GREATER SEATTLE INTERGROUP ALCOHOLICS ANONYMOUS

High & Dry

September 2022 Volume 74, Number 9

SEATTLE FALL CONFERENCE

"Embracing Gratitude"

Come to Ballard for a full day of gratitude featuring speakers, fellowship, panels, and fun! September 24th 2022. Look for the flyer in the back of this issue!

SPONSORSHIP SUMMIT

Sponsorship Summit & Potluck. Come find out what it means to be an effective sponsor or what to look for in a good sponsor. September 24th, 2022. Hybrid Event! More info in the back of this issue!

Greater Seattle Intergroup (GSIG) Office

5507 6th Ave S
Seattle, WA 9810

(206) 587-2838

www.seattleaa.org
info@seattleaa.org



FUTURE TRIPPING

September GSIG Events

For details about the events listed below, visit www.seattleaa.org/meetings

3 — Hospital and Treatment Committee 10am Hybrid meeting. Everyone is welcome. Meeting ID: 820 0608 7832 Passcode: 088776

4 — Service Manual Study 11am Hybrid meeting. Everyone is welcome. Meeting ID: 899 8502 7998 Passcode: 280420

7 — Accessibility Committee 6pm Meeting ID: 885 9521 8136 Passcode: 611317

9-11 — National AA Technology Conference

10 — Third Legacy Committee 9am Hybrid event. Meeting ID: 858 5142 0330 Passcode: 051501

10 — Tradition Nine Study 10am Hybrid event. Meeting ID: 858 5142 0330 Passcode: 051501

10 — Richmond Beach Oicnic Richmond Beach Saltwater Park 11am to 5pm

Continued on page 2…

10 — GSIG BBQ. 12pm Bring something to share.

12 — Corrections Committee 6:30pm Hybrid event. Everyone Welcome. Meeting ID: 872 2771 9137 Passcode: 833575

13 — Living in Sobriety Picnic 5pm Golden Gardens Park.

16 — Pacific Regional Forum 8am to 5pm Marriott @ City Creek

17 — PI/CPC Committee 8am to 5pm Meeting ID: 810 2073 8836 Passcode: 166656

17 — Fremont Old Timer's Day 12pm to 5pm

17 — Open Mic 7:30pm GSIG office 5507 Sixth Ave S., Seattle

20 — GSIG Monthly Board Meeting 7pm Hybrid meeting. Meeting ID: 918 5437 5402 Passcode: 035194

22 — A New Purpose Group Anniversary Potluck 6pm

23-25 — Three Rivers Big Book Weekend

24 — Sponsorship Summit 10**am** Hybrid Event. Meeting ID: 817 9539 5706 Passcode: 496593

24 — Web and Tech Committee 9am Meeting ID: 857 9514 2843 Passcode: 467107

24 — Seattle Fall Conference 10am to 8pm

24 — GSIG BBQ 12pm

22 — A New Purpose Group Anniversary Potluck 6pm

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24 — Seattle Fall Conference 10am to 8pm

24 — GSIG BBQ 12pm

SEPTEMBER IN OUR HISTORY

Sept 1

1939 – First AA group founded in Chicago.

Sept 11

2001 – 30 Vesey St, New York. Location of AA's first office is destroyed during the World Trade Center attack.

Sept 12

1942 – U.S. Assist. Surgeon Gen. Kolb speaks at dinner for Bill and Dr Bob.

Sept 13

1937 – Florence R, first female in AA in NY.

Sept 13

1941 – WHJP in Jacksonville, FL airs Spotlight on AA.

Sept 17

1954 – Bill D, AA #3 dies.

Sept 19

1965 – The Saturday Evening Post publishes "Alcoholics Can Be Cured Despite AA."

Sept 19

1975 – Jack Alexander, author of original Saturday Evening Post article, dies.

Sept 21

1938 – Bill W. & Hank P. form Works Publishing Co.

Sept 24

1940 – Bill 12th steps Bobbie V., who later replaced Ruth Hock as his secretary in NY.

Sept 30

1939 – article in Liberty magazine, "Alcoholics and God" by Morris Mark

SERVICE OPPORTUNITIES

2022 Area Assembly - Hosted in Renton this year, the 2nd weekend of October. Jeff O. in District 18, is looking for 70 volunteers to make this event happen!

Web & Technology Committee is looking for a webmaster. If you have the skills to help run the GSIG Wordpress site, you are needed. Contact webmaster@seattleaa.org

Nightwatch
Night watch is the 24 hour hotline that gives callers a real person to talk to. These positions are forwarded to your phone and only one, four hour shift once a month
We need volunteers for 4 hour shifts 10pm, 2am, 6am.
Also, we are still searching for NEW Nightwatch scheduling coordinator.

12th Step Calls – Put your name on the 12th step call list or join the new 12th Step Committee. Reach out to **anita@seattleaa.org**

Corrections/Treatment
Juvenile Detention Meetings
Meetings are starting up at the new Juvenile Detention Center. Contact **corrections@seattleaa.org** to learn more.

Bridge the Gap
We need a few new Bridge program volunteers for people that are being released from facilities and want to connect with AA meetings right away.
Corrections Correspondence is always looking for people to write to inmates, especially men. It's a great way to do service for people that are starved for contact on the outside.

Group GSIG Answer Phones How about your group help out at the office? Sign up for a monthly commitment to answer phones at Intergroup. It is one way to have a meeting with members of your group and have a chance to help the next suffering alcoholic.



MEETING CHANGES

If your meeting information is changing, please submit changes so that these changes can be reflected accurately in the schedule and website. Please email **webmaster@seattleaa.org** about changes to your meeting.

The **CORRECTIONS COMMITTEE** is now meeting in a Hybrid format on at 6:30 p.m. the second Monday of each month. See our website for Zoom coordinates.

Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Susan D. and Bill S.
TUESDAY	Yoshi, , Morgan S., Jeff D. and Mikey C.
WEDNESDAY	Stephan M., Amy F., Cindy H. and Pam H.
THURSDAY	Joe M., Alex T. and Joe B.
FRIDAY	Thomas H. and Freda T.
SATURDAY	Clay S. and Dan G.

Southend Bookstore Volunteers

Troy O., Carolyn B., Jim D., Bill S., Ken E., Patrick P. and Rick L.

Southend Bookstore hours are Monday through Friday 10am to 6pm; Saturdays 11am to 2pm.

Main Intergroup Office Hours

Office will be open for administrative activities. We are still processing literature orders during normal business hours: Tuesday through Friday 10am to 6pm and Saturday 10am to 2pm.

High & Dry: News and Notes — June 2022

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments by emailing them to us at high_and_dry@SeattleAA.org We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscience, and volunteers, ways to make the High & Dry more relevant and useful for readers. We want to add new AA- and recovery-related content types, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, please send an email to newsletter@seattleaa.org .

BIRTHDAY CLUB

HAPPY BIRTHDAY TO SEPTEMBER CELEBRANTS IN THE HOW DRY I AM CLUB!

Astri T.	Wed. Mountlake Terrace	43 years
Jack G.	Serenity Hall	41 years
Ron E.	Pass It On	38 years
Anonymous		36 years
Davanna G.	Serenity Hall	33 years
Kit R.	District 31	29 years
Tim V.	Empire Way	26 years

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6th Ave S. Seattle, WA 98108

The suggested donation for having your annual birthday recognized in the H&D is one dollar ($1) per year of sobriety. There are two ways to make your donation; 1) print the above form and mail it along with a check; 2) use this link to donate with a debit/credit card, you'll also need to email newsletter@seattleaa.org with your name and years of sobriety. The deadline to be listed is the 25th of the month.

Step Nine: “"Made direct amends to such people wherever possible, except when to do so would injure them or others.”

God's In Charge

By Kelli S-B

The Ninth Step was the scariest one when I got sober. I didn't want to make amends because I didn't want any of my past hardships to be "my fault.” Little did I know that the ones that were "my fault" were the ones I could change and never have to live through again.

By seeing where I had stepped on the toes of my fellows and they had retaliated, I was able to change my behavior and stop stepping on everyone's toes! Doing thorough Fourth and Fifth Steps gave me the motivation to have these defects lifted in Steps Six and Seven, and then amended in Eight and Nine.



Finally, I was willing to make amends.

The challenge was no longer how to avoid my Ninth Step, but now it was how to find these people. I did my Ninth Step before social media and cell phones were omnipresent. What I learned is that God is in charge when it comes to finding people. God helped put people in my path that needed to hear my amends and/or people who I needed to hear from.

One connection I made that stands out as a particular God moment. There was a young man named T., who fell into my “used-them-for-sex, validation-and-alcohol-then-threw-them-away-when-I-was-done” Category. I couldn't remember his last name. I remembered where we worked and thought I could call to see if they had employee records or a number they could give me, but I needed his last name.

I sat in meditation for 10 minutes to see if his name would come to me. Can't hurt and is worth a try. The name that popped into my head was “Smith." Funny! My God has a sense of humor. "Here's a common name, Kelli. Run with that;" so I did.

I called the organization and asked if they had anyone working there by the name of T. Smith. They said, "No, but we have a D Smith working here. Would you like to speak to her?"

Can't hurt and is worth a try, so I said, "Sure."

I told D Smith who I was and what I was doing in my Ninth Step amends and asked if she knew anyone named T. Smith who used to work there, and she said, "Of course. He is my son."

She gave me his number and I called and left a message. He called back right away and was eager to speak to me. He had two years sober!

I made my amends, we had a lovely talk, and I walked away with the firm belief that God is in charge. My job is to remain willing and continue to move forward, walking hand in hand with the Spirit of the Universe.

TRADITION NINE: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

By Peeps

AA's Traditions were a bit off-putting for me when I came back to the "12-Step reservation" this time (Jan. 7, 2019). I was desperate for freedom from my addiction and didn't think I should distract myself from learning the Steps to study the Traditions, which I thought pertained to a higher-level of AA.

Of course, I was as wrong as a newcomer can be. I presumed I actually knew what I needed to do to stay sober. I realize now I need the Steps AND the Traditions to be happy, joyous and free.

I know the Traditions came to be because of serious errors made in the early days of our program. They map a path that keeps us out of situations dangerous to our sobriety. For me, Tradition Nine also steers me to places where I can be useful to my recovery fellows and fellowettes (and myself)!

If your sponsor is like mine, you're being urged to dive into Service. In addition to service positions at the meeting level, there are opportunities to serve at the district level and via Greater Seattle Intergroup (GSIG), which has a gaggle of committees in need of volunteers.

Here is the roster of GSIG committees: Accessibility, Corrections, PI/CPC (Public Information/Cooperation with Professional Communities), Treatment, Finance, Office and Web and Technology. For details and a list of opportunities, call GSIG at 206-587-2838 or visit seattleaa.org.

Some committees are more specialized than others, but if you have six months of sobriety and know how to answer a phone, Nightwatch (and its clients) can use your help — right now.

Nightwatch is one of three national AA phone services. It transfers calls from all over the country to the phones of its volunteers from 10 p.m. until 10 a.m. seven days a week

One of the beauties of AA is that it is an action program. If I take the suggested actions, I will get positive results. Dive into service work, the recovery benefits are priceless.

The article below first appeared in the September 1993 issue of the High & Dry

The Third Legacy

by Kathleen P. (1993)

Bill said that Good is the enemy of Best and the reasons for this letter are hopefully founded on the premise that may love AA, and specifically Seattle AA, will guide me.

Many people have arrived in Seattle attempting to change the way we do things around here, but they are never successful. Nor do they bring harmony and peace to those they touch. I specifically remember a sponsee that turned against me and several of her longstanding friends in AA because of just such a person.

Clancy I., a longstanding and respected member of AA, calls these people Typhoid Marys. I couldn't agree with him more. Which brings me to the point I have to make …

Criticizing others is not of the AA program. I have found that out the hard way myself. If there were anything I would want to change about myself, it is the way I chose to handle situations that used to baffle me.

I recently had one occasion where my mouth and my ego got the best of me. I accomplished nothing with my outburst. Faultfinding is fruitless. I can, however, stand on my principles and not be turned if I believe that I am on solid ground.

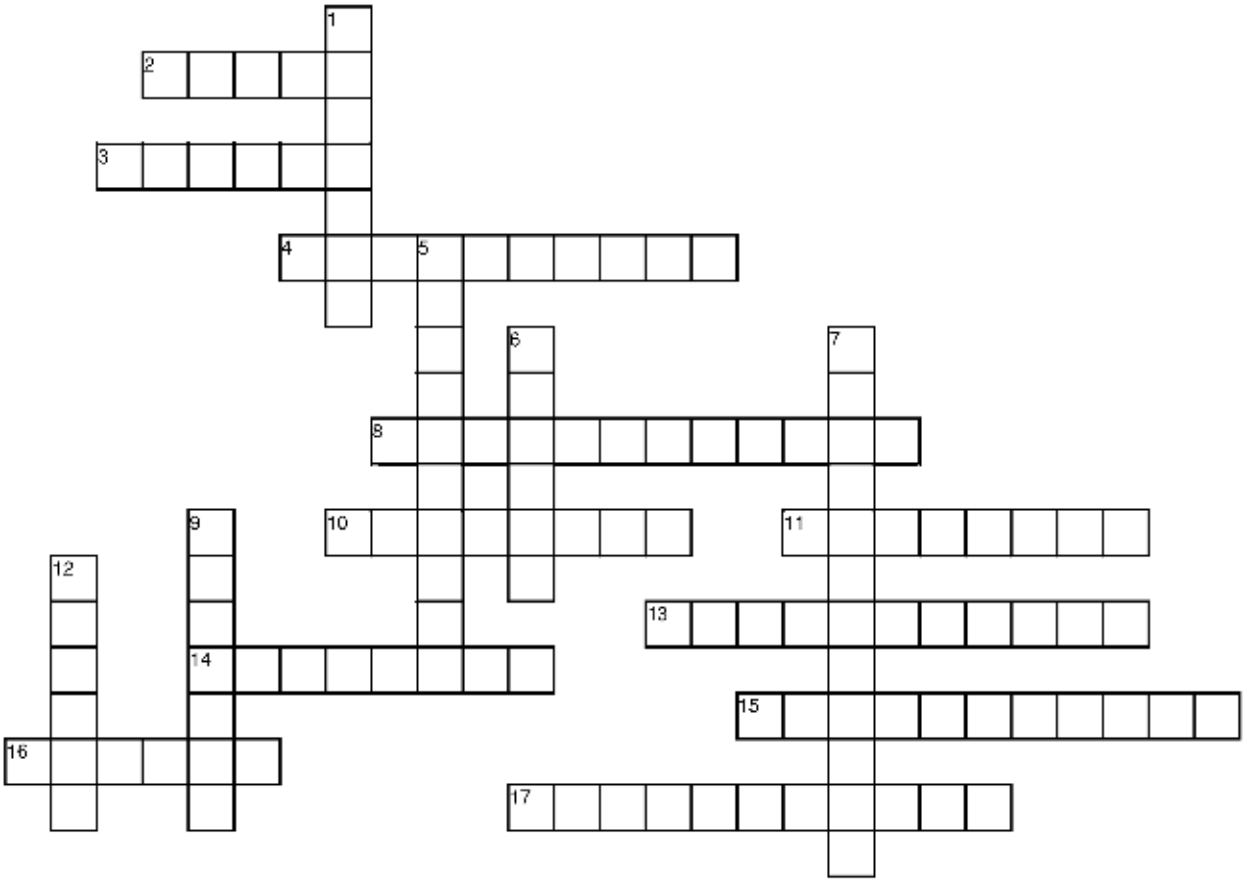


Responsibility for our problems is collective. Principles before personalities is our traditional legacy and tolerance is our code. We all realize that every one of us is capable of messing things up once in a while. If we all had to live by a code of spiritual perfection, we would not survive either individually or as an organization.

When I fail to take an opportunity to serve AA, there will always be someone ready to take my place, and, if I stumble, which I often do, there is always someone to help me get up and start over again. That is the AA way and that is the Seattle AA way. Thank God for each and every one of us in AA in Seattle.

See answers on Page 17!

A Vision for You



ACROSS

2 To duplicate what we have is a matter of this
3 How we walk the happy road of destiny
4 How God will disclose more to us
8 Second of the four horsemen.
10 To duplicate what we have is a matter of this
11 The age of this is still among us.
13 This will be fired.
14 new people might bring these to meetings.
15 To duplicate what we have is a matter of this
16 Some of us sought out these types of places.
17 Third of the four horsemen.

DOWN

1 what many a men found stepping over the threshold
5 What our book is meant to be
6 How is an owl served in AA?
7 For most normal folks drinking means this.
9 Fourth of the four horsemen.
12 First of the four horsemen.

GSIG Condensed Board Meeting Minutes

July 19, 2022

Submitted by Leslie I. (Recording Secretary)

Opening

The meeting was opened at 7:00pm

AA birthdays

Jeff – 7 years

Lara – 36 years

Astri – 43 years

New to GSIG

Andrew – Worker Among Workers

Barbara – Saturday Promises

Paul visiting from 7 and Sober in Bothell

Roll call- Quorum (51%)

Not present – D17, D40 and Fremont Hall

Reports

Please make sure to submit your reports by email. If you have any corrections or changes to the roster or if you are new to GSIG and would like to be added to the roster, please submit the information to secretary@seattleaa.org

Treasurer (Carl G.):

GSIG TREASURER REPORT August 2022

July Financials

If you have questions or suggestions , please contact me at Treasurer@seattleaa.org

month	Net Income (loss)	Group Contributions	contributions (personal & other)	sustainers	room rent, bday club, special events	net sales income	cash & savings
May 2022	(2.7) K	9.6 K	0.8 K	1.3 K	834.00	1.6 K	93 K

June 2022	(4.7) K	11.2 K	0.5 K	1.3 K	1.4 K	1.7 K	88 K
July 2022	2.2 K	10 K	2.5 K	1.4 K	1.8 K	0.8 K	90 K

Group contributions are 2.2 K above monthly budget while YTD is 11K above. Sustainer's contributions are continuing. Personal & Other Contributions have a huge shortfall in budget – 10.4 K. The net loss for the month is 3.3 K larger due to 3 payrolls in June because of the July 4th holiday timing. Also paying May utilities for 2 months was $500 more expense. The YTD net loss is about 10K.

Group contributions are 1 K above monthly budget while YTD is 12 K above. Sustainer's contributions are up slightly. Personal & Other Contributions have a huge shortfall in budget (10.4) K. The gain for the month is 2.2 K staff expenses had 3 payrolls counted in June because of the July 4th holiday timing, thus only one in July. The YTD net loss decreased by 2K to 8K. Cash and Savings increased by 2K.

Earmarked Funds remaining amounts: Pink and Blue Cans (contributions specified for these committees)

Corrections: $3.7K Accessibility: $1.5K

Standing Committee Budget funds allocated by GSIG budget Funds remaining for 2022.

Corrections $360 Hosp & Treat. $1,544 Accessibility $6,075 Pi/CPC $1,604

Report was approved.

Chair (Astri):

It's been a beautiful summer at GSIG so far and I've had a great time serving and seeing you at events around the Greater Seattle area. The speakers at the Seattle Group have knocked it out of the park over and over. I was so happy to have been invited to speak at the Lake City meeting and to facilitate the Lake City Big Book meetings group inventory. I attended the District 24/Edmonds picnic and am looking forward to meeting you all at the GSIG picnic on Sunday, August 21st in Seward Park.

On August 7th, I attended the Area 72 Pre-Assembly held in person at 1731 Baker in Everett. Three motions scheduled to be included in the Area Assembly Agenda were presented and discussed. 1)To create a new Spanish Linguistic District. 2)To make the Area Archivist an "appointed trusted servant" with full right of participation. 3)To create a technology steering committee. In addition to the motions, we have been contacted by a virtual group from Florida, requesting to join WWA72

Virtual District 25. The issue was discussed and is likely to be a Discussion Topic at the Area Assembly. For more information regarding these topics, I suggest you attend one of the upcoming Pre-Assemblies and speak with your DCM and GSR.

Going forward, Districts will be holding elections (I'm looking forward to facilitating elections for District 42). There will be more District Picnics to attend, BBQs, Open Mic and Jam Sessions at GSIG, as well as The Seattle Group, the Service Manual Study (Concept 9 in September), Traditions Study (Tradition 9), both are hybrid, check seattleaa.org for details.

See you all at Seward Park!

Office Committee (Jeff U.)

Attending: Committee Chair Jeff U, GSIG Treasurer Carl G, GSIG Chair Astri, GSIG Office Manager Lara R, Jennifer L, Bob Z, and GSIG Assistant Office Manager Anita S

Meeting opened

GSIG Treasurer presented the July financial report. $2000 over budget for the month thanks to additional group contributions and special events income.

GSIG Office Manager Lara delivered the Office manager's report.

Decided by consensus to not have an Office Committee table at the summer picnic but instead for any Committee members at the picnic to wear name tags or lanyards identifying themselves in order to be available to answer questions.

Discussed the "little free library" at the GSIG office, in particular the inclusion of non-conference approved literature. Decided by consensus to take the question to the Board in order to seek feedback from districts and groups.

Discussed the failure of the AC unit in the back office / archives room. Decided by consensus to wait until next year to budget for repairs

Discussed some negative and positive feedback received from members on the informational / sustainers email sent in June. Decided by consensus that future emails with information on support for GSIG will not include email addresses gathered from past donors.

Office Manager (Lara R.):

Financial: Nothing unusual to report.

The Insurance broker from ANI has informed us that there would be no increase for additional meetings added. So the previous quote would be the approximate amount annually.

Current Insurance D&O 1623.00/yr General Liability 1383.00/yr **Total $3006.00/yr**

Proposed Insurance D&O 1623.00/yr General Liability 3262.00/yr **Total $4885.00/yr**

This is a proposed increase of $1879.00 annually.

The AC Unit in 5505 went belly up during the heatwave, they found that it was a relatively inexpensive fix and were able to combine the service visit with our regularly scheduled maintenance to minimize costs. Thank you NW Aire.

Our website has been moved to a different hosting site, which will save us money monthly. Thank you to Lee R., our current Webmaster for facilitating this change over.

Inventory: We now have hardback Big Books and Daily Reflections in stock. Dr. Bob and the Good Oldtimers is not slated to be available until January of 2023.

We have started a Little Free Recovery Library. This has two shelves, one for conference approved literature and the other shelf for non conference approved literature. I understand there is some concern about giving away non conference approved literature, this topic will be up for discussion at the August Board meeting.

We do have more picnic buttons.

We have donated 100 schedule books to the PI Booth at the Evergreen State Fair.

Procedure: We will make the old schedules available to our service committees and groups that need them.

We will be setting up a table at the Seattle Fall Conference on September 24th from 10am to 5pm. Anyone interested in helping with this, please let us know.

Call log information:

12th Step: 13, Intergroup info: 38, Al-anon referral: 4, Meeting info: 47, Wanted to talk: 23, Misc. calls: 23, Total calls: 148

Picnic update:

Volleyball teams: Fremont Fellowship New Purpose GroupSober Sisters of SeattleMilleniumA New BeginningSeattle Young People Southend Fellowship

We still need people to help load on Sunday morning at the office around 9am and unload Sunday afternoon at the office around 5pm please contact **specialevents@seattleaa.org** or myself or Anita if you are interested.

Archives Committee (Teresa):

Updated Schedule, Grapevine and Hi and Dry files at GSIG and re-installed all four pie case locks. Attended Regional Archivists Zoom Conference on August 7

Corrections Committee (Amy):

SCORE and the Juvenile Detention Center are the only facilities open for meetings at this time.

The Federal Detention Center is considering opening up for one meeting a month.

King County has been closed to us due to staff shortages.

Corrections would like establish a “short bridge” group of volunteers that are able to accompany newly released individuals from short term incarceration to attend meetings on the outside, so they can become familiar with AA.

People who are interested should email us at: **corrections@seattleaa.org**

Please disseminate widely to meetings.

Hospitals & Treatment Committee (Greg E.):

Hello, all! Not much to report this month. We didn't meet in August due to schedule conflicts. We'll be back on the calendar for our regular September meeting, the first Saturday of the month, 9/3/22 at 10am in person at Intergroup and on Zoom.

In the meantime, we'll be staffing a table at the Picnic on 8/21, so come by and say hi!

Please reach out anytime. Thanks!

Third Legacy (Dan R):

The last monthly committee meeting was held on August 13th at 9am and was attended by four people. Those in attendance were Dean F, Mark M Lara R and Dan R.

This month’s tradition study was held hybrid and had 11 people in attendance. We would like to thank the panel for a thorough job of examining how Tradition 8 is so valuable to our Fellowship and can e applied in our daily lives.

If you or your group would like to present on an upcoming Tradition please reach out to **thridlegacy@seattleaa.org** to see what months are still open.

A reminder that GSIG will be hosting the summer quarter Sponsorship Workshop on Saturday, September 24 from 10am to 1pm. We are looking for a group or district to co-host. The meeting will be at GSIG and available via zoom. For more information or to participate on a panel, please reach out to **thridlegacy@seattleaa.org**.

We would also like to ask our committee chairs and trusted servants to please let us know what service needs you currently have. Our committee will be reaching out to groups and would like to be able to connect any willing members with opportunities to serve. Please send all of your requests to **thirdlegacy@seattleaa.org**.

Twelve Step Committee: (John):

The board approved John as the new committee chair

The new committee will be revisiting the Twelve step process

Web & Technology Committee (Dan G.):

Still looking for a webmaster

The webmaster moved the website to a new hosting site.

District 14 (Kim S.):

D14 report from 8.9.22 meeting

We discussed updates and planning re D14 hosting upcoming preassembly.

Caitlin gave a picnic update. There will be a planning meeting this weekend. Our picnic will be held 9/11/22 at Lincoln Park. There are still open service positions and if interested please reach out to Caitlin.

Open D14 positions:

- Corrections
- Young people
- Grapevine
- Web and tech chair

District 42 (Mike C.):

* With summer finally in full swing and BBQ's happening it was awesome to see fellow members at various functions and getting together. I do want to say that the D24 picnic did have the extra crispy french fries that they advertised. I also had the privilege of being a part of the Living in Sobriety bbq's deviled egg contest which ended in a tie.

Which brings us to the Broadview Groups 2nd annual picnic at Cromwell park in Shoreline. Sept 4th 12-4pm.

* District 42 annual picnic at Richmond beach lower shelter Sept 10th 12- 5

- DRU North 30th anniversary was a great success with over 200 people in attendance. Side note that the D42 Archives was received with great success.
- D42 invites a member outside of our district and talk about concept 8 and to explain their position. Jerry our area 72 CPC chair did a great presentation on bringing the message to the professional community Thank you for your service.

Remember that the service rotation ends for Area 72, District 42 and Seattle intergroup. Now is the

time to start adding to your service resume ’for 2023.

District 42 will be having elections this September which will be facilitated by Astri our Seattle intergroup chair please join us if you are interested in serving in district 42. We have our meeting every 2nd Thursday 7pm on zoom. Id# 930 1782 3319 p/c 202171

Old Business

GSIG Group Insurance

The Insurance broker from ANI has informed us that there would be no increase for additional meetings added. So the previous quote would be the approximate amount annually.

Current Insurance D&O 1623.00/yr General Liability 1383.00/yr **Total $3006.00/yr**

Proposed Insurance D&O 1623.00/yr General Liability 3262.00/yr **Total $4885.00/yr**

This is a proposed increase of $1879.00 annually.

This was discussed at length.

Jeff made a motion to “Extend the Liability Insurance to cover groups and leave the details up to the office committee.”

Laurel seconded the motion.

The motion was approved.

New Business

We have started a Little Free Recovery Library. This has two shelves, one for conference approved literature and the other shelf for non conference approved literature. I understand there is some concern about giving away non conference approved literature, this topic is up for discussion.

After discussion it was decided that the Little Free Library will only offer conference approved literature.

Upcoming events

- Aug 21st GSIG Picnic, Seward Park, Shelter #3

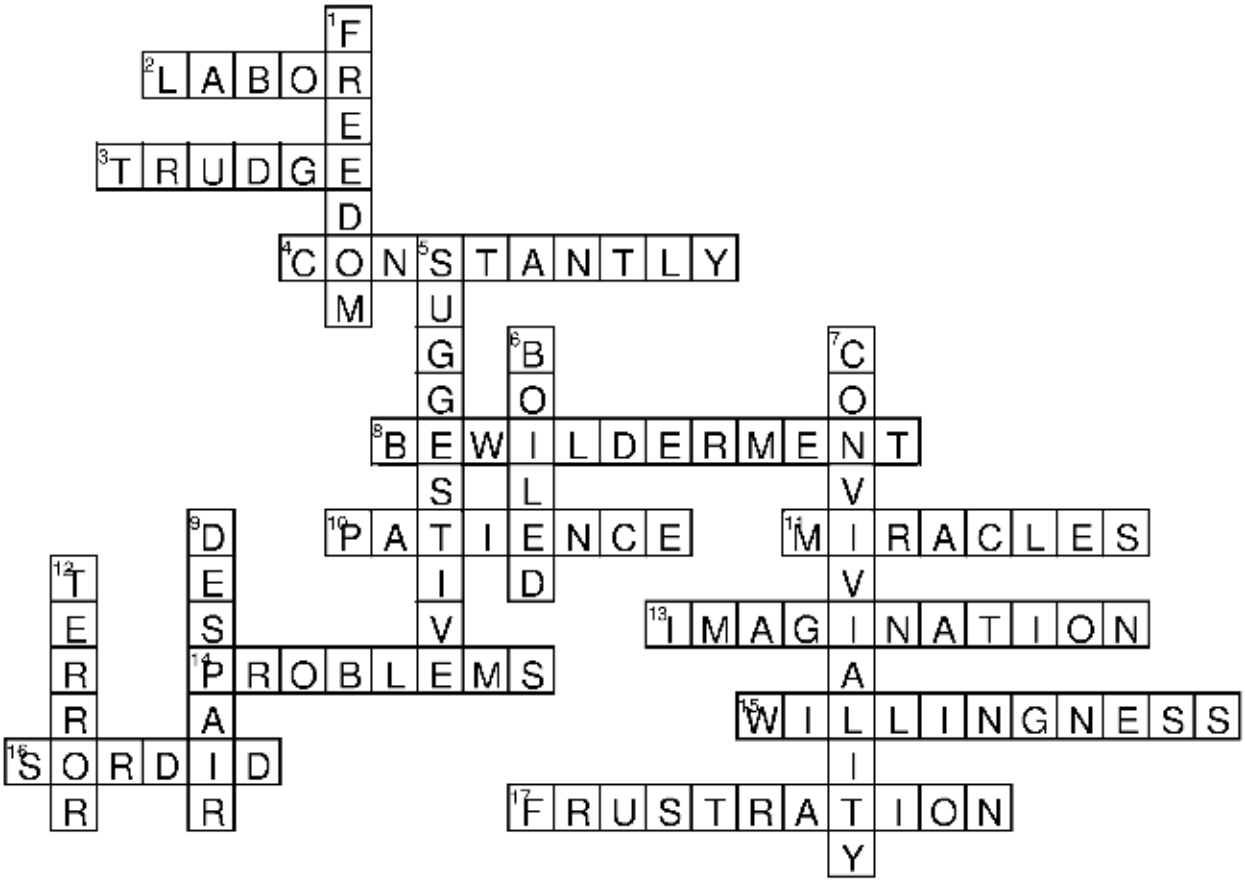
- Seattle Group- Saturdays at 6:00PM

-Service Manual Study 1st Sunday of the month, Sunday Sep 4th, 11:00AM Hybrid

-Trad Study 2nd Saturday of the month, Saturday Sep 10thth, 10:00AM on zoom

- Aug 20th, 21st and 27th, Area 72 Pre-Assemblies

A Vision for You





THE SEATTLE GROUP

Saturdays at 6:00PM

5507 6th Ave S.
Seattle, Wa. 98108

Join us for Fellowship at 5:30PM
Speakers at 6:00PM

SCHEDULED SPEAKERS:

September 3rd Monte S.

September 10th Alan K.

September 17th Kerri B.

September 24th Mike M.

Seattle Intergroup's Summer BBQ Saturdays

Starting June 4th @ Noon we will be having Saturday BBQ's every other week through September

Intergroup will provide the hot dogs and hamburgers with the fixings, please bring something else to share.

BBQ's will be held on the following dates:

June 4th

June 18th

July 2nd

July 16th

July 30th

August 13th

August 27th

September 10th

September 24th






GREATER SEATTLE INTERGROUP
ALCOHOLICS ANONYMOUS

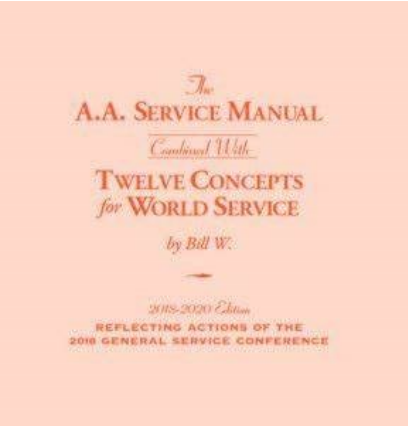
Seattle Intergoup Service Manual Study

When: First Sunday of each month @ 11am

Where: Hybrid event

In-person at Seattle Intergroup 5507 6th Ave S., Seattle

On Zoom: Meeting ID 899 8502 7998 Passcode 280420



We are currently studying the 2018-2020 edition of the service manual. This is an on going study. When we get to the end we will start from the beginning. Everyone Welcome.

Alcoholics Anonymous

Open Mic

SEPTEMBER 17TH

You can do:

Acoustic guitar

Acoustic instruments

keyboard

Singing

Comedy

Poetry

Magic & more!

For more info
Text Yoshi:
(253) 209-6802
Or
Reith:
(206) 434-2589

Bring food/ snacks & drinks!

Saturday - 7:30pm

SEATTLE INTERGROUP

5507 6TH AVE S.

SEATTLE, WA 98108



Sponsorship Summit

Come find out what it means to be an effective sponsor or what to look for in a good sponsor.

September 24, 2022
10am to 1pm

There will be a potluck lunch at noon. Bring a dish to share.

This is a hybrid event. Everyone is welcome.

Meeting ID: 817 9539 5706

Passcode: 496593

Seattle Intergroup

5507 6th Ave S. Seattle, WA 98108

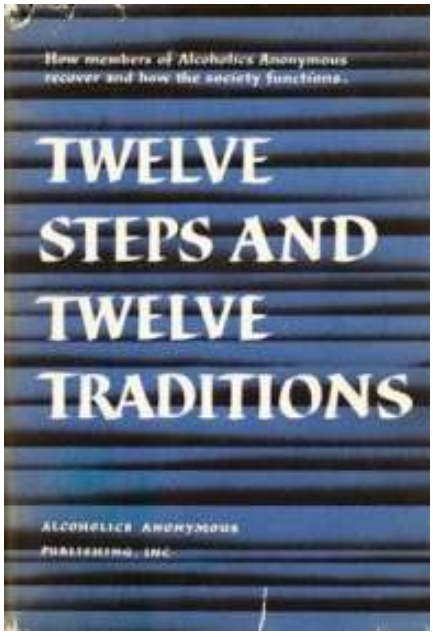
GREATER SEATTLE INTERGROUP
ALCOHOLICS ANONYMOUS

Seattle Intergroup Third Legacy Committee presents:

Let's Study the Traditions When:

2nd Saturday of each month 10am to 11am

A different group will facilitate a discussion for the tradition of the month.



Everyone Welcome.

This is a hybrid event. In person at the office or on zoom

Zoom ID: 858 5142 0330

Passcode: 051501

For questions or how to get involved contact:

thirdlegacy@seattleaa.org



Seattle Fall Conference

2022

Embracing Gratitude

SEPTEMBER 24th

10AM – 8PM

CLICK HERE TO REGISTER OR SCAN QR CODE

St. Alphonsus Family Center
1415 NW 58th St.
Seattle, WA 98107

DONATE

Program Schedule

10:00am	Welcome & Fellowship
11:00am	Speaker: Jeremy L. November 22, 2002 - Redondo Beach, CA
12:00pm	Lunch
1:00pm	Games & Fellowship
1:30pm	Speaker: Janay F. May 21, 2008 - Seattle, WA
2:30pm	Lottery Discussion Topic: Embracing Gratitude
3:30pm	Panel: Willingness & Resistance Moderated by: Jeremy L. & Matthew M. Steps 3, 7 & 11
5:00pm	Games & Fellowship
5:30pm	Dinner & Raffle
7:00pm	Speaker: Matthew M. May 16, 1993 Santa Paula, CA

MAGNOLIA SPEAKERS MEETING

SEPTEMBER 2022

Every Friday @ 8pm (pacific)

9/2

Benjamin L.
Sober since 1/2/2018
London, England

Shalaby B.
Sober since 1/6/1998
Olalla, WA

9/9

Alan D.
Sober since 4/28/2020
Seattle, WA

Randy D.
Sober since 12/22/2002
La Connor, WA

9/16

Kim M.
Sober since 10/9/2019
Seattle, WA

John P.
Sober since 4/1/1984
Snohomish, WA

9/23

Special Seattle Fall Conference Night

Brandy B.
Sober since 11/1/2016
Seattle, WA

Steven R.
Sober since 8/2/2007
Lynnwood, WA

9/30

Sara W.
Sober since 2/10/2000
Seattle, WA

Mary Jo
Sober since 9/20/1982
Seattle, WA

www.magnoliaspeakersmeeting.com

Magnolia Lutheran
2414 31st Avenue W.

High & Dry

Call for Entries

The High & Dry, Seattle Intergroup's Monthly Newsletter,
is looking for original content from local drunks.
This is a great opportunity to serve our fellowship!

- Stories About Recovery
- Poetry & Creative Writing
- Art & Photography
- Comics & Jokes
- Information about Sober Activities & Service Opportunities

Submit your work and find out more by visiting SeattleAA.org

https://www.seattleaa.org/intergroup/newsletter/submission/

high_and_dry@seattleaa.org

The High & Dry
Editor: Peeps
Contributors: All of YOU
Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) **www.seattleaa.org**

Do you have something you would like to submit to The High & Dry newsletter? We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.
H&D deadline is the 25th of each month.