

Welcome to \_\_\_\_\_, an Alcoholics Anonymous meeting. Groups, districts, and individuals are volunteering to facilitate these virtual meetings during a time that many in-person meetings have been suspended due to public health concerns. We are offering these virtual meetings so that we can carry the message to those who want to connect face-to-face and cannot do so otherwise.

My name is \_\_\_\_\_ and I am an alcoholic from [your district or homegroup]. I will be your Facilitator for this meeting.

Let's take a moment of silence to reflect on our primary purpose. [pause]

In these virtual meetings, it is vital that everyone keep background noise minimal so that the speaker can be clearly heard. When not speaking, please make sure your line is muted by using the mute button on your phone, microphone icon on the Zoom app, or by pressing \*6. To unmute when you wish to speak, press \*6 or the mute or microphone icons again. If you do not mute your phone line, the Facilitator may do so in order that others may hear. Please be aware that if that happens and you are on a phone, you MUST press \*6 to unmute regardless of what type of phone you have.

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*Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.*

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[\_\_\_\_\_] will now read "How it Works" from Chapter 5 in the Big Book.

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Thank you, [\_\_\_\_\_]. The short form of the 12 traditions, found on page 562 of the Big Book, will be read by [\_\_\_\_\_].

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Thank you, [\_\_\_\_\_].

Is anyone celebrating a milestone or annual birthday in the month of March? [pause]

Are there any announcements for the good of AA? [pause]

**\*\* Note to Facilitator: if this is an ASL-interpreted meeting, please announce to the group that an interpreter is present and will be speaking on behalf of the deaf or hard of hearing alcoholics.**

Seventh Tradition contributions can be accepted on Seattle Intergroup's website at [www.SeattleAA.org](http://www.SeattleAA.org)  
Please contribute what you can, so we can pay for ASL Services and support AA's General Service Structure while they remain open to support us.

We remind you that there should be no recording of this meeting. Anonymity is the spiritual foundation of all our traditions. What you hear here, who you see here, please let it stay here.

I will now turn the meeting over to our chairperson, [\_\_\_\_\_].

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**CLOSING:**

Thank you, [\_\_\_\_\_] for chairing the meeting, [\_\_\_\_\_] & [\_\_\_\_\_] for reading, and for all who attended.

*Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.*

*Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.*

*May God bless you and keep you – until then.*

Let's take a moment of silence for the alcoholic who still suffers, followed by the Serenity Prayer.  
[pause]

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

**\*\* Note to Facilitator: Please remember to click "END MEETING FOR ALL" instead of only closing your browser or leaving the meeting, so that the Zoom meeting will close properly.**