Thursday at 2 p.m.
- Sent off bridges to D14, D32, D42, Spokane, Olympia, Ferndale and Alaska
- Attended the Night watch workshop on March 29th to show support and unity hosted by our 3rd Legacy Committee
- Attended a “Bridging the Gap” workshop on Sunday March 30th
- Attended Area 72 Treatment Quarterly last Saturday
- Great news! We are getting closer to getting to the UW behavioral unit at Northwest hospital and are looking for names and/or people to help facilitate this special request.

Newsletter Editor **OPEN**

Please email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.

Nightwatch Chair **Rob S**

Thank you to all the current Nightwatch volunteers for your service to this incredibly important position!

If you are interested in joining Nightwatch please reach out to me (Rob Smith) via email nightwatch@seattleaa.org or text me at (206) 601-0061.

We currently have a couple of open shifts:

- 4th Thursday of the month 2:00 AM–6:00 AM
- 5th Saturday of the month 6:00 AM–10:00 AM

Please reach out if you are interested or have any questions.

In Service,
Rob Smith, Nightwatch Chair | 206-601-0061

Office Committee **Matt T**

- Discussed offering Bereavement (see New Business)
- Also discussed making the suggested donation for room rental at Seattle Intergroup is $25

Public Information/Cooperation with the Professional Community Chair **David B**



QR Code Stickers for literature. The committee purchased 500 2" by 2" stickers to place on literature distributed in community centers, libraries, etc. The QR is the same one used in the print schedules and directs to the GSIG meeting page. This will help newcomers connect directly with meetings

- **Fairs**. We continue participating in resource fairs. In March, District 14 staffed a booth at the Westwood Village Community Resource Fair in West Seattle, and District 18 staffed a booth at the King County Library Resource Fair, Kent Library. D14 will also staff a booth at the Progress Pushers resource fair in West Seattle on April 26. As the weather turns warmer there will be more opportunities in the coming months.

- **Schools**. D16 gave a presentation to a health class at Bishop Blanchet High School, with more presentations scheduled for May at Blanchet and Seattle Prep High School.
- **Washington Mental Health Counselors Association**: Nate (D31) is working on an online presentation to the Washington Mental Health Counselors Association.

David B., GSIG CPC/PI Chair, cpc@seattleaa.org

Questions

- At the Area 72 Business Quarterly there was a discussion about putting placards up inside of buses. Would it be possible to add the GSIG phone number to those, if the Area decides to move forward?

Some discussion occurred.

Special Events **OPEN**

Email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.

Third Legacy Chair **OPEN**

Email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.

Twelve Step Chair **Karrie C**

This month, the 12th Step Committee has been busy organizing and training some eager new members! Along with Rob and the Nightwatch crew, we successfully co-hosted the hybrid Phone Volunteer Information Event at Intergroup. There was a great turnout and the stories and questions we shared were enlightening. We will also be hosting a hybrid Chatline Volunteer Training event at Intergroup on Saturday, Apr 26th from 12:30-1:30p. Since William B got the GSIG Chat feature back up and running over St. Paddy's Day weekend, it has been busy and he has done a fantastic job at recruiting more volunteers to help! If you have any questions or just want to learn more about what the Chat feature is, please join us next weekend:
Chatline Volunteer Training - Greater Seattle Intergroup of Alcoholics Anonymous

ZOOM Event Info: Zoom ID 879 5729 7855 **Passcode** 309687

Thank you for your service!
Karrie C, 12th Step Committee

Web & Tech Chair **Dez D**

Dez looks forward to joining our May board meeting as our new Web & Tech Chair!!!

Webmaster **OPEN**

Email info@seattleaa.org or call (206) 587-2838 to learn more about this service position.

District Reports

You can find business meeting details for all Districts within the Greater Seattle Area at https://www.seattleaa.org/district-map/.

District 14 **Ruth P**
West Seattle, White Center, Vashon Island

Ruth wasn't able to attend, but provided the following report, which Stacia J delivered verbally.

- We meet on the second Tuesday of every month
- We had a presentation from Nate DCM D31. His district has been singlehandedly sponsoring the AA booth at PrideFest every year. He was looking for other districts to partner with. D14 agreed to help with sponsorship by committing $100.
- We also had a presentation from Stephen L, who was seeking support for the Evergreen State Fair PI Booth in Monroe, WA. We tabled that discussion for now.
- We filled our Young People's chair role, and with that, have filled all service positions.

Ruth's D14 Report continued:

- And just because it bears repeating, our FAMOUS annual picnic and pie auction, it is confirmed that we will be on the water, Shelter 3 in Lincoln Park this year - mark your calendars for Sunday, September 14.

Thanks so much, see you in May!
Ruth P

District 15 **Blake P**
Downtown Seattle, West Capitol Hill

- We met on the 2nd Tuesday of the month
- 6 GSR showed up and 2 representatives of the district were in attendance
- Peeps gave a great presentation on Courtney S delegate and many topics she has discussed such as the GSO Conference, a Group Inventory for their conference. Plus many financial updates and some International Conference facts like Pacific Region is hosting a room and is looking for $500 donations to cover expenses. Also; newsletter updates plus the bus ads were discussed in lengthy detail but tabled until April quarterly.

- We are still looking to fill 7 service positions in the District; we have had some
- Smaller meetings and trying to get some people involved.

District 16 **Ricky T**
Northeast Seattle and University District

Ricky gave a verbal report at the April board meeting, but the Secretary wasn't able to transcribe.

District 17 **David S**
Ballard and Northwest Seattle

David wasn't able to attend the April board meeting or provide a written report.

District 18 **William B**
Renton, Kent, Tukwila

We meet every third Thursday at 7:00 PM at Renton United Methodist Church. The address is 2201 NE 4th Street, Renton.

- BBQ on July 27th 10-2pm Kiwanis park
- We are doing a potluck before the meeting once a month and this Thursday will be the first
- we have two service positions open. Accessibility and PI/CPC
- Our previous PI/CPC has passed away.

District 24 **Bobby T**
Southwest Snohomish County: Everett, Lynnwood, and Montlake Terrace

Bobby wasn't able to attend the April board meeting or provide a written report.

District 31 **Thomas H**
Burien, Des Moines, Normandy Park, SeaTac, and Tukwila

DCM Report to D31:
1. Attended Area Quarterly: Bid was approved to co-host 2026 April Quarterly with D-14
2. Ad hoc committee made a recommendation that we stop printing & explore Digital only for Newsletter
3. Discussed Pre Assembly time & Location.
4. Open Positions: Correction Archives

5. Talked about establishing a Young Person Committee.
6. Conference: Remember to report your group conscience to our delegate by April 18th
7. Voted to stay online for D-31 meeting except special months

In Service
Thomas H, D-31 Liaison

District 32 **Samantha M**

Algona, Auburn, Federal Way, and Pacific

Samantha gave a verbal report at the April board meeting, but the Secretary wasn't able to transcribe.

District 33 **Aaron C**

Maple Valley, Covington, Black Diamond, Hobart, Summit, and East Kent

D33 meets at the King County Sheriff's Station in Maple Valley on the 2nd Tuesday of each month at 6:30 PM

Vacant District Chair Positions

- Open Workshop Chair
- Newsletter Chair
- Accessibility Chair
- Young People's Chair

Financial Report (March)

- New Revenue: $0.11
- Currently over $700 below prudent reserve
- No splits this month

Old Business

- Ongoing discussion about "dark meetings"
- Brainstormed engagement strategies to increase GSR attendance from unrepresented meetings

New Business

Conference Item Feedback:

- DCM emphasized it is critical for GSRs to meet with their groups
- Discuss and gather feedback on conference items

Upcoming GSR School

10 AM to 2 PM will be in the Kelsey Creek Church, Upstairs Room
1221 148th Ave. NE, Bellevue, WA

Zoom Meeting ID: 9241-449-7274
Passcode: 06103

Committee Chair Reports

Grapevine (Abby) shared info about:

- Grapevine app, YouTube channel, podcast
- Promoted the Grapevine 2025 project "Carry the Message," which was about encouraging members to purchase Grapevine subscriptions

- Suggested recipients: AA groups, professional offices (e.g., doctor's offices)

District 40 **Daysha G**

East-Central Seattle: East Capitol Hill, Central District, Madrona, Madison Park, and Leschi

- We are currently meeting on Zoom on the second Tuesday of every month at 7:00pm. Our last meeting was on 3/11/25. Our May district meeting will be hybrid, at the Intergroup office and online. ZOOM ID: 636 349 2454 / no password. Room opens at 6:45pm.
- About 60 people attended our hybrid GSR school.
- We are hosting Archives on August 2 at intergroup.

District 41 **Laura C**

North-Central Seattle: Queen Anne, Magnolia, and part of South Lake Union

District 41 Business Meetings are held the 3rd Wednesday of the month at 7:00 PM. on Zoom, There were 15 in attendance

- DCM and Alt DCM attended the Business Quarterly in Vancouver WA, topics from the quarterly were shared with the group.
- Secretary Report
- Treasurer's Report
- GSR Reports and Committee Reports were shared
- District 41 Summer Cookout: A cookout is scheduled August 10, 3:00 - 10:00 at Magnolia Park-more to come
- Seattle Pridefest Booth (June 28-29 Seattle Center) District 41 hosted the booth in the past, this year the District is reaching out to other Districts to join in hosting the booth for the weekend

District 42 **Sarah F**

Northwest Seattle: Lake Forest Park and Shoreline

- District 42 meets the second Thursday of each month at 7:00 PM on Zoom.
- Special Guest: Bob F., Past Delegate Panel 49, joined us!
- Archives Presentation

Jennifer R. (Area 72 Archives Chair) gave a PowerPoint on what and how to preserve district archives—digitally and for display.

- Joint Picnic Discussion with District 24
  - Lisa J. (DCM 24) held a Q&A about potentially co-hosting vs. attending each other's events.
  - Volunteers assigned to continue coordinating with D24.
  - D24 Picnic: July 19 @ Edmonds City Park (lower lot), 3–9 PM
  - D42 Picnic: September 6 @ Richmond Beach Saltwater Park (beach shelter), 11 AM–5 PM
- Elections Update
  - Elections ongoing monthly until filled.
  - Open Positions: Registrar, Archives, CPC, Outreach/Third Legacy, Public Information
  - Web/Tech Chair stepped down—position reopened
- Banking Decision

After a call with HomeGroup.Online, D42 voted to stay with Chase Bank using our own EIN. No switch to HGOL.

- Public Information Booth:
  - Stephen Leslie (PI Booth Chair) shared the need for volunteers and immediate contributions.
  - Reminder: D42 voted in March that individual groups, not the District, will contribute.

Sarah's D42 Report continued:

- Pre-Assembly Scheduling:
  - Vote on district grouping was tied; final decision made to join Seattle/Central Districts.
  - Pre-Assembly: August 23

AA Clubs and Halls

Serenity Hall **Joel K**

Joel attended our board meeting, but didn't have anything to report this month

Fremont Northgate Fellowship Hall **Adam**

New Meetings!

- Thursday @ 6:00PM Female Fremonsters (Women's meeting)
- Tuesday @ 8:00 PM a candlelight meeting

Greenwood Fellowship **Lois**

Not represented at the February board meeting; no report submitted.

Old Business

Open Committee positions
Newsletter Editor, Special Events Chair, Third Legacy, Web & Tech Chair, and Webmaster

New Business

Bereavement Leave for Seattle Intergroups Staffers

Stacie J, GSIG Office Committee member, brought forward this discussion from a recent meeting and displayed the following text on screen.

"Provide up to three days of paid leave from regular work schedule for GSIG staff members for bereavement of immediate family members."

Discussion

- How many hours a week are we talking?

In the future, it could be up to three full days. Right now, it's 20 hours.

- To avoid confusion, we should add "paid staff members."

The policies and procedures defined staff members as "paid", but we could add that, and so it was.

- How many hours do our staffers work?

Both are part-time. Sometimes we've had a full-time plus a part-time.

Points of clarification

- "Three days" generally assumes 1 day to travel + 1 day for a funeral + 1 day to travel back home. That being said, since circumstances around the death of a loved one are of such a personal nature, the timing for bereavement days is not defined.
- The Office Committee considered providing this retroactively to January 1, 2025. This came up because one of our staffers experienced the loss of a close family member this year.

We decided to consider the current verbiage issue as a motion, then possibly move forward with an amendment to add a retroactive date.

Motion

*"Provide up to three days of paid leave from regular work schedule for **paid** GSIG staff members for bereavement of immediate family members."*

Motion made by: Carina W *Motion seconded*: Eddy *Unanimously approved*

Motion

*"Provide up to three days of paid leave**, effective date of January 1, 2025,** from regular work schedule for paid GSIG staff members for bereavement of immediate family members."*

Motion made by: William B *Motion seconded*: Eddy *Not approved*

Discussion

The staffer had a lot of sick leave available, so adding the date might be a moot point. Additionally, should they wish to take the bereavement days, they can work directly with the Office Committee to arrange under the verbiage of the approved motion.

Wrap-up

Upcoming Events

See https://www.seattleaa.org/events/ for more info and additional events.

▪ Seattle Group AA Meeting	In-Person	Saturdays @ 6:00 PM
▪ Service Manual Study	Hybrid	First Sunday @ 11:00 AM
▪ The Principles of the Twelve Steps	Hybrid	Fourth Wednesday @ 2:30 PM

Reminders

▪ Send GSIG Reports to secretary@seattleaa.org	Deadline: May 20
▪ Send Newsletter articles to high_and_dry@seattleaa.org	Deadline: April 22

Five Main Take-Aways
Email info@seattleaa.org or call (206) 587-2838 for more info or to volunteer.

1. **Seattle Intergroup has four open Service Positions**
   Newsletter Editor, Special Events Chair, Third Legacy, Webmaster

2. **… but we have a new Web & Tech Chair!!!**
   We look forward to meeting Dez D at our May Board Meeting

3. **Seattle Intergroup needs more Chat Operators**
   If you can use Instagram, TikTok, Slack, Facebook, Line, Kakao, etc., this is the service position for you!

4. **Bereavement motion passed**

5. **Check out Seattle Intergroup's Inaugural Annual Report**
   Just go to https://www.seattleaa.org/2025/04/02/2024-annual-report/ to read and/or print a copy

6. **Become a Seattle Intergroup Sustainer Today!**
   No amount is too small, like, $5 a month can make a huge difference, and it's so super easy to do. All you need to do is go to https://www.seattleaa.org/sustainers/ or call (206) 587-2838

Motion to close: Samantha M *Motion seconded*: Eddy M-M *Unanimously approved*

We adjourned with the Responsibility Statement