High & Dry

The Newsletter of the **Greater Seattle Intergroup** of Alcoholics Anonymous

Volume 74 Issue 12 December 2022

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Winter fishing — Adobe Stock image

HAPPY HOLIDAYS

'Tis the Season for the New Year — And New Rotations

The Greater Intergroup will host the Fall Assembly on Dec. 20 at 7 p.m. The hybrid in-person/Zoom meeting will be held at the intergroup office, 5507 6th Ave. S in Seattle.

All groups, districts and fellowship halls within the Greater Seattle area will have an opportunity to vote on positions for the 2023-24 rotation.

Open positions include the Intergroup Board Chair, Vice Chair, Treasurer and Recording Secretary. The cut-off for submissions was Nov. 25.

Additional meeting info along with the Zoom link is available on the intergroup website: *www.SeattleAA.org/event/gsig-fall-assembly-2022/*

» *See page 9 for the list of candidates who have requested consideration for open positions*

There are also other service positions available at Intergroup, including participation on various comittees and core intergroup functions.

Questions about these positions should be directed to Lara or Anita at the office, (206) 587-2838 or by email to *nominating@seattleaa.org*.

Future Tripping

December GSIG Events

For details about the events listed below, visit the Meetings page on our website, *seattleaa.org/meetings*

3 —GSIG Hospital and Treatment Committee

- 10am - 1130 am. This is a Zoom meeting.
- https://us02web.zoom.us/j/82006087832?pwd=dyt3eThvZUlLSitzMTB1RXM4eFdSUT09
- Meeting ID: 820 0608 7832
- Passcode: 088776

4 — GSIG Service Manual Study

- 11 am - 1pm. This is a hybrid meeting.
- GSIG Office 5507 6th Ave S; Seattle
- https://us02web.zoom.us/j/89985027998?pwd=Q2NxR0ozSjlHenFyWTdaZVpqdityZz09
- Meeting ID: 899 8502 7998
- Passcode: 280420

5 — Burien Little Assembly Planning Meeting

- 730pm - 830 pm. This is a Zoom meeting.
- https://us02web.zoom.us/j/89635482091?pwd=RGRBRkU0V0hrNmpBM1drY1JVZ2s1UT09
- Meeting ID: 896 3548 2091
- Passcode: 330494

7 — Seattle Intergroup Accessibility Committee

- 6 pm - 7 pm. This is a Zoom meeting.
- https://us02web.zoom.us/j/88595218136?pwd=Wmc1SW1FK0paZnVhQmRXeFcxTWlZdz09
- Meeting ID: 885 9521 8136
- Passcode: 611317

10 — GSIG Third Legacy Committee

- 9am - 10 am This is a hybrid meeting.
- GSIG Office 5507 6th Ave S; Seattle.
- https://us02web.zoom.us/j/85851420330?pwd=R1lSZFpaVURaMFBCZGF0OVk1c0dLQT09
- Meeting ID: 858 5142 0330
- Passcode: 051501

10 — GSIG Third Legacy Tradition Study

- 10 am - 1130 am. This event is a hybrid event.
- GSIG Office 5507 6th Ave S; Seattle.
- https://us02web.zoom.us/j/85851420330?pwd=R1lSZFpaVURaMFBCZGF0OVk1c0dLQT09
- Meeting ID: 858 5142 0330
- Passcode: 051501

10 — Open Mic

- 730 pm - 1030 pm.
- GSIG Office 5507 6th Ave S; Seattle.

10 — Serenity Hall Game Night

- 9:30 pm - 11 pm
- Serenity Hall, 12536 Renton Ave S. Seattle.

12 — GSIG Corrections Committee

- 630 pm - 8 pm. This is a Zoom meeting.
- https://us02web.zoom.us/j/87227719137?pwd=ZzJJRkhYU0F1UTF1S241YkIzWlB4UT09
- Meeting ID: 872 2771 9137
- Passcode: 833575

17 — Area 72 Corrections Quarterly

- 9:30 am - 2:30 pm This is hybrid meeting.
- GSIG Office 5507 6th Ave S; Seattle. Zoom info:
- Zoom ID 891 0212 9899 Password 727272

17 — GSIG PI/CPC Committee

- 10 am - 1130 am This is a Zoom meeting
- https://us02web.zoom.us/j/81020738836?pwd=MDRwcXg4UjVYYkorNG5YemNxd1ZkQT09
- Meeting ID: 810 2073 8836
- Passcode: 166656

19 — Women's Daily Reflection Christmas Party

- 6 pm - 8 pm
- Bethlehem Lutheran Church 1024 Monroe Ave NE, Renton.

20 — GSIG Fall Assembly

- 6 pm - 9 pm This is a hybrid event.
- GSIG Office 5507 6th Ave S; Seattle.
- https://us02web.zoom.us/j/91854375402?pwd=OWkraVZIcjNNQUxweStiK3BZUFZTZz09 Meeting ID: 918 5437 5402
- Passcode: 035194

Future Tripping Continued on page 3 »

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« Future Tripping
Continued from page 2

20 — Hospital and Treatment Big Book Drive

- 6 pm - 9 pm
- GSIG Office 5507 6th Ave S; Seattle.

20 — GSIG Fall Assembly

- 7 pm - 830 pm. This event is hybrid.
- GSIG Office 5507 6th Ave S; Seattle.
- https://us02web.zoom.us/j/91854375402?pwd=OWkraVZIcjNNQUxweStiK3BZUFZTZz09
- Meeting ID: 918 5437 5402
- Passcode: 035194

24 — GSIG Web and Tech Committee

- 9 am - 11 am. This is a hybrid meeting.
- GSIG Office 5507 6th Ave S; Seattle.
- https://us02web.zoom.us/j/85795142843?pwd=RUdtQTcrVFJPQWlMUUdxYy95V3lPdz09
- Meeting ID: 857 9514 2843
- Passcode: 467107

DECEMBER
IN OUR HISTORY

Dec 1

1940 — Chicago Daily Times begins a series of articles on AA by Nall Hamilton.

Dec 5

1985 — Dave B., founder of Montreal Group dies weeks before 50th anniversary. His story added to the 4th Edition Big Book.

Dec 6

1979 — Akron Beacon reports death of Henrietta Sieberling.

Dec 10

1975 — Birds of a Feather AA group for pilots is formed.

Dec 11

1934 — Bill admitted to Towns Hospital for fourth and final time

Dec 11

1941 — Dallas Morning News reports 1st AA group formed in Dallas.

Dec 13

1937 — Rockland State Mental Hospital takes patients to AA meeting in New Jersey.

Dec 14

1934 — Ebby visited Bill at hospital, brought William James's book, "Varieties of Religious Experience."

Dec 14

1987 — New Republic article, Alcohol and Free Will.

Dec 19

1939 — First AA meeting in Los Angeles.

Dec 20

1945 — Rowland H dies (he carried the Oxford Group message to Ebby).

Dec 26

2001 — Boston Globe article on the 4th edition Big Book.

Dec 27

1893 — Rev Samuel Shoemaker is born.

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THERE IS A SOLUTION

Meeting Changes

If your meeting information is changing, please let us know so that your changes can be reflected accurately in the schedule and website.

Please email *webmaster@seattleaa.org* about changes to your meeting.

Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Susan D. and Bill S.
TUESDAY	Yoshi, Morgan S. and Mikey C.
WEDNESDAY	Stephan M., Cindy H., Pam H., and Amy F.
THURSDAY	Joe M. and Joe B.
FRIDAY	Thomas H. and Riff Raff
SATURDAY	Clay S. and Dan G.

Southend Bookstore Volunteers

Troy O., Carolyn B., Bill S., Rick L., Casey A., Chris H., Brian L., Richard C., Vickie S. and Darren F.

Southend Bookstore hours are Monday through Friday from 10 a.m. to 6 p.m. and Saturdays from 11 a.m. to 2 p.m.

Main Intergroup Office Hours

The Intergroup office is open Tuesday through Friday from 10 a.m. to 6 p.m. and Saturday from 10 a.m. to 2 p.m. We're located at 5507 6th Ave. S in Seattle.

High and Dry: News and Notes — DECEMBER 2022

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments by emailing them to us at high_and_dry@SeattleAA.org. We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscious — and volunteers — for ways to make the High & Dry more relevant and useful for readers. We want to add new AA- and recovery-related content types, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, please send an email to *newsletter@seattleaa.org*

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BIRTHDAY CLUB

Happy Birthday to December Celebrants in the *How Dry I Am Club*!

Kevin S.	Dawn Patrol	20 years
Patrick S.	Reservoir Group	27 years
Terrie W.	Brown Bag Bunch	38 years
Larry B.	Empire Way	37 years
Susan B.	Reit Shemesh Group	20 years
Linda M.	SSoS	36 years

How to Join the *How Dry I Am* Birthday Club

The suggested donation for having your annual birthday recognized in the H&D is one dollar ($1) per year of sobriety.

There are two ways to make your donation:

- 1) print the form on the back of this newsletter and mail it along with a check;
- 2) donate with a debit/credit card online at *SeattleAA.org/online-contributions* (select "How Dry I Am - Birthday club")

We'll keep an eye out when you join, but please email *newsletter@seattleaa.org* with your name and number of years of sobriety when you join so we can get you in the newsletter.

The deadline to be listed is the 25th of the month.

Link to GSIG Online Contributions

https://www.seattleaa.org/online-contributions/

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STEP 12

By Peeps

CONFORMING TO STEP 12 seemed beyond me when I limped into AA broken and downhearted Jan. 7, 2019.

Given my prejudice against the word God, and all things religious/spiritual, I did not believe I'd have the qualifying spiritual experience required to enthusiastically carry the message to other alcoholics.

I thought being sober would be enough for me, the rest of y'all are on your own.

But luckily for me, the deeper I dive into Step work, sponsorship and service work, meetings and additional sober time (earned one day at a time), the easier it is for me to recognize I really NEED Step 12.

I used to cringe when I heard people say at meetings I'd have to give away what was freely given to me in order to remain happy, joyous and free. But that's exactly what I believe now.

I was born completely selfish. A story from my relative youth (age 21) illustrates how self-centered I was (am). I was a counselor in a camping program where middle-school boys spent six weeks camping and working at six different sites in western Washington.

We camped in the Olympics and Cascades. We carried in our own food, drank from streams and wells, and slept on the ground. My pride and joy was a walking stick I created from a Madrona tree limb.

When we returned to Seattle and were saying our goodbyes, one of the campers, my favorite kid, asked me for that stick.

Having had a spiritual experience as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

I was gentle about it, but I refused his request because I really loved that stick and wanted the souvenir of a great summer. I simply could not bear to give it to someone, even someone I loved. It was too valuable to me or so I thought.

But less than an hour after I returned home, in a hurry to meet friends for a happy happy at a nearby Capitol Hill tavern, I carelessly stored the stick in the corner of my room, then threw my heavy backpack into the same corner.

The stick shattered to bits when my pack hit it.

I was gutted when I realized that the my beloved stick would have been better off if I had given it away instead keeping it for myself. I literally needed to give it away instead of clutching it.

I often think of that moment when I want to bow out of working with others. I have to give away my beloved sobriety away if I want to keep it.

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TRADITION 12

By Peeps

THIS TRADITION rather baffled me when I was starting out. I could not help being positively impressed and influenced by some of the people I met in the rooms. I needed their support and examples to keep coming back.

In someways I was relying on them before I could figure out how I could make the power of our program mine.

On my third day "back" in January 2019, I went to a small meeting in south Seattle. There were no more than nine people present, but two stood out above the others.

One was an African American man in his sixties, the other was a woman with beautifully coiffed hair who had once been 60. They had different deliveries and used different vocabularies, but they were spellbinding speakers.

In fact, my first reaction was one of suspicion. They were so passionate, relatable and articulate, I thought they were planted. They were sent to the meeting by some AA trickery to lure in newcomers like me.

It worked! I'm still here and in frequent contact with both of them. They "real" AAs, just like you and me, with more than 30 and 40 years sober, respectively. They willingly share their experience, strength and hope with anyone who'll listen. They have sponsored hundreds of folks.

In AA one individual can rise above the group. We are all equals, not matter how admirable and attractive one person can be.

Early on in recovery, my sponsor had me read A NEW PAIR OF GLASSES by Chuck C., an influential AA member is Souther California. That book helped propel my interest in and devotion to working the Steps.

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

I had a visit to Los Angeles shortly after read the book. When I looked up meetings in L.A., I found one named A New Pair o Glasses. I noticed that it was located less than a mile from Chuck C.'s office in south central Los Angeles.

I had to go. There 20 people or so in attendance. It was a rousing meeting. Lots of people sharing. At no time did they mention Chuck C.'s name. There was no plaque with his likeness. When I asked the secretary after the meeting, he said he's never heard of Chuck or the book.

I was disappointed and surprised. But after I thought about it for several days, I realized that's how it should be. The principles of our program are more important and necessary than individual AA personalities.

The Traditions ensure the survival of Alcoholics Anonymous with the help of all of us.

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December Challenge

Do you know your AA history?

C'mon, this is novice stuff! You got this.

1. Where did Alcoholics Anonymous start?
a) New York, NY c) Akron, OH
b) Cleveland, OH d) Littleton, PA

2. What year did Alcoholics Anonymous start?
a) 1939 b) 1938 c) 1934 d) 1935

3. Prior to starting AA, both co-founders were in contact with this group:
a) Washingtonians b) The Temperance Movement
c) The Oxford Group d) The Salvation Army

4. What year was the basic text, Alcoholics Anonymous, published?
a) 1939 b) 1940 c) 1934 d) 1935

5. Which early AA influencer had tattoos?
a) Bill W b) Dr. Bob c) Sister Ignatia d) Dr. Silkworth

6. What is the only chapter not written by Bill?
a) To Wives c) The Family Afterward
b) To Employers d) A Vision For You

7. What was the name of the "certain American businessman" who helped Ebby 12-step Bill?
a) Roland Hazard c) Hank Parkhurst
b) Father Dowling d) Bill Dodson

8. What was Dr. Bob's area of practice?
a) podiatry b) pediatrics c) proctology d) naturopathy

9. Who was Bill W.'s sponsor?
a) Dr. Bob c) Dr. Carl Jung
b) Roland Hazard d) Ebby Thatcher

10. What was the name of the hospital that Dr. Silkworth worked at?
a) Townes Hospital c) Akron City Hospital
b) Mt. Sanai d) St. Thomas Hospital

Answers are by the responsibility declaration



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Service Opportunities

GSIG Board is rotating service positions in December. If you would like to find out more about what is available, please visit our website, email *nominating@seattleaa.org* or give Lara or Anita a call and we would be happy to answer any questions you might have.

Web & Technology Committee is looking for a webmaster. If you have the skills to help run the GSIG WordPress site, you are needed. Contact webmaster@seattleaa.org

Nightwatch is the 24 hour hotline that gives callers a real person to talk to. These positions are forwarded to your phone and only one, four hour shift once a month

- We need volunteers for 4 hour shifts 10pm, 2am, 6am.
- Also, we are still searching for NEW Nightwatch scheduling coordinator.

12th Step Calls — Put your name on the 12th step call list or join the new 12th Step Committee. Reach out to *anita@seattleaa.org*

Corrections/Treatment Juvenile Detention Meetings are starting up at the new Juvenile Detention Center. Contact *corrections@seattleaa.org* to learn more.

Bridge the Gap — We need a few new Bridge program volunteers for people that are being released from facilities and want to connect with AA meetings right away.

Corrections Correspondence is always looking for people to write to inmates, especially men. It's a great way to do service for people that are starved for contact on the outside.

Groups Needed to Answer GSIG Phones — Can your group help answer calls at the GSIG office? This monthly service opportunity is one way to have a meeting with members of your group and provides a chance to help the next suffering alcoholic who is reaching out for help.

Nominating Committee Announces Intergroup Position Candidates For Next Rotation

The nomination committee is proud to announce the following candidates to represent the Greater Seattle Intergroup for the next rotation.

Prospective Candidates are as follows:

Karla L: Available
Position Requested: Recording Secretary.
Sobriety Date: 09/2002
Home group: MLT Wednesday.

Dan G:. Available
Position Requested: Treasurer
Sobriety Date: March/2014
Home group: On the Waterfront

Jeff U: Available
Position Requested: Vice-chair
Sobriety Date: August/2015
Home group: Walk the Talk

Dave V: Available
Position Requested: Treasurer /Vice Chair /Chair
Sobriety Date: May/1988
Home group: There is a Solution

Janet A: Available
Position requested: Secretary/Vice-Chair
Sobriety Date: April/2011
Home Group: Benson Hill

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BOARD MEETING MINUTES

November 15, 2022

Board Meeting

Submitted by Leslie I. (Recording Secretary)

Reports

Please make sure to submit your reports by email. If you have any corrections or changes to the roster or if you are new to GSIG and would like to be added to the roster, please submit the information to *secretary@seattleaa.org*

Treasurer (Carl G.)

GSIG TREASURER REPORT October 2022 DRAFT

September Financials

If you have questions or suggestions, please contact me at *Treasurer@seattleaa.org*

Month	Net Income (loss)	Group Contributions	Contributions (personal & other)	Sustainers	Room rent, bday club, special events	Net sales income	Cash & Savings
Jan-22	3.3 K	15 K	0.7 K	1.5 K	492	1.8 K	95 K
Feb-22	(3) K	9 K	0.7 K	1.4 K	533	2.5 K	95 K
Mar-22	(2.6) K	10 K	1 K	1.3 K	261	1.5 K	95 K
Apr-22	(.6) K	11 K	0.9 K	1.3 K	633	1.3 K	95 K
May-22	(2.7) K	9.6 K	0.8 K	1.3 K	834	1.6 K	93 K
Jun-22	(4.7) K	11.2 K	0.5 K	1.3 K	1.4 K	1.7 K	88 K
Jul-22	2.2 K	10 K	2.5 K	1.4 K	1.8 K	0.8 K	90 K
Aug-22	(5.9) K	9 K	2.8 K	1.4 K	3.4 K	2.1 K	84 K
Sep-22	(4.6) K	5.5 K	0.6 K	1.4 K	0.6 K	3 K	78 K
Oct-22	(-0.3) K	11 K	0.5	1.4 K	0.5 K	3 K	75 K

Treasurer Report Comments:

- Group contributions for Oct. are 1.9 K above monthly budget while YTD is 10 K above.
- Sustainers are continuing but YTD is (1.4) K below budget.
- Personal & Other Contributions are under monthly budget by (2) K and still way behind in YTD budget: (14) K.
- The YTD net loss increased to (18.8) K. Cash and Savings decreased by (3) K.
- Earmarked Funds remaining amounts
  Pink and Blue Cans (contributions specified for these committees):
  - Corrections: $3.4K
  - Accessibility: $1.2K
- Standing Committee Budget funds allocated by GSIG budget Funds remaining for 2022:
  - Corrections: $307
  - Hosp & Treat. $1,521
  - Accessibility $5,025
  - Pi/CPC $1,204

» Report was approved.

Carl presented the Proposed Budget 2023:

	2022 Budget Approved	2022 Projected Income & Expenses	Proposed 2023
INCOME			
4201 Special Events Income	6,000	6,258	6,200
Contributions		needed to balance	26,225
4001 Group Contributions	108,969	120,310	125,000
4002 Misc. Contributions/individual	30,000	13,972	15,000
4003 Meeting Room 7th Collects	2,607	3,092	3,600
4004 Birthday Contributions	1,944	1,913	1,900
4005 The Sustainers Program	18,000	16,261	17,000
Total Contributions	161,520	155,548	194,925
Literature Sales			
Retail Sales			
4101 Literature Sales	$50,002	52,383	53,000
4111 Meeting Directory Sales	$10,000	5,592	6,000
4121 Coin Sales	$6,374	10,928	9,756
4141 High & Dry Sales	$125	116	78
4151 Shipping Income	$252	535	531
Total Retail Sales	66,753	69,554	69,365
TOTAL INCOME	**234,273**	**231,360**	**264,290**
Cost of Goods Sold/CGS			
5101 Literature COGS	36,592	35,847	35,000
5111 Meeting Directory COGS	3,911	5,810	5,500
5121 Coin COGS	3,560	4,690	4,062

5141 High & Dry COGS	1,500	1,728	1,383
5161 Inventory Adjustments		-	
5162 Lit COGS QtyDisc(-) Penlty (+)	-2,000	-310	
Total COGS	43,563	47,765	45,945
Total Cost of Goods Sold	43,563	41,284	45,945
GROSS PROFIT	**190,710**	**190,076**	**218,345**
EXPENSES			
6801 Standing Committees			
6811 Archives Committee	120		
6812 Corrections Committee	360		
6813 GSIG Board	480	129	130
6814 H & T Committee	1,800	372	400
6815 PI/CPC Committee	1,800	581	500
6816 Special Events Committee	4,500	6,144	6,200
6817 Third Legacy Committee	480	231	50
6818 Web and Tech Committee	1,500	-	
6819 Accessibility Committee	5,000	3,540	5,500
6820 Big Book/Lite Fund		1,036	-
Total 6801 Standing Committees	16,040	13,206	12,780
Literature Discounts			
6830 Travel and Meetings			
6831 Conference, Meetings	1,500	1,970	1,900
Total 6830 Travel and Meetings	1,500	1,970	1,900
Other Expenses			
6301 Interest/Bank Charges		58	65
6302 Stripe Processing Fees	2,310	1,491	1,528
6303 Merchant Svs. Credit Card Fees	1,346	1,298	1,228
6501 Insurance	1,362	8,483	4,985
6502 Licenses & Taxes	15	-	
6701 Professional Fees--Tax & Other	12,844	15,030	14,520
6921 Burien Little Assembly	120	160	150
6931 Cash Over/Short		25	-
6932 Petty Cash (Over) Short		-	-
6933 Reconciliation Discrepancies		-	-
6934 Penalties and Fines		-	-
6935 WA STATE B&O TAX	150	276	300
6941 Depreciation		-	
Total Other Expenses	19,147	26,820	22,776

Paid Staff			
6101 Payroll Expenses	833	836	838
6111 Wages	65,743	75,225	81,995
6112 Taxes	4,776	5,961	6,560
Total 6101 Payroll Expenses	71,352	82,022	89,392
6121 Med Insurance/dent&vision	1,750	1,402	1,620
Total Paid Staff	73,102	83,423	91,012
Rent and Office			
6001 Rent	48,135	47,607	50,549
6002 Triple Net	17,589	18,125	19,209
6003 Maintenance & Repairs	772	1,001	1,100
6004 Computer Upgrade	500	630	500
6005 Office Supplies	3,173	2,503	2,900
6201 Utilities	2,231	4,076	4,475
6211 Electricity	1,879	2,399	2,740
6212 Internet Service	4,489	4,858	4,859
Total 6201 Utilities	8,598	11,333	12,073
6400 Communications		-	
6401 Phones		-	
6403 Call Forwarding	1,060	1,034	1,028
Total 6400 Communications	1,060	1,034	1,028
6601 Shipping Expense	804	2,223	2,118
6602 Postage			
Total Rent and Office	80,633	84,456	89,477
Southend Book Store stipend	600	467	500
TOTAL EXPENSES	**191,021**	**210,342**	**218,445**
Net Operating Income	**-311**	**-20,266**	**-100**
Other Income			
7001 Interest Income	274	5	19
7002 Credit Card Rewards		633	525
7003 Other Income	312	-	
Total Other Income	312	638	544
Net Other Income	0	638	544
NET INCOME		**-19,628**	**100**

Treasurer's Report continued on page 14 »

« ***Treasurer's Report*** continued from page 13

Discussion followed.

District representatives were directed to share the proposed budget with their GSR's so they may take it back to their groups for review and feedback.

GSIG board will further discuss at the November board meeting.

The final proposed budget will be presented and voted on at the December board meeting.

Chair (Astri)

It's been a busy month for me. I have spoken at 2 Gratitude Dinners and at a Jamboree. I've facilitated a Group Inventory and a District Election. Thank you everyone for these opportunities to be of service.

This is Gratitude Month. Besides sharing in a meeting what we are grateful for, how about demonstrating our gratitude "where money and spirituality mix" in the basket. Of course, when I first arrived at AA, I had little money, so I was encouraged to show my gratitude by "contributing service". We are so grateful for our GSIG Volunteers and look forward to celebrating them at our Volunteer Recognition Luncheon on Saturday November 19th at 1:00PM.

Our Fall Assembly is scheduled for December 20th at 7:00PM. We will be electing new GSIG Board Officers (Chair, Vie Chair, Treasurer and Secretary). I hope you will consider continuing to serve GSIG and I look forward to learning who our new leaders will be. We will also be asking to approve our 2023 Proposed Budget, I hope you have been sharing the information you have received, with your Districts and Home Groups. Please remember that all groups served by GSIG are encouraged to send a member to be their voting representative. Make that announcement at your District meeting and at all the meetings you attend between then and now.

Nominating Committee (Chair: Steve D18, Kim D14, Mike D42)

The new rotation begins in 2023. We are looking for nominees for Intergroup Board Chair, Vice Chair, Treasurer and Recording Secretary.

Please send your resume including length of sobriety and previous service positions held to: *nominating@seattleaa.org*

Please submit your resumes by November 25th so they may be included in the High and Dry.

Elections will be held at the assembly on December 20th.

20/20 (Mike M.)

Meeting tomorrow night to discuss Seattle Intergroup and Eastside Intergroup taking over the services of Sno-King Intergroup which has decided to close. The proposal will be brought to the office committee after this meeting.

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Office Hours — Tuesday through Friday: 10:00 a.m. – 6:00 p.m., Saturday: 10:00 a.m. – 2:00 p.m.
(206) 587-2838 — *Helpline is staffed 24 hours a day* **Email:** info@SeattleAA.org **Website:** www.SeattleAAA.org

Office Manager (Lara R.)

Financial: As a point of interest I thought I would report how much we have done in sales with the online bookstore. Since its inception, in April of this year, we have seen approximately $1600.00 in income from the site. Please let your groups and districts know that we have an online store, *gsigbookstore.com*.

Call Log info:

- Total calls: 175
- 12th Step: 24
- Meeting info: 60
- Referral: 20
- Wanted to talk: 13
- Intergroup info: 36
- AA info: 6
- Misc: 16

Inventory: Starting sometime in November the hard back Big Book and the hard back Twelve Steps and Twelve Traditions book will be offered without a dust cover. The books will look as though they have a cover on them still, but they will not. This is to solve some of the supply chain issues that we have been having with the books and their availability from GSO.

To answer the question "What about anonymity?", which seems to be the common response, Lee, our current webmaster, came up with the brilliant idea of book covers printed by Seattle Intergroup. We are currently working on the layout and will have them available before the end of the year.

Procedure: We were able to use some of our Big Book Fund money and supply Harborview Medical Center with approximately 350.00 worth of big books, Newcomer Packets and meeting schedules. Please let your groups and districts know that this Earmarked Fund exists and is easily contributed to on our website.

Our Sponsorship Workshop "Sponsoring People with Mental Health Issues" has successfully been scheduled for February 25th from 10am to 12pm. We are collaborating with Eastside Intergroup and Tacoma Central Service Office. This is a hybrid event that can be viewed in person at Seattle Intergroup or Tacoma Central Service Office.

Accessibility (Laurel W.):

Note: there will be no Accessibilty committee meeting in December. Our next meeting will be January 4, 2023. We need you! We need a Chair and members for this committee. The need for accessibility for populations such as homeless, remote communities, and others is a big need. This will be exciting collaborations with other GSIG committees, e.g., Public information. Join us in January and learn of ways you can serve. Our meetings are on Zoom only at 6 pm, the first Wednesday of each month.

- ZOOM ID: 885 9521 8136, PASSCODE: 611317

Accessibility continued on page 16 »

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« ***Accessibility*** continued from page 15

At our November meeting, Alene R., Area 58 Oregon (ASL Literature Translation Subcommittee Chair attended and asked for our support for a motion for the 2024 Conference. The proposed agenda item Motion : propose that AAAWS/GSO make a plan. To begin translating critical AA literature into American Sign Language. Priorities are: Big Book personal stories, P-16 The AA group..Where it all begins, P-19 GSR General Service Representatives and the AA Service Manuel. These four priorities were voted on by the Deaf AA community.

Please read the motion, take it your Districts. To show support, all you have to do is send your support as an entity (AA individual, Group, committee, District) to Alene at ck4pdac@gmail.com. Your entity name will be added to the proposal "Under # 3 "What level of group conscience".

GSIG Accessibilty Committee group conscience supported this motion and GSIG Accessibilty Committee was added to those entities.

To see the full motion, please contact *ck4pdac@gmail.com*

Submitted by: Alene Area 58 ASL Literature Translation Subcommittee Chair

Date Submitted: November 2, 2022

Motion: GSIG Accessibility Committee to support the General Service Conference Proposed Agenda Item Motion for 2024 conference.

GSC Proposed Agenda Item Motion:
Propose that AAWS/GSO make a plan to begin translating critical AA literature into American Sign Language. The literature priority list has been identified from a survey of deaf AA members on Nov 2, 2022. The priority list includes:

- Big Book personal stories in the upcoming 5th edition.
- P-16 The A.A. Group...Where It All Begins
- P-19 G.S.R. General Service Representative
- AA Service Manual

Intent/Purpose: In keeping with our Primary Purpose; provide access to critical pieces of AA literature in American Sign Language (ASL) for Deaf alcoholics and ASL Deaf groups."

Current Practice: Currently the only chapters describing the A.A. recovery program, the original Twelve Steps and the personal histories of A.A. 's co-founders from the 4th Edition of the Big Book have been translated into American Sign Language. The personal stories have NOT been translated.

No group service literature available for Deaf AA members/groups in American Sign Language.

Very few Deaf alcoholics have ever had access to tradition based AA groups business meetings, District and Area business meetings to learn by experience.

A common misconception about American Sign Language is that it is a simple translation of English. Native Deaf ASL users find it difficult to process written text because it's technically a whole different language to American Sign Language. Signed languages have a different grammatical and sentence order making them very different from spoken and written languages and can prove difficult for sign language users to translate effectively. Consequently, an ASL user has many of the same challenges with reading and writing in English as others for whom English is a second language.

People who were born deaf to hearing parents often suffered from language deprivation during the critical period of language acquisition, approximately the first five years of a child's life. For these individuals it's even more challenging to successfully learn to read and write English.

Budgetary Impact: No budgetary impact to GSIG Accessibility Committee. Cost saving suggestions have been included in the GSC proposed agenda item submission form.

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Archives Committee (Teresa)

Attended Area 72 Archives Quarterly which include a GSO Archivist presentation, and attended the Regional PRAASA Archives monthly online meeting to discuss archival techniques and demonstrations from archivists throughout the western region.

Corrections Committee (Amy)

We continue to receive Pink Can funds for literature at a sustaining level. Thank you to all who have contributed.

Corrections is currently looking for volunteers to bring meetings into the Federal Detention Center, the Regional Justice Center in Kent and some women volunteers from the Central and Capitol Hill area for the Juvenile Detention Center. The Helen B Ratcliff women's work release facility should also be opening up pretty soon.

We are also looking for a literature coordinator for corrections.

Get involved. Attend meetings on zoom for the corrections monthly meeting.

For more information about what you can do, email: v*olunteercorrections@gmail.com* or *corrections@seattleaa.org*.

Hospitals & Treatment Committee (Greg E.):

1. Rec'd a new inquiry from the Frye Apartments (formerly the Frye Hotel), looking to start a new regular meeting there. We've connected them with a rep from the Nooners group out of District 34, who are interested in bringing in a meeting.

2. In the last month we've received several literature requests from Recovery Place, Valley Cities, Cascade Behavioral Health, Seattle Medical Post Acute Care, and Queen Anne Health Care. The Committee approved some of of these at our last meeting and will vote on the others at our next meeting.

3. Our Committee is holding elections at our next meeting (12/3, 10 am). Positions are Chair, Secretary, and Hospital 12-step-call Dispatcher.

4. Our Committee is sponsoring a book drive for the GSIG Fall Assembly. If you're attending in person, please bring a book; if attending online, please donate to the GSIG big book fund. Please spread the word to your Districts & groups! There is a flier for this that was previously circulated to the roster.

Next meeting: 12/3/22, 10 am, in-person at GSIG and online

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Night Watch Coordinator (Rob)

Nightwatch continues to answer phones from 10p to 10a. We have many volunteers but are currently in need of people to cover 2-6a shifts.

There is a Nightwatch celebration and get together at the Seattle Intergroup office this Saturday, November 19th from 1-3p. Food and drinks will be served. All volunteers and prospective volunteers are welcomed!

Please contact Nightwatch chair, Rob Smith, at 206-601-0061 or Nightwatch@seattleaa.com if you have questions or would like to volunteer.

Special Events Committee (Steve R./Janice B.)

I'm Janice Brady, the new events chairperson sharing the position with Steve R. I'm grateful to add to my recovery with this position and looking to having a lot of fun in the fellowship in the next two years.

It would be wonderful if groups could provide feedback on events they'd like to participate in throughout the year. We are not a glum lot, so let's have fun recovering and carrying the message.

12 Step Committee: (John)

Three 12th step calls dispatched. 1 Seattle hospital call facilitated. Met with GSIG H&T Committee in November. Planning a 12th step workshop in the new year. Will participate in volunteer luncheon this Saturday. I hope to meet other Nightwatch volunteers, and to be available to answer questions about referring calls after hours for 12th step call.

District 14 (Kim S.)

Holiday, fellowship and food! We are hosting a holiday dinner. Please come and celebrate with us. We will provide turkey, ham and holiday beverages. Potluck side dishes, desserts, salads and vegetarian/ vegan options are welcome!

It's on Tuesday 12/13 from 6:30-8 pm at the home of Alki Tuesday Nighters (Alki Congregational- 6115 SW Hinds St). All are welcome to stay for the meeting after dinner from 8 pm to 9pm.

Derrick facilitated our election and here are the results:

Jennifer R.- DCM, David J. - Alt DCM, Jules - Treasurer, Kaitlin - Secretary, Alison - Cooperation with Professional Community, Jen S. - Corrections and Laura - 3rd Legacy Chair.

Please reach out if interested in serving in any of the positions still open. Open positions are: grapevine and literature, accessibility, archives, treatment and facilities, public information chair, web chair, young persons chair, intergroup liaison.

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District 41 (Laurel)

District 41 recently hosted a Gratitude dinner in person, the last time this happened was three years ago. There were awesome speakers! This was a great effort by D 15, 40, 41, and 17!

In December we will hold elections for every position. Encourage people to join us to enjoy service,

Meeting ID: 843 1586 7761, Passcode: 401279

District 42 (Mike C.)

Our district meeting was held on Thursday the 10th of November.

District 42 is getting more and more ready for the next rotation yet we have open positions if you're looking to up your service work at the district level. Come join us every 2nd Tuesday at 7pm.

Id# 930 1782 3319 p/c 202171.

There is a request for big books for the Hospital and Treatment big book drive held at the fall assembly Dec.20th. Intergroup has more information at *seattleaa.org*. Gratitude month is here along with potlucks and dinners. Be sure to go to the events page at intergroup.

Wishing everyone a safe holiday full of gratitude and remember that we don't have to be alone for the holidays. We are the solution! Last words is that you can be of service by answering phones with a group or have the phones forwarded to your cell phone. Great way to be of service.

Fremont Hall (Oscar)

We're doing our Thanksgiving dinner on Thanksgiving day!!! Doors open a Six, food at seven, AA meeting at eight and again at 10

Black Friday bingo at 11 o'clock at night... $300 worth of prizes!!!

December

Christmas day dinner

We're doing our dinner on Christmas day!!! Doors open a Six, food at seven, meetings at eight and again and 10

Karaoke on New Year's Eve starting at 11:30 free food and $100 for the person who can write the best A Recovery song by changing the words from a popular song

Gratitude month is here along with potlucks and dinners. Be sure to go to the events page at intergroup.

Wishing everyone a safe holiday full of gratitude and remember that we don't have to be alone for the holidays. We are the solution! Last words is that you can be of service by answering phones with a group or have the phones forwarded to your cell phone. Great way to be of service.

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Old Business

Proposed 2023 Budget

John asked if the money not spent by a committee in a year is carried over to the committee for the following year.

Carl stated the money stays in the general fund. If it is spent by the committee, it comes out of the general fund. If not, it just stays in the general fund. It is not added to the budgeted amount for the next year.

New Business

None

Upcoming events

- Volunteer Recognition Luncheon Nov 19th
- Seattle Group- Saturdays at 6:00PM
- Service Manual Study 1st Sunday of the month, Sunday Dec 4th, 11:00AM Hybrid
- Trad Study 2nd Saturday of the month, Saturday Dec 10th, 10:00AM Hybrid
- GSIG Fall (Election) Assembly, Dec 20th, 7:00PM Hybrid

Closing

We closed with the responsibility declaration:

I am responsible .....
When anyone, anywhere reaches out for help,
I want the hand of AA always to be there.
And for that: I am responsible.

Answers to quiz:

1. Akron OH
2. 1935
3. The Oxford Group
4. 1939
5. Dr. Bob
6. To Employers
7. Roland Hazard
8. Proctology
9. Ebby Thatcher
10. Townes Hospital

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Greater Seattle Intergroup Fall Assembly

HOSPITAL AND TREATMENT BIG BOOK DRIVE

WHAT: Big Book Drive to benefit greater Seattle area hospitals and treatment facilities

WHEN: Dec 20, 2022 6:00 - 9:00 PM

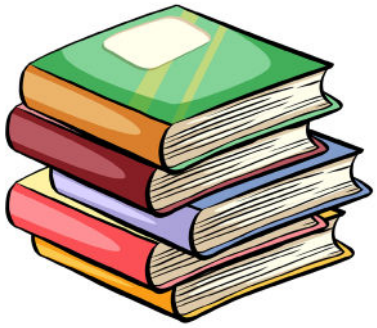
WHERE: This is a hybrid meeting.

If you are attending in-person:
The meeting is at Seattle Intergroup (6th & Lucile). Bring Books with You !

If you are attending virtually:
Find information and the Zoom link at:
https://www.seattleaa.org/event/gsig-fall-assembly-2/

Donate to Intergroup Book Fund here…
https://www.seattleaa.org/online-contributions/
…and select “Big Book/Literature Fund”

THANK YOU !



GREATER SEATTLE INTERGROUP
ALCOHOLICS ANONYMOUS

Fall Assembly

When: December 20, 2022

6pm Fellowship, food and drink made available

7pm Board meeting

Where: GSIG

5507 6th Ave S. Seattle, Wa. 98108

This is when EVERY GROUP has a vote! We will be voting on our new Board and the 2023 Budget. Please send a representative from your group.

This is a hybrid event

Meeting ID 918 5437 5402

Passcode 035194



GREATER SEATTLE INTERGROUP
ALCOHOLICS ANONYMOUS

ARE YOU READY?

GREATER SEATTLE INTERGROUP
IS LOOKING FOR YOU!

OUR NEW ROTATIONS ARE STARTING IN 2023
POSITIONS AVAILABLE ARE:

*** CHAIRPERSON**
*** Vice-CHAIR**
*** TREASURER**
RECORDING SECRETARY
for other service opportunities contact GSIG

GREATER SEATTLE INTERGROUP BRINGS TOGETHER ALL GROUPS AND COMMITTEES IN UNITY, SERVICE and RECOVERY.

FOR ALL JOB DESCRIPTIONS OR ANY QUESTIONS
Go to: seattleaa.org Intergroup (intergroup board page)
OR SEND YOUR RESUME
ASAP or qualify at the fall assembly December 20th 7PM
To: nominating@seattleaa.org

11th Annual

Blending of Time Conference



* Save the Date!

Friday, Saturday, Sunday
February 24, 25, and 26, 2023

**Registration and Location Information coming soon!*

High & Dry

Call for Entries

The High & Dry, Seattle Intergroup's Monthly Newsletter,
is looking for original content from local drunks.
This is a great opportunity to serve our fellowship!

- Stories About Recovery
- Poetry & Creative Writing
- Art & Photography
- Comics & Jokes
- Information about Sober Activities & Service Opportunities

Submit your work and find out more by visiting SeattleAA.org

https://www.seattleaa.org/intergroup/newsletter/submission/

high_and_dry@seattleaa.org



THE SEATTLE GROUP
An open meeting of Alcoholics Anonymous.

Saturdays at 6:00PM
5507 6th Ave S.
Seattle, Wa. 98108

Join us for Fellowship at 5:30PM
Speakers at 6:00PM

SCHEDULED SPEAKERS

November 5th Daniel L.

November 12th Brook H.

November 19th Alan K.

November 26th Todd L

December 3rd Conrad J.

December 10th Christine S.

December 17th Andrew M,

NO MEETING December 24th

December 31st Janice B.

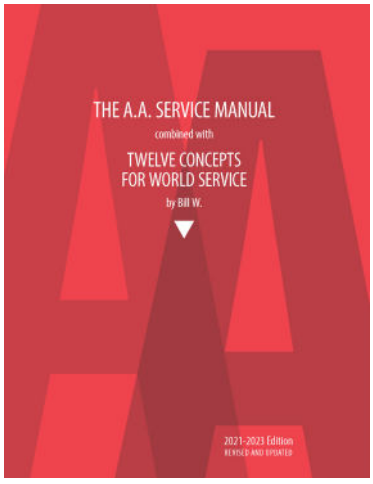
GREATER SEATTLE INTERGROUP
ALCOHOLICS ANONYMOUS

Seattle Intergoup Service Manual Study

When: First Sunday of each month @ 11am **Where:** Hybrid event

In-person at Seattle Intergroup 5507 6th Ave S., Se attle

On Zoom: Meeting ID 899 8502 7998
Passcode 280420



We are currently studying the 2018-2020 edition. We will begin the new service manual in January.

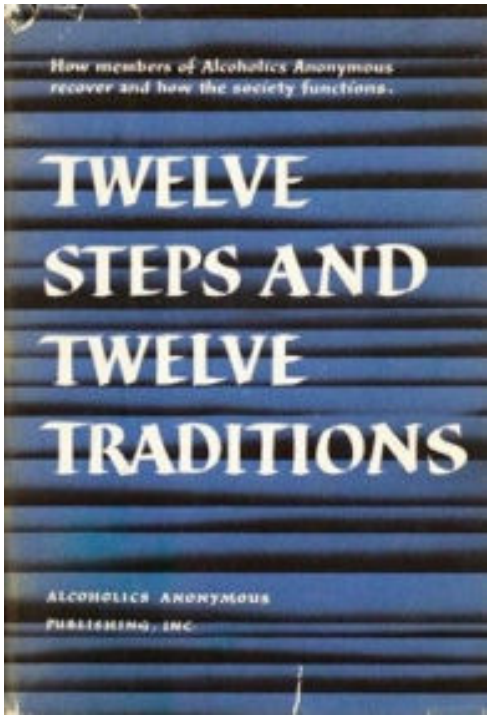
GREATER SEATTLE INTERGROUP
ALCOHOLICS ANONYMOUS

Seattle Intergroup Third Legacy Committee presents:

Let's Study the Traditions When:

2nd Saturday of each month 10am to 11am

A different group will facilitate a discussion for the tradition of the month.



Everyone Welcome.

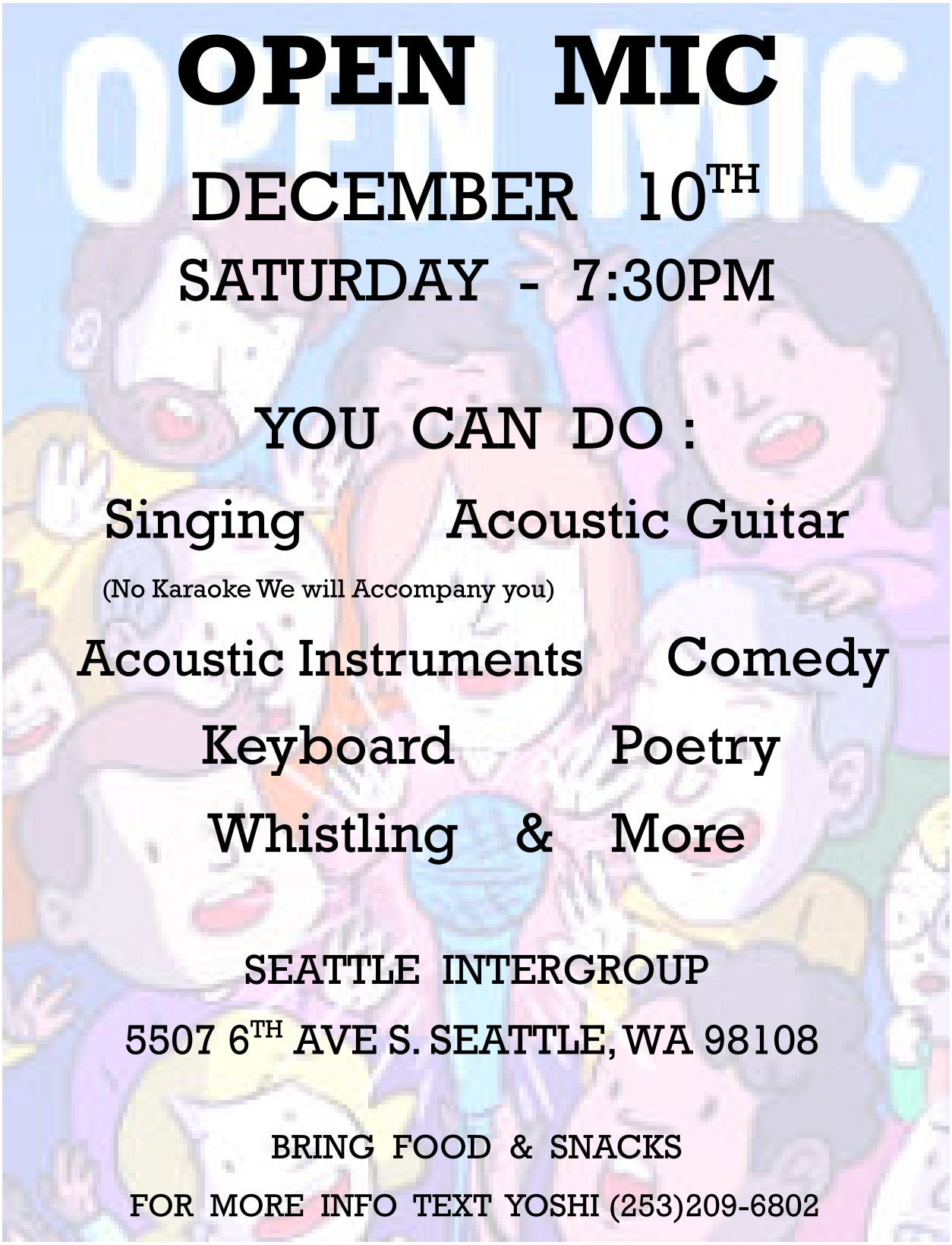
This is a hybrid event. In person at the office or on zoom

Zoom ID: 858 5142 0330

Passcode: 051501

For questions or how to get involved contact:

thirdlegacy@seattleaa.org


OPEN MIC
DECEMBER 10TH
SATURDAY - 7:30PM
YOU CAN DO :
Singing
Acoustic Guitar
(No Karaoke We will Accompany you)
Acoustic Instruments
Comedy
Keyboard
Poetry
Whistling & More
SEATTLE INTERGROUP
5507 6TH AVE S. SEATTLE, WA 98108
BRING FOOD & SNACKS
FOR MORE INFO TEXT YOSHI (253)209-6802

MAGNOLIA SPEAKERS MEETING

DECEMBER 2022

Every Friday @ 8pm (pacific)

12/2	**Pam H.** Sober since 6/3/2000 Seattle, WA	**Drew C.** Sober since 8/27/2010 Kirkland, WA
12/9	**Sui D.** Sober since 9/25/2006 Seattle, WA	**Cherrise B.** Sober since 11/6/1999 Seattle, WA
12/16	**Melissa K.** Sober since 8/22/2016 Olympia, WA	**Eric W.** Sober since 11/10/1989 Bellevue, WA
12/23	**Kenny D.** Sober since 6/8/1989 Seattle, WA	**One Speaker format** **December Party,** **Baking goods deserts**
12/30	**Cassandra M.** Sober since 12/25/2011 Seattle, WA	**Geoff S.** Sober since 2/4/2011 Port Orchard, WA



www.magnoliaspeakersmeeting.com

Magnolia Lutheran
2414 31st Avenue W.





WOMEN'S DAILY REFLECTIONS CHRISTMAS PARTY

DECEMBER 19TH 2022 @ 6PM

BRING A DISH OR SWEET TREAT TO SHARE

CANDLELIGHT MEETING @7PM

1024 MONROE AVE NE

RENTON, WA 98056



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.

1



Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.

2



Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.

3



Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

4



Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.

5



Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.

6



If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.

7



Don't think you have to stay late. Plan in advance an "important date" you have to keep.

8



Worship in your own way.

9



Don't sit around brooding. Catch up on those books, museums, walks, and letters.

10



Don't start now getting worked up about all those holiday temptations. Remember— "one day at a time."

11



Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.

12



"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

High & Dry

Editor: Peeps

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) www.seattleaa.org

Do you have something you would like to submit to The High & Dry newsletter?
We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.

Greater Seattle Intergroup
of Alcoholics Anonymous

Get Involved

If you are interested in getting involved with the Greater Seattle Intergroup, please fill out this form and mail it to us, email it to us at *info@seattleaa.org*, or give Lara or Anita a call at (206) 587-2838.

Name:	
Address:	
City/Zip:	
AA Anniversary/ # of years	
Contribution enclosed or I am Interested in:	
Home Group:	

If mailing, send this form to:
Greater Seattle Intergroup, 5507 6th Ave S. Seattle, WA 98108

Link to GSIG Online Contributions

https://www.seattleaa.org/online-contributions/